

PSG COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)

MSc DEGREE EXAMINATION MAY 2019
(Second Semester)

Branch - APPLIED PSYCHOLOGY

INDIAN PSYCHOLOGY

Time: Three Hours

Maximum: 75 Marks

SECTION-A (10 Marks)

Answer ALL questions

ALL questions carry EQUAL marks

(10 x1 = 10)

Dharma that deals with truth and non-violence.

- (i) Samanya Dharma (ii) Ashrama Dharma
(iii) Shad (iv) Sankya

Rules, method or judgement is otherwise called as

- (i) vaiseshika (ii) nyaya
(iii) purvanumamsa (iv) vedanta

Action, work or deed is known as

- (i) Bhakthi (ii) Gnana
(iii) Karma (iv) Yama

State of perfect equanimity and awareness.

- (i) Dhyana (ii) Dharma
(iii) Asana (iv) Pranayama

Sattva, Rajas and Tamas are called as

- (i) Trigumas (ii) Tridoshas
(iii) Kriya (iv) Reiki

Highly evolved and tested system of energy medicine.

- (i) Crystal healing (ii) Kinesiology
(iii) Reflexology (iv) Pranic healing

Doctrines of Rama Maharishi

- (i) Self-respect (ii) Self-esteem
(iii) Self-inquiry (iv) Self-concept

The period of J. Krishnamurthy was from

- (i) 1895 - 1986 (ii) 1894- 1986
(iii) 1895 - 1987 (iv) 1894 - 1987

Formal rejection of a belief, claim or course of action.

- (i) Renunciate (ii) Reunite
(iii) Revolution (iv) Reformation

10 Competition without war is the objective is

- (i) Taming the powerful mind (ii) Peaceful coexistence
(iii) Vision of oneness (iv) Yoga

SECTION - B (35 Marks)

Answer **ALL** Questions

ALL Questions Carry **EQUAL** Marks (5 x 7 = 35)

11 a Bring out the nature and meaning of Indian Psychology.

OR

b State the types of Dharma.

12 a Enumerate the importance of yoga.

OR

b What are the states of consciousness?

13 a Write a short note on alternative therapy.

OR

b Compare trigunas and tridoshas.

14 a Outline the main features of Rajneesh's doctrine.

OR

b Enlist the doctrines of Ramana Maharishi.

15 a How can peaceful coexistence be attained?

OR

b Contrast Homely virtues and Ascetic virtues.

SECTION - C (30 Marks)

Answer any **THREE** Questions

ALL Questions Carry **EQUAL** Marks (3 x 10 = 30)

16 Write an essay on Darsanas.

17 Describe the paths of Yoga.

18 Discuss the methods of yoga practices for mental health.

19 Analyse the doctrines of J. Krishnamurthy.

20 Explain how the practice of yoga can be sustained and progressed.

Z-Z-Z

END