

Exam Date & Time: 28-Sep-2020 (10:00 AM - 01:45 PM)



PSG COLLEGE OF ARTS AND SCIENCE

Note: Writing 3hrs: Checking & Inserting Image : 30mins

BSc DEGREE EXAMINATION MAY 2020
(Sixth Semester)

Branch - PSYCHOLOGY

FUNDAMENTALS OF COUNSELLING [14PSU24]

Marks: 75

Duration: 210 mins.

SECTION A

Answer all the questions.

- 1) Define counselling. (2)
- 2) What is a problem? (2)
- 3) Mention any two features of eclectic counselling. (2)
- 4) State the necessity of pre-marital counselling. (2)
- 5) Name any four the behaviorists. (2)
- 6) Indicate the ten dimensions of Thurston's interest schedule. (2)
- 7) What is meant by incubation? (2)
- 8) Identify any two non-verbal test. (2)
- 9) Define integral frame of reference in counselling. (2)
- 10) What is called as structuring? (2)

SECTION B

Answer all the questions.

- 11) List out the goals of guidance and counselling. (5)
 - a)
 - [OR]
 - b) How are problems identified and explored in the counselling process? (5)
- 12) Compare and contrast directive counselling and non-direction counselling. (5)

- a)
[OR] Explain how group members are selected. (5)
b)
- 13) Prepare a short note on logo therapy. (5)
- a)
[OR] Sketch out behavioral therapy in brief. (5)
b)
- 14) State and explain any five personality test. (5)
- a)
[OR] Distinguish aptitude and achievement. (5)
b)
- 15) State how challenges are offered and feedback provided. (5)
- a)
[OR] Illustrate how feelings are paraphrased and reflected. (5)
b)

SECTION C

Answer 3 out of 5 questions.

- 16) Describe various areas of guidance and counselling. (10)
- 17) Explain the group process in detail. (10)
- 18) Outline Wolpe's reciprocal inhibition techniques. (10)
- 19) Discuss the different appraisal technique. (10)
- 20) Point out ways to improve the client's self talk and perception. (10)

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