

PSG COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)

BSc DEGREE EXAMINATION MAY 2022
(Sixth Semester)

Branch – PSYCHOLOGY

PSYCHOLOGY GUIDANCE AND COUNSELLING

Time: Three Hours

Maximum: 75 Marks

SECTION-A (10 Marks)

Answer ALL questions

ALL questions carry EQUAL marks

(10 x 1 = 10)

1. A school Counselor works in _____
 (i) Primary schools (ii) Middle schools
 (iii) High schools (iv) All of the above
2. The main objective of educational guidance is _____
 (i) Psychological Development of the child
 (ii) responsibility of self direction
 (iii) Both (i) and (ii)
 (iv) None of the Above
3. Choose the goal in which the counsellor helps the client avoid undesired outcome.
 (i) enhancement goal (ii) remedial goal
 (iii) preventive goal (iv) cognitive goal
4. Which one of the following is not a barrier to communication?
 (i) giving advice (ii) Listening
 (iii) Judging (iv) analyzing
5. T-groups are derivations of _____ groups
 (i) treatment (ii) therapy
 (iii) training (iv) task
6. The initial group time is used to _____ among participate.
 (i) initiate relationship (ii) open communication
 (iii) exp orient about group process (iv) all the above
7. _____ tests are important in career assessments.
 (i) Aptitude tests (ii) Personality tests
 (iii) Interest tests (iv) All of the above
8. Which test should be administered if the teachers/counselor's purpose is to identify the individual's hidden/inner feelings prejudice, desires and thoughts?
 (i) Aptitude tests (ii) Personality tests
 (iii) Interest tests (iv) Projective tests
9. Ethics are _____
 (i) suggested standards of conduct based on values
 (ii) laws
 (iii) biblical right or wrong
 (iv) rules
10. Which of the following is not a counseling skill
 (i) Listening (ii) Paraphrasing
 (iii) Rapport building (iv) Confronting

Cont...

SECTION - B (35 Marks)
Answer ALL Questions
ALL Questions Carry EQUAL Marks (5 x 7 = 35)

- 11 a Narrate on role of counsellor in schools.
OR
b Briefly explain Employee Assistance Counselling.
- 12 a Briefly explain stress management techniques.
OR
b Explain the steps in counselling process.
- 13 a State the significance of group counselling.
OR
b State the important features of leaders in group counselling.
- 14 a Outline on interest tests.
OR
b Outline on personality tests.
- 15 a Explain the significance of paraphrasing in counselling.
OR
b Explain coaching.

SECTION - C (30 Marks)
Answer any THREE Questions
ALL Questions Carry EQUAL Marks (3 x 10 = 30)

- 16 Examine the pattern of counselling in educational setting.
- 17 Elucidate the counselling skills.
- 18 Explain group process.
- 19 Elucidate on Group Assessment Techniques.
- 20 Describe ethics in counselling.

Z-Z-Z

END