

PSG COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)

BSc DEGREE EXAMINATION DECEMBER 2022
(Sixth Semester)

Branch – PSYCHOLOGY

PSYCHOLOGICAL GUIDANCE AND COUNSELLING

Time: Three Hours

Maximum: 75 Marks

SECTION-A (10 Marks)

Answer ALL questions

ALL questions carry EQUAL marks

(10 x 1 = 10)

- 1 The main aim of educational guidance is :
 - (i) Psychological development of the child.
 - (ii) Responsibility of self-direction
 - (iii) Become a good human being
 - (iv) All of the above
- 2 What is the first steps of self-discovery
 - (i) Asking people about yourself
 - (ii) Self assessments
 - (iii) Thinking about past
 - (iv) Future goals
- 3 In Multicultural counselling the counsellor is aware of his
 - (i) Petty wishes and selfishness.
 - (ii) Behavior toward clients
 - (iii) own personal problems
 - (iv) Client's different caste and beliefs
- 4 Which of the statement is not correct in the case of Online counselling
 - (i) need no resources.
 - (ii) Online Service provides as edge over face to face counselling
 - (iii) It's time saving
 - (iv) It is easily accessible from any place
- 5 The kind of services required for organizing a school guidance programme are
 - (i) Personal, professional, placement, follow-up
 - (ii) Information, guidance, counselling, follow-up
 - (iii) Information, testing, counselling, follow-up
 - (iv) Information, testing, counselling, placement
- 6 Name a test which does not require reading or writing skills
 - (i) Aptitude tests
 - (ii) Intelligence tests
 - (iii) Performance tests
 - (iv) None of the above
- 7 Vocational guidance assists an individual:
 - (i) to choose and prepare for an occupation
 - (ii) to adjust socially
 - (iii) to plan an educational programme
 - (iv) All of the above
- 8 The procedure of non-directive counselling is given by:
 - (i) G. E. Mayers
 - (ii) Carl R. Rogers
 - (iii) Robert Roessler
 - (iv) William Cottle
- 9 -----plays a significant role in equipping the student teacher for effectively guiding children and young people in their growth and development through learning.
 - (i) child psychology
 - (ii) clinical psychology
 - (iii) developmental psychology
 - (iv) Educational psychology
- 10 Warm, friendly understanding condition which is essential for an effective *relationship between* the client and the counsellor is called
 - (i) rapport
 - (ii) transference
 - (iii) attitude
 - (iv) relationship

Cont...

SECTION - B (35 Marks)Answer **ALL** Questions**ALL** Questions Carry **EQUAL** Marks

(5 x 7 = 35)

- 11 a Briefly explain how community and mental health agencies could help improving mental health in schools.
OR
b Sketch the nature and significance of marriage counseling.
- 12 a Why do mental health providers need to focus on promotional models through wellness and prevention ?
OR
b Highlight the steps in career planning.
- 13 a What is the nature , scope and significance of group counselling?
OR
b Elucidate on values of group counseling.
- 14 a Write a brief note on the significance of aptitude tests.
OR
b Explain sociometric techniques
- 15 a Why should a counsellor be aware of the internal frame of reference?
OR
b "Self disclosure is not ideal in counselling " Examine this statement.

SECTION - C (30 Marks)Answer any **THREE** Questions**ALL** Questions Carry **EQUAL** Marks

(3 x 10 = 30)

- 16 Why is Ecology of the schools important in counselling ?
- 17 Elucidate on counselling any two special populations.
- 18 Describe group process and group dynamics in group counseling.
- 19 Elaborate the need for psychological assessments in counseling.
- 20 Elucidate why sense of agency in school counsellors is important especially in the Indian context.

Z-Z-Z

END