

PSG COLLEGE OF ARTS & SCIENCE  
(AUTONOMOUS)

MSc DEGREE EXAMINATION MAY 2024  
(Fourth Semester)

Branch - CLINICAL PSYCHOLOGY

ALTERNATIVE MEDICINES

Time: Three Hours

Maximum: 50 Marks

SECTION-A (5 Marks)

Answer ALL questions

ALL questions carry EQUAL marks

(5 x 1 = 5)

- 1 Find out the non-invasive way of healing an illness using diet, clean fresh water, sun light and exercise:  
(i) Homeopathy (ii) Naturopathy  
(iii) Siddha (iv) Reiki healing
- 2 Identify the reason why people prefer complementary medicines?  
(i) Cost effective (ii) Quick relief  
(iii) Natural & non toxic (iv) Less time consuming
- 3 The Calcutta Homeopathic Medical College was established in the year:  
(i) 1810 (ii) 1981  
(iii) 1850 (iv) 1881
- 4 Acupuncture (TCM) points are believed to stimulate which of the following nervous system?  
(i) Peripheral (ii) Central  
(iii) Parasympathetic (iv) Sympathetic
- 5 Identify the main goal of Ayurveda:  
(i) Alleviate illness (ii) Fight with disease & restore health  
(iii) Eliminate the microbes (iv) Promote good health & prevention

SECTION - B (15 Marks)

Answer ALL Questions

ALL Questions Carry EQUAL Marks

(5 x 3 = 15)

- 6 a List out the characteristics of alternative medicines.  
OR  
b Explain about AYUSH.
- 7 a Analyze the future role of complimentary medicines in India.  
OR  
b "Complementary medicines are pseudoscience" – Agree or disagree the statement with one scientific evidence.
- 8 a Explain the basic functions and goal of homeopathy treatment.  
OR  
b List out the safety issues to be considered in homeopathy treatment.
- 9 a Describe the major objectives of acupuncture treatment.  
OR  
b Illustrate the five phase model of acupuncture and mention five acu-points.
- 10 a Explain the interventions used in Ayurveda to treat ADHD.  
OR  
b Explore the ancient history of Ayurveda in India .

**SECTION -C (30 Marks)**

Answer ALL questions

ALL questions carry EQUAL Marks

(5 x 6 = 30)

11 a "Nutrition and natural products heals illness" – Justify.

OR

b Explain in detail about naturopathy.

12 a Analyze the factors contributed for the evolution of complementary medicines.

OR

b Examine the issues influencing the use of complementary medicines for mental health and explain how far this treatment approach is useful to heal mental illness?

13 a Critically evaluate the applicability of homeopathy for psychological disorders.

OR

b Describe the homeopathy treatment for depression and anxiety with clinical evidence.

14 a "Acupuncture treatment is effective to treat addiction behavior" – Justify with clinical / research evidence.

OR

b Outline the precautionary measures to be considered in acupuncture treatment.

15 a Enumerate the safety measures and contraindications in Ayurveda.

OR

b Elaborate the interventions used to treat depression, anxiety and addiction in Ayurveda.

Z-Z-Z

END