

PSG COLLEGE OF ARTS & SCIENCE  
(AUTONOMOUS)

MSc DEGREE EXAMINATION MAY 2024  
(Fourth Semester)

Branch - APPLIED PSYCHOLOGY

INDIAN PSYCHOLOGY

Time: Three Hours

Maximum: 50 Marks

SECTION-A (5 Marks)

Answer ALL questions

ALL questions carry EQUAL marks

(5 x 1 = 5)

- 1 Which among the following is the oldest of the six Indian systems?  
(i) Samkhya (ii) Purva Mimamsa  
(iii) Vaisheshika (iv) Vedanta
- 2 How many mantras does Katha Upanishad have over 2 chapters?  
(i) 1001 (ii) 101  
(iii) 119 (iv) 108
- 3 Jiva is a product of \_\_\_\_\_.  
(i) Citta and Prakriti (ii) Purusha and Budhi  
(iii) Purusha and Prakriti (iv) Prakriti and Budhi
- 4 According to Ramana Maharshi, the fundamental question in self-inquiry is:  
(i) "What is my true purpose in life?" (ii) "Who am I?"  
(iii) "How can I attain worldly success?" (iv) "What are my weaknesses and strengths?"
- 5 Thirukkural emphasizes "homely virtue" to:  
(i) Promote family harmony (ii) Achieve material wealth  
(iii) Encourage solitude (iv) Pursue spiritual enlightenment

SECTION - B (15 Marks)

Answer ALL Questions

ALL Questions Carry EQUAL Marks

(5 x 3 = 15)

- 6 a Analyze the features of Indian psychology.  
OR  
b Critically analyze the prominent limitations of Western psychology.
- 7 a Analyze the concept of maya.  
OR  
b Discuss about the five Vrittis as per Patanjali's Yoga Sutras.
- 8 a Create a flowchart illustrating the hierarchical levels of consciousness in Indian philosophy, and explain their interrelation and spiritual progression.  
OR  
b Create a mind map to explore the concept of self in Indian psychology, focusing on its dimensions, influences, and implications for identity formation.
- 9 a Dissect the significance of self-transformation in practice of Integral Yoga according to Sri Aurobindo.  
OR  
b Narrate the techniques and approaches recommended by Ramana Maharshi for individuals to engage in self-inquiry and realize their true nature.
- 10 a How would you compare and contrast the themes of detachment and attachment as discussed in the Bhagavad Gita?  
OR  
b Explain the relevance of Thirukkural in today's world.

Cont...

**SECTION -C (30 Marks)**

Answer ALL questions

ALL questions carry EQUAL Marks

(5 x 6 = 30)

- 11 a Present the critiques and challenges in applying Indian Psychology.  
OR  
b Clarify the techniques for self-realization according to Indian Psychology.
- 12 a Highlight how upanishads and the modern discipline of psychology have in common.  
OR  
b Critically assess the efficacy of the Buddhist Eightfold Path in guiding individuals towards spiritual development and inner peace.
- 13 a Educate, how individuals move between the different states of consciousness in numerous learning and personal growth contexts.  
OR  
b Enumerate, how the aesthetic experiences of emotions contribute to wellbeing.
- 14 a Evaluate the relationship between 'Sri Aurobinds' concept of 'Supermind' and Integral Yoga.  
OR  
b Examine the contributions of J.Krishnamurthi to Indian Psychology.
- 15 a Appraise homely virtue and ascetic virtue by Thiruvalluvar.  
OR  
b Elaborate on the vision of oneness and peaceful coexistence.

Z-Z-Z END