

PSG COLLEGE OF ARTS & SCIENCE  
(AUTONOMOUS)

MSW DEGREE EXAMINATION MAY 2023  
(Fourth Semester)

Branch – SOCIAL WORK

**DISCIPLINE SPECIFIC ELECTIVE – II : COUNSELLING**

Time: Three Hours

Maximum: 50 Marks

**SECTION-A (5 Marks)**

Answer ALL questions

ALL questions carry EQUAL marks

(5 x 1 = 5)

- 1 Counselling is a \_\_\_ that allows people to discuss their problems with trained professionals in a peaceful and safe ambience.  
(i) play therapy (ii) music therapy  
(iii) talking therapy (iv) psychotherapy
- 2 Psychoanalytic theory enables the counsellor to discover path toward the \_\_\_ necessary to make changes in behavior.  
(i) emotional freedom (ii) deviant behaviour  
(iii) skills (iv) analysis
- 3 \_\_\_ is one of the factor that affects counselling relationship.  
(i) sympathy (ii) hatred  
(iii) positive regard (iv) pessimistic
- 4 Tone of voice is an example of \_\_\_ skills.  
(i) listening (ii) paralinguistic  
(iii) speaking (iv) gestures
- 5 Creative counselling insist on \_\_\_ interventions.  
(i) core (ii) major  
(iii) creative (iv) remedial

**SECTION - B (15 Marks)**

Answer ALL Questions

ALL Questions Carry EQUAL Marks

(5 x 3 = 15)

- 6 a. State the need for counseling.  
OR  
b. Indicate the goals of counselling.
- 7 a. Highlight the significance of person centred theory in counselling.  
OR  
b. Brief the implications of CBT.
- 8 a. Bring out the characteristics of clients in counselling relationship.  
OR  
b. Mention the qualities of a counsellor.
- 9 a. Narrate the importance of communication skills in counselling.  
OR  
b. Spell out the need for observational skills in counselling.
- 10 a. State the purpose of group counselling.  
OR  
b. Indicate the goals of de-addiction counselling.

Cont...

**SECTION -C (30 Marks)**

Answer ALL questions

ALL questions carry EQUAL Marks

(5 x 6 = 30)

- 11 a. Examine the evolution of counselling.  
OR  
b. Elaborate the principles of counselling.
- 12 a. Analyze the implications of psychoanalytic theory to counselling.  
OR  
b. Evaluate the necessity of REBT in counselling.
- 13 a. Analyze the factors influencing counselling relationship.  
OR  
b. Elaborate the process of counselling.
- 14 a. Analyze the need for training skills in counselling.  
OR  
b. Evaluate the importance of diagnostic skills in counselling.
- 15 a. Justify the significance of school counselling.  
OR  
b. Elaborate the steps involved in rehabilitation counselling.

Z-Z-Z

END