

PSG COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)

MSc DEGREE EXAMINATION MAY 2023
(Fourth Semester)

Branch- APPLIED PSYCHOLOGY

COUNSELLING PSYCHOLOGY

Time: Three Hours

Maximum: 50 Marks

SECTION-A (5 Marks)

Answer ALL questions

ALL questions carry EQUAL marks

(5 x 1 = 5)

- 1 Who launched the Mental Hygiene Movement?
(i) Sigmund Freud (ii) Carl Jung
(iii) Stanley Hall (iv) Clifford Beers
- 2 How many stages are there in the counselling process?
(i) 6 (ii) 7
(iii) 8 (iv) 9
- 3 Psychological tests broadly fall under _____ categories.
(i) 3 (ii) 4
(iii) 5 (iv) 6
- 4 DAT refers to _____.
(i) Differential Aptitude Test (ii) Differential Ability Test
(iii) Different Achievement Test (iv) Different Affiliation Test
- 5 Which year did Allahabad University start a counselling centre for its students?
(i) 1960 (ii) 1961
(iii) 1962 (iv) 1963

SECTION - B (15 Marks)

Answer ALL Questions

ALL Questions Carry EQUAL Marks

(5 x 3 = 15)

- 6 a. Illustrate Mental Measurement in counselling.
OR
b. Discuss counselling as a helping relationship.
- 7 a. Sketch out how counselling is implemented.
OR
b. Explain the counsellor factors involved in counselling.
- 8 a. Enumerate the limitations of diagnosis.
OR
b. Analyse the definition of who is a counsellee.
- 9 a. Explain the mechanics of group counselling.
OR
b. State the role of teachers in counselling.

Cont...

- 10 a. Sketch the counselling formulation for the delinquent.
OR
b. Evaluate the present status of counselling in India.

SECTION -C (30 Marks)

Answer ALL questions

ALL questions carry EQUAL Marks

(5 x 6 = 30)

- 11 a. Appraise the progress in psychotherapy.
OR
b. Differentiate Counselling and Psychotherapy.
- 12 a. Analyse the Rogerian Self-Concept in understanding counselling.
OR
b. Formulate the portrait of an effective counsellor.
- 13 a. Criticize the common Diagnostic Classification System in Counselling.
OR
b. Elucidate the interview techniques used in counselling.
- 14 a. Justify the values of group counselling by comparing it with individual counselling.
OR
b. Examine the guidance at the Elementary level of education.
- 15 a. Elucidate the way you counsel a reluctant client.
OR
b. Evaluate the guidance movement in India after independence.

Z-Z-Z

END