

PSG COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)
BSc DEGREE EXAMINATION MAY 2017
(Sixth Semester)

Branch- PSYCHOLOGY

FUNDAMENTALS OF HEALTH PSYCHOLOGY

Time : Three Hours -

• Maximum : 75 Marks

SECTION-A (20 Marks)

Answer ALL questions

ALL questions carry EQUAL marks (10 x 2 = 20)

- 1 Define behavioral medicine.
- 2 What do you mean by the term epidemiology?
- 3 Explain fight or flight response.
- 4 What is chronic pain?
- 5 Mention the types of physical activity.
- 6 Expand BMI & explain.
- 7 List out the types of cancer.
- 8 Write about myocardial infarction.
- 9 Explain human immuno deficiency virus.
- 10 Who are insulin dependent diabetes?

SECTION - B (25 Marks)

Answer ALL Questions

' ALL Questions Carry EQUAL Marks (5 x 5 = 25)

- 11 a Differentiate between wellness and illness.
OR
b What are the major activities that health psychologists carry out?
- 12 a Define stress. Explain the sources of stress.
OR
b Write short notes on pain syndromes.
- 13 a Examine the causes of obesity.
OR
b Discuss various reasons for exercising. .
- 14 a How to measure the CVD function? Explain.
OR
b What are the causes of cancer?
- 15 a Explain the symptoms of HIV and AIDS.
OR
b Write about hypo and hyperglycemia.

SECTION - C (30 Marks)

Answer any THREE Questions

ALL Questions Carry EQUAL Marks (3 x 10 = 30)

- 16 Describe the history of health psychology.'
- 17 Explain in detail about stress and psychological disorders.
- 18 Give a detailed account of healthy eating behaviour.
- 19 How the persons attitude and emotional responses affect the course of cancer? Explain.
- 20 Bring out the impact of asthma on physical and mental health.