

PSG COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)

MSc DEGREE EXAMINATION DECEMBER 2018
(First Semester)

Branch - **APPLIED PSYCHOLOGY**

POSITIVE PSYCHOLOGY

Time: Three Hours

Maximum: 75 Marks

SECTION-A (10 Marks)

Answer **ALL** questions

ALL questions carry **EQUAL** marks (10 x 1 = 10)

Choose the correct answer :

- 1 The ideas, customs and social behaviour of a particular people or society is called _____.
(i) society (ii) lifestyle
(iii) culture (iv) civilization
- 2 Following one is the author of positive psychology.
(i) Freud (ii) Watson
(iii) Skinner (iv) Seligman
- 3 _____ refers to hopefulness and confidence about the future on the success of something.
(i) Optimism (ii) Confidence
(iii) Cheerfulness (iv) Hope
- 4 The quality of having a modest or low view of one's importance is known as
(i) Modesty (ii) Humility
(iii) Diffidence (iv) Acceptancy
- 5 A reason for doing something is called.
(i) Rationale (ii) Thinking
(iii) Intention " (iv) Motive
- 6 This refers to the management of all by oneself; the taking of responsibility for one's own behaviour and well-being.
(i) Self-welfare (ii) Self-autonomy
(iii) Self-management (iv) Self-sufficiency
- 7 When someone is in _____, this indicates a deeply distressing or disturbing experience.
(i) Injury (ii) Trauma
(iii) Worry (iv) Damage
- 8 The process in which someone or something grows or changes and becomes more advanced is,
(i) development (ii) growth
(iii) progress (iv) evolution
- 9 Identify the author who has proposed the balance theory of wisdom.
(i) Thrustone (ii) Wundt