

PSG COLLEGE OF ARTS & SCIENCE  
(AUTONOMOUS)

MSc DEGREE EXAMINATION MAY 2018  
(Fourth Semester)

Branch – APPLIED PSYCHOLOGY

**HEALTH PSYCHOLOGY**

Time: Three Hours

Maximum: 75 Marks

**SECTION -A (30 Marks)**

Answer ALL questions

ALL questions carry EQUAL Marks (5 x 6 = 30)

- 1 a State the need for health psychology.  
OR  
b Make a brief note on immune system.
- 2 a Indicate the ways of changing health habits.  
OR  
b Underline the preventive approach to alcohol abuse.
- 3 a What are the sources of chronic stress?  
OR  
b State the ways of coping with stress.
- 4 a Outline the health services offered to a patient in the hospital setting.  
OR  
b Mention the ways of improving adherence.
- 5 a Write about the emotional responses identified with chronic illness.  
OR  
b Bring out the psychological interventions meant for chronic illness.

**SECTION -B (45 Marks)**

Answer any THREE questions

ALL questions carry EQUAL Marks (3 x 15 = 45)

- 6 Describe the structure and functions of nervous system.
- 7 Write in detail about health enhancing behaviour.
- 8 Explain the theories about stress.
- 9 Make an elaborate account on patient-provider relations.
- 10 Write an essay on terminal illness.

Z-Z-Z

END