

**PSG COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)**

**MSc DEGREE EXAMINATION MAY 2019
(Fourth Semester)**

Branch - APPLIED PSYCHOLOGY

HEALTH PSYCHOLOGY

Time: Three Hours

Maximum: 75 Marks

SECTION -A (30 Marks)

Answer **ALL** questions

ALL questions carry **EQUAL** Marks (5 x 6 = 30)

- 1 a Explain the disorder related to endocrine system.
OR
b Explain the changes observed in health habits.
- 2 a Explain the ways to prevent alcohol dependence.
OR
b What are the physiological responses to stress?
- 3 a Enumerate the moderators of stress.
OR
b List out the different coping strategies.
- 4 a Write a short note of health enhancing behaviour.
OR
b Discuss the nature of pain.
- 5 a Discuss the nature of communication between patient - provider.
OR
b Write a short note on health psychology trends for the future.

SECTION -B (45 Marks)

Answer any **THREE** questions

ALL questions carry **EQUAL** Marks (3 x 15 = 45)

- 6 Discuss cognitive behavioural approach to health behaviour.
- 7 How does a patient uses and misuses health services?
- 8 Describe various techniques used for managing pain.
- 9 What are the methods to improve adherence?
- 10 Explain psychological management of terminally ill?