

PSG COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)

BSc DEGREE EXAMINATION DECEMBER 2022
(Fifth Semester)

Branch – PSYCHOLOGY

YOGA & INDIAN PSYCHOLOGY

Time: Three Hours

Maximum: 75 Marks

SECTION-A (10 Marks)

Answer ALL questions

ALL questions carry EQUAL marks

(10 x 1 = 10)

1. _____ is considered as a, “science of experience”.
(i) Phenomenology (ii) Psychology
(iii) Sociology (iv) Anthropology
2. Name the distinct psychological tradition with its own perspective that has significant ramifications for psychological theory, research, and practice in India and beyond.
(i) Western Psychology (ii) Psychoanalysis
(iii) Indian Psychology (iv) Taoism
3. Which of the following is not a part of Patanjali Yoga Sutras?
(i) Samadhi (ii) Sadhana
(iii) Vibhuti (iv) Samkhya
4. Which Indian psychology term gives the meaning of revelation?
(i) Samkhya (ii) Shruti
(iii) Samriti (iv) Smriti
5. Which term means the one who knows the field of body, soul and physical matter?
(i) Shetra (ii) Karma
(iii) Kshetrajna (iv) Samkhya
6. Name the term referring to body which is material, mutable, transitory and perishable.
(i) Kshetra (ii) Karma
(iii) Ego (iv) Kshetrajna
7. Which of the following is not a part of Advaita Vedanta?
(i) Citta (ii) Manas
(iii) Ego (iv) Ahamkara
8. What does the term citta actually mean in Advaita Vedanta?
(i) Mind (ii) Fear
(iii) Aggression (iv) Memory
9. What does the term vinnana mean under Buddhist Psychology?
(i) Mind (ii) Consciousness
(iii) Memory (iv) Aggression
10. Which of the following is not a part of Buddhist Psychology?
(i) Sanna (ii) Panna
(iii) Asana (iv) Parinna

Cont...

SECTION - B (35 Marks)

Answer ALL Questions

ALL Questions Carry EQUAL Marks (5 x 7 = 35)

- 11 a Narrate the assumptive base of Indian Psychology.
OR
b State the scope and substance of Indian Psychology.
- 12 a Explain the basic concepts of yoga psychology.
OR
b Outline Patanjali Yoga Sutras.
- 13 a Bring out the identity and existence under transpersonal psychology in Bhagavad-Gita.
OR
b Bring out the conflict and wisdom under transpersonal psychology in Bhagavad-Gita.
- 14 a Explain the concept of person and personality as per Advaita Vedanta.
OR
b Narrate upon self realisation as per Advaita Vedanta.
- 15 a Outline the concepts of thought, mind and consciousness under Buddhist Psychology.
OR
b Summarize varieties of knowing under Buddhist Psychology.

SECTION - C (30 Marks)

Answer any THREE Questions

ALL Questions Carry EQUAL Marks (3 x 10 = 30)

- 16 Discuss the methods of study under Indian Psychology.
- 17 Summarise the theory and applications of yoga psychology.
- 18 Discuss the following:
i. Sthithprajna and freedom
ii. Work and Freedom;
iii. Yoga and Happiness.
- 19 Elucidate the concepts of manas, ahamkara, buddhi and citta.
- 20 Examine the various components discussed under Jain psychology.

Z-Z-Z

END