

MSW DEGREE EXAMINATION MAY 2026
(Fourth Semester)

Branch – **SOCIAL WORK**

COUNSELLING

Time: Three Hours

Maximum: 75 Marks

SECTION-A (10 Marks)

Answer **ALL** questions

ALL questions carry **EQUAL** marks

(10 × 1 = 10)

Module No.	Question No.	Question	K Level	CO
1	1	Which of the following is NOT a principle of counseling? a) Confidentiality b) Respect for autonomy c) Judging the client d) Empathy	K1	CO1
	2	Who is considered the 'father of guidance and counseling'? a) Carl Rogers b) Sigmund Freud c) John Dewey d) Frank Parsons	K1	CO1
2	3	Who is the founder of Psychoanalytic Theory? a) Carl Rogers b) Sigmund Freud c) Albert Ellis d) B.F. Skinner	K1	CO2
	4	Adlerian therapy focuses on: a) Free association b) Childhood inferiority and social interest c) Dream analysis d) Behavior modification	K1	CO2
3	5	Which of the following is NOT a stage in the counseling process? a) Establishing rapport b) Gathering information c) Decision-making for the client d) Termination of counseling	K1	CO3
	6	What is the final stage in the counseling process? a) Termination b) Exploration c) Implementation d) Diagnosis	K1	CO3
4	7	Paralinguistic skills include: a) Eye contact and gestures b) Voice pitch, tone, and speed c) Reading and writing d) Logical reasoning	K1	CO4
	8	A counselor rewords a client's negative statement into a more positive perspective. This is an example of: a) Probing b) Reframing c) Questioning d) Summarizing	K1	CO4
5	9	De-addiction counseling primarily focuses on individuals struggling with: a) Marital issues b) Substance abuse and addiction c) Academic performance d) Career decisions	K1	CO5
	10	Which type of counseling is specifically designed to provide immediate psychological support in emergencies? a) Crisis counseling b) Vocational counseling c) Palliative care counseling d) De-addiction counseling	K1	CO5

Cont...

SECTION - B (35 Marks)

Answer ALL questions

ALL questions carry EQUAL Marks

(5 × 7 = 35)

Module No.	Question No.	Question	K Level	CO
1	11.a.	Outline the concept and need for counselling.	K2	CO1
	(OR)			
	11.b.	Explain about goals of counselling.		
2	12.a.	Elucidate psychoanalytic theory.	K3	CO2
	(OR)			
	12.b.	Explicate Egan model.		
3	13.a.	Categorize the roles and responsibilities of counsellor.	K4	CO3
	(OR)			
	13.b.	Examine the relationship pyramid in counselling.		
4	14.a.	Evaluate the significance of interpretation and reframing skills in counseling.	K5	CO4
	(OR)			
	14.b.	Explain about the importance of communication and rapport skills in counselling.		
5	15.a.	Interpret the application of counselling in palliative care.	K5	CO5
	(OR)			
	15.b.	Explain about the application of counselling in schools.		

SECTION -C (30 Marks)

Answer ANY THREE questions

ALL questions carry EQUAL Marks (3 × 10 = 30)

Module No.	Question No.	Question	K Level	CO
1	16	Examine the principles of counselling.	K4	CO1
2	17	Analyze person-centered, Adlerian and gestalt therapy.	K4	CO1
3	18	Elucidate the stages in counselling process.	K4	CO1
4	19	Examine the significance of questioning, probing and observational skills in counselling.	K4	CO1
5	20	Analyze the application of counselling in family and marital problems.	K4	CO1

Z-Z-Z

END