

**PSG COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)**

**BSc DEGREE EXAMINATION MAY 2026
(Sixth Semester)**

Branch - **PSYCHOLOGY**

INTRODUCTION TO INDIAN PSYCHOLOGY

Time: Three Hours

Maximum: 75 Marks

SECTION-A (10 Marks)

Answer **ALL** questions

ALL questions carry **EQUAL** marks

(10 × 1 = 10)

Module No.	Question No.	Question	K Level	CO
1	1	Which of the following best reflects the goal of life (<i>Purusharthas</i>) in Indian psychology? a) Wealth accumulation only b) Sensory pleasure alone c) Dharma, Artha, Kama, and Moksha d) Social status and power	K1	CO1
	2	The Law of Karma primarily suggests that: a) Fate is predetermined and unchangeable b) Actions have consequences that influence future experiences c) Only present actions matter d) External forces control human life completely	K2	CO1
2	3	The Nyaya system is mainly associated with: a) Meditation techniques b) Logical reasoning and epistemology c) Ritual sacrifices d) Physical discipline	K1	CO2
	4	The ultimate goal of <i>Ashtanga Yoga</i> is: a) Physical fitness b) Emotional expression c) Self-realization or liberation d) Social harmony	K2	CO2
3	5	The <i>Rig Veda</i> is primarily composed of: a) Philosophical dialogues b) Hymns dedicated to deities c) Medical instructions d) Legal codes	K1	CO3
	6	Which Upanishad is known for the dialogue between Nachiketa and Yama? a) Kena Upanishad b) Katha Upanishad c) Isha Upanishad d) Mundaka Upanishad	K2	CO3
4	7	The term <i>Pranas</i> in Indian psychology refers to: a) Mental states b) Types of emotions c) Vital life energies d) Social roles	K1	CO4
	8	Which state of consciousness is associated with deep sleep? a) Jagrat b) Swapna c) Sushupti d) Turiya	K2	CO4
5	9	In Buddhist psychology, perception is primarily understood as: a) A fixed and objective process b) A construction influenced by mental factors c) Purely sensory and independent of mind d) Controlled by external forces only	K1	CO5
	10	According to Jain philosophy, Karma is viewed as: a) A symbolic concept b) A physical substance binding the soul c) A temporary illusion d) A social construct	K2	CO5

Cont...

SECTION - B (35 Marks)Answer **ALL** questions**ALL** questions carry **EQUAL** Marks

(5 × 7 = 35)

Module No.	Question No.	Question	K Level	CO
1	11.a.	Explain the goals of life in Indian Psychology.	K1	CO1
	(OR)			
	11.b.	Discuss limitations of Western Psychology.		
2	12.a.	Explain Nyaya system with examples.	K4	CO1
	(OR)			
	12.b.	Compare Samkhya and Yoga psychology.		
3	13.a.	Explain the importance of Vedas.	K4	CO1
	(OR)			
	13.b.	Discuss teachings of any one Upanishad.		
4	14.a.	Explain five koshas with examples.	K5	CO2
	(OR)			
	14.b.	Discuss states of consciousness.		
5	15.a.	Explain Buddhist theory of mind.	K4	CO1
	(OR)			
	15.b.	Discuss Jain theory of karma.		

SECTION - C (30 Marks)Answer **ANY THREE** questions**ALL** questions carry **EQUAL** Marks

(3 × 10 = 30)

Module No.	Question No.	Question	K Level	CO
1	16	Define Indian Psychology and explain its scope with practical examples.	K1	CO4
2	17	Discuss the role of Gunas in personality.	K4	CO1
3	18	Explain how the teachings of Kena Upanishad contribute to wellness of mind.	K4	CO1
4	19	Evaluate mental faculties in Indian Psychology.	K5	CO1
5	20	Explain in detail the factors affecting personality in Buddhism.	K4	CO1

Z-Z-Z

END