

PSG COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)

MSW DEGREE EXAMINATION DECEMBER 2025
(Third Semester)

Branch – SOCIAL WORK

MENTAL HEALTH

Time: Three Hours

Maximum: 75 Marks

SECTION-A (10 Marks)

Answer ALL questions

ALL questions carry EQUAL marks

(10 × 1 = 10)

Module No.	Question No.	Question	K Level	CO
1	1	What does ICD stand for in the context of mental health classification? a) International Code of Diagnosis b) International Classification of Diseases c) Indian Council of Diagnosis d) International Criteria for Disorders	K2	CO1
	2	What is a common myth regarding mental illness? a) Mental illness can be cured with medication b) Mental illness is always hereditary c) Mental illness only affects adults d) People with mental illness are violent	K2	CO1
2	3	Which disorder involves repetitive, unwanted thoughts and behaviors? a) Phobia b) Schizophrenia c) Obsessive-Compulsive Disorder d) Dissociative disorder	K3	CO2
	4	Which of the following is an effective treatment modality for post-traumatic stress disorder? a) Medication b) Cognitive-behavioral therapy c) Psychoanalysis d) Psychosurgery	K3	CO2
3	5	Eating disorders are a type of: a) Mood disorder b) Psychosomatic disorder c) Psychosexual disorder d) Anxiety disorder	K2	CO3
	6	Which of the following is a characteristic of Cluster C personality disorders? a) Emotional instability b) Odd or eccentric behavior c) Anxious or fearful behavior d) Impulsivity	K3	CO3
4	7	Schizophrenia is primarily characterized by: a) Delusions and hallucinations b) Extreme mood swings c) Repetitive behavior d) Memory loss	K2	CO1
	8	What is the primary symptom of mood disorders? a) Anxiety b) Extreme emotional states c) Hallucinations d) Eating problems	K3	CO2
5	9	When was the National Mental Health Programme launched in India? a) 1982 b) 2005 c) 1995 d) 2010	K2	CO4
	10	Which of the following is an objective of community mental health? a) Reduction in mental illness b) Increased hospitalization c) Over-dependence on medication d) Decreased social support	K3	CO5

Cont...

SECTION - B (35 Marks)

Answer ALL questions

ALL questions carry EQUAL Marks

(5 × 7 = 35)

Module No.	Question No.	Question	K Level	CO
1	11.a.	Define mental illness and explain the myths surrounding it.	K2	CO1
		(OR)		
	11.b.	Examine the classification of mental disorders based on DSM-V.		
2	12.a.	Specify the symptoms and treatment of schizophrenia.	K3	CO2
		(OR)		
	12.b.	Explain the management of post-traumatic stress disorder.		
3	13.a.	Narrate the aetiology and management of psychosomatic disorders.	K3	CO3
		(OR)		
	13.b.	Spell out the characteristics and treatment of personality disorders.		
4	14.a.	Highlight the common disorders of old age and their management.	K4	CO4
		(OR)		
	14.b.	Portray the theories of psychotherapy as applied to old-age mental health.		
5	15.a.	Analyze the impact of the Mental Health Care Act 2017 on mental health care delivery.	K5	CO5
		(OR)		
	15.b.	Deliberate the role of social workers in promoting mental health in community settings.		

SECTION - C (30 Marks)

Answer ANY THREE questions

ALL questions carry EQUAL Marks

(3 × 10 = 30)

Module No.	Question No.	Question	K Level	CO
1	16	Trace out the role of myths and facts in understanding mental illness.	K2	CO1
2	17	Analyze the difference between anxiety disorders and mood disorders.	K3	CO2
3	18	Describe the impact of psychosomatic disorders on physical and mental health.	K3	CO3
4	19	Evaluate the effectiveness of counseling theories in treating mental illness.	K5	CO4
5	20	Assess the role of social work in promoting mental health.	K6	CO5

Z-Z-Z

END