

PSG COLLEGE OF ARTS & SCIENCE (AUTONOMOUS)

MSc DEGREE EXAMINATION DECEMBER 2025
(Third Semester)

Branch – CLINICAL PSYCHOLOGY

PSYCHOTHERAPY - II

Time: Three Hours

Maximum: 75 Marks

SECTION-A (10 Marks)

Answer ALL questions

ALL questions carry **EQUAL** marks

$$(10 \times 1 = 10)$$

Cont...

SECTION - B (35 Marks)

Answer ALL questions

ALL questions carry EQUAL Marks

(5 × 7 = 35)

Question No.	Question	K Level	CO
11.a.	Examine the techniques used in Mindfulness - Based cognitive Therapy. (OR)	K4	CO1
11.b	Examine the basic concepts of Acceptance and commitment Therapy.		
12.a.	Explain the three principles of interviews in Marital and Family therapy. (OR)	K5	CO2
12.b	Explain the basic concept of structural family therapy.		
13.a.	Explain in detail about group therapy for caregivers. (OR)	K5	CO4
13.b	Explain the types of group therapy.		
14.a.	Explain the interventions for externalising disorders. (OR)	K5	CO3
14.b.	Explain in detail about trauma and abuse.		
15.a.	Discuss in detail about therapeutic alliance. (OR)	K6	CO5
15.b.	Elaborate the client variables.		

SECTION - C (30 Marks)

Answer ANY THREE questions

ALL questions carry EQUAL Marks

(3 × 10 = 30)

Question No.	Question	K Level	CO
16.	Analyse the dialectical behaviour therapy.	K4	CO1
17.	Explain systemic therapy.	K5	CO2
18.	Examine the theoretical models and process issues related to group therapy.	K4	CO3
19.	Explain parent and family counselling in relation to chronic mental disorders.	K5	CO4
20.	Discuss about specific variables affecting psychotherapy.	K6	CO5

Z-Z-Z

END