

**PSG COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)**

**MSc DEGREE EXAMINATION DECEMBER 2025
(Fourth Semester)**

Branch – CLINICAL PSYCHOLOGY

ALTERNATIVE MEDICINES

Time: Three Hours

Maximum: 75 Marks

SECTION-A (10 Marks)

Answer ALL questions

ALL questions carry **EQUAL** marks (10 × 1 = 10)

Module No.	Question No.	Question	K Level	CO
1	1	Complementary and Alternative Medicine (CAM) primarily refers to _____ i) Experimental laboratory-based treatments ii) Health practice outside mainstream medicine iii) Conventional hospital-based interventions iv) Exclusive pharmaceutical approaches	K1	CO1
	2	In energy healing, the practitioner's role is to _____ i) Diagnose physiological conditions ii) Administer medication iii) Facilitate the natural flow of energy iv) Replace medical interventions	K2	CO1
2	3	The integration of CAM into healthcare systems worldwide is known as _____ i) Integrative medicine ii) Preventive medicine iii) Holistic pathology iv) Traditional orthodoxy	K1	CO2
	4	The integration of CAM into community mental health programs emphasizes _____ i) Complete withdrawal from modern medicine ii) Exclusive medical supervision iii) Only biological symptom control iv) Wellness, resilience, and self-regulation	K2	CO2
3	5	Homeopathy states disease originates from _____ i) Hormonal imbalance ii) Bacterial infection alone iii) Disturbance in the vital force iv) Structural brain changes	K1	CO3
	6	Inattention symptoms in ADHD may include _____ i) Loss of reality contact ii) Excessive rumination and worry iii) Repetitive behaviors and rituals iv) Difficulty sustaining focus and organizing tasks	K2	CO3
4	7	Acupuncture involves the stimulation of specific points on the body using _____ i) Fine sterile needles ii) Herbal pastes iii) Magnetic bands iv) Heat stones	K1	CO4
	8	Unipolar depression is primarily characterized by _____ i) Alternating periods of mania and depression ii) Persistent low mood without manic episodes iii) Brief mood swings and impulsivity iv) Elevated mood with increased activity levels	K2	CO4
5	9	The three fundamental biological energies in Ayurveda are called _____ i) Nadis ii) Gunas iii) Doshas iv) Dhatus	K1	CO5
	10	A person dominated by Sattva Guna is typically described as _____ i) Calm and balanced ii) Aggressive and restless iii) Dull and unmotivated iv) Fearful and withdrawn	K2	CO5

Cont...

SECTION - B (35 Marks)Answer **ALL** questions**ALL** questions carry **EQUAL** Marks

(5 × 7 = 35)

Module No.	Question No.	Question	K Level	CO
1	11.a.	Explain the role of science and the sciences.	K2	CO1
		(OR)		
	11.b.	Outline Nutrition and Natural Products.		
2	12.a.	Identify the evolution of Complementary and Alternative Medicine.	K3	CO2
		(OR)		
	12.b.	Organise the factors delaying acceptance of CAM.		
3	13.a.	Identify the Issues of Safety, Compatibility with Conventional Care in Homeopathy.	K3	CO3
		(OR)		
	13.b.	Apply scientific research in Homeopathy.		
4	14.a.	Analyse the five phase model of Acupuncture.	K4	CO4
		(OR)		
	14.b.	Explain the possible physical concerns in Acupuncture and its treatment.		
5	15.a.	Examine Compatibility with Conventional Care, and Contraindications in Ayurveda.	K4	CO5
		(OR)		
	15.b.	Simplify Ayurveda in clinical practice.		

SECTION -C (30 Marks)Answer **ANY THREE** questions**ALL** questions carry **EQUAL** Marks

(3 × 10 = 30)

Module No.	Question No.	Question	K Level	CO
1	16	List of characteristics of Complementary and Alternative Medicine.	K4	CO1
2	17	Analyse the Complementary and Alternative approaches and issues influencing their use.	K4	CO2
3	18	Inspect the treatment integration and individuation in Homeopathy.	K4	CO3
4	19	Examine the clinical possibilities of Acupuncture in psychological disorders.	K4	CO4
5	20	Analyse the clinical practice of Ayurveda in psychological disorders.	K4	CO5

Z-Z-Z

END