

PSG COLLEGE OF ARTS & SCIENCE  
(AUTONOMOUS)

MSW DEGREE EXAMINATION MAY 2025  
(Fourth Semester)

Branch – SOCIAL WORK

COUNSELLING

Time: Three Hours

Maximum: 75 Marks

SECTION-A (10 Marks)

Answer ALL questions

ALL questions carry EQUAL marks

(10 × 1 = 10)

Module No.	Question No.	Question	K Level	CO
1	1	Which of the following is NOT a characteristic of counseling? a) Confidentiality                      b) Judgmental approach c) Empathy                                d) Active listening	K1	CO1
	2	Counseling focuses on: a) Helping clients solve their own problems b) Giving strict rules to follow c) Controlling the client's emotions d) Forcing clients to think in a specific way	K2	CO1
2	3	Who is the founder of Psychoanalytic Theory? a) Carl Rogers                      b) Sigmund Freud c) Albert Ellis                      d) Fritz Perls	K1	CO2
	4	The technique of the "empty chair" is used in which therapy? a) Gestalt therapy                      b) Psychoanalytic therapy c) CBT                                      d) REBT	K2	CO2
3	5	A voluntary client is someone who: a) Is forced to attend counseling b) Seeks counseling by their own choice c) Attends counseling for legal reasons d) Is referred by a doctor	K1	CO3
	6	The primary role of a counselor is to: a) Advise clients on what to do b) Offer support and facilitate growth c) Diagnose mental disorders d) Change the client's personality	K2	CO3
4	7	An example of meta-communication is: a) Nodding while saying "yes" b) Using a loud voice to express agreement c) Smiling while expressing sadness d) Writing down thoughts instead of speaking	K1	CO4
	8	Which of the following is a key approach in de-addiction counseling? a) Relying solely on medication b) Ignoring withdrawal symptoms c) Encouraging isolation from family d) Cognitive Behavioral Therapy (CBT)	K2	CO4

Cont...

5	9	One of the first steps in crisis counseling is: a) Ignoring the client's emotions b) Providing long-term therapy immediately c) Stabilizing the client emotionally d) Focusing on financial problems	K1	CO5
	10	Rehabilitation counseling is commonly used for: a) People with physical, mental, or emotional disabilities b) Children preparing for school exams c) Adults seeking financial planning support d) People with mild social anxiety	K2	CO5

**SECTION - B (35 Marks)**

Answer ALL questions

ALL questions carry EQUAL Marks (5 × 7 = 35)

Module No.	Question No.	Question	K Level	CO
1	11.a.	Outline the values and ethics in counselling.	K2	CO1
		(OR)		
	11.b.	Differentiate between counselling and guidance.		
2	12.a.	Elucidate REBT and CBT.	K3	CO2
		(OR)		
	12.b.	Explicate person-centered and Gestalt therapy.		
3	13.a.	Identify the qualities of a counsellor.	K3	CO3
		(OR)		
	13.b.	Expound the stages in counselling.		
4	14.a.	Examine the importance of paralinguistic skills in counseling.	K4	CO4
		(OR)		
	14.b.	Discover the significance of observational and listening skills in counselling.		
5	15.a.	Examine individual counselling and group counseling.	K4	CO5
		(OR)		
	15.b.	Analyze the application of counseling in de-addiction setting.		

**SECTION -C (30 Marks)**

Answer ANY THREE questions

ALL questions carry EQUAL Marks (3 × 10 = 30)

Module No.	Question No.	Question	K Level	CO
1	16	Narrate the evolution of counselling.	K4	CO1
2	17	Analyze psychoanalytic theory.	K4	CO1
3	18	Elucidate the factors influencing counselling relationship and process.	K4	CO1
4	19	Examine the significance of communication, assessment and diagnostic skills in counselling.	K4	CO1
5	20	Analyze the application of counselling in crisis intervention and rehabilitation settings.	K4	CO1

Z-Z-Z

END