

PSG COLLEGE OF ARTS & SCIENCE  
(AUTONOMOUS)

MSc DEGREE EXAMINATION DECEMBER 2023  
(Third Semester)

Branch – CLINICAL PSYCHOLOGY

PSYCHOSOCIAL REHABILITATION

Time: Three Hours

Maximum: 50 Marks

SECTION-A (5 Marks)

Answer ALL questions

ALL questions carry EQUAL marks

(5 x 1 = 5)

- 1 What is the primary goal of psychosocial rehabilitation?
  - (i) To prescribe medication for mental illnesses
  - (ii) To provide long-term inpatient care
  - (iii) To help individuals with mental illnesses achieve recovery and community integration
  - (iv) To conduct psychoanalysis for deeper understanding of mental issues
- 2 What is the role of a psychosocial rehabilitation worker?
  - (i) Prescribing medication
  - (ii) Conducting psychotherapy sessions
  - (iii) Providing practical support and skills training
  - (iv) Performing brain surgery
- 3 What is the main objective of vocational rehabilitation in psychosocial rehabilitation programs?
  - (i) To encourage clients to rely on government assistance
  - (ii) To help clients find employment and build job-related skills
  - (iii) To provide intensive psychotherapy for clients
  - (iv) To isolate clients from the community to prevent relapse
- 4 Which term refers to the process of helping individuals with mental illness reintegrate into their communities and lead fulfilling lives?
  - (i) Deinstitutionalization
  - (ii) Hospitalization
  - (iii) Segregation
  - (iv) Isolation
- 5 What role does peer support play in psychosocial rehabilitation?
  - (i) It is not considered important in this context
  - (ii) It provides individuals with mental illness the opportunity to interact with professionals
  - (iii) It offers support from individuals who have experienced similar challenges
  - (iv) It involves family members taking the lead in providing support

SECTION - B (15 Marks)

Answer ALL Questions

ALL Questions Carry EQUAL Marks

(5 x 3 = 15)

- 6 a Describe the scope of psychosocial rehabilitation.  
OR
- b Describe the significance of community integration in psychosocial rehabilitation.

Cont...

- 7 a Describe the challenges in using assessment tools in psychosocial rehabilitation.
- OR
- b Describe the difference between cognitive assessments and disability assessments in psychosocial rehabilitation.
- 8 a Explain the concept of recovery in psychosocial rehabilitation.
- OR
- b Describe the necessity to evaluate the progress of rehabilitation.
- 9 a Describe neuropsychological rehabilitation.
- OR
- b Explain the ethical considerations should be taken into account when working with individuals in neuropsychological rehabilitation programs?
- 10 a How can community involvement contribute to personal growth and well-being?
- OR
- b Describe the role of technology in reconnecting to community and self.

**SECTION -C (30 Marks)**

Answer **ALL** questions

**ALL** questions carry **EQUAL** Marks

(5 x 6 = 30)

- 11 a Describe the core principles and values that guide psychosocial rehabilitation programs.
- OR
- b Describe the methods used in rehabilitation psychology.
- 12 a Explain the assessment of symptoms in psychosocial rehabilitation.
- OR
- b Describe the assessment of recovery, empowerment and strength in psychosocial rehabilitation.
- 13 a Explain the role of psychosocial rehabilitation in the recovery-oriented approach to mental health care.
- OR
- b Explain the rehabilitation process used in substance use disorders.
- 14 a Elaborate the theoretical and practical issues in neuropsychological rehabilitation.
- OR
- b Explain the impact of cognitive remediation in neuropsychological rehabilitation.
- 15 a Explain the role of peer support for positive impact in the recovery process and provide a sense of hope for individuals with mental health challenges.
- OR
- b Discuss the necessity of living skills in reconnecting with community and self.