18NDP07

PSG COLLEGE OF ARTS & SCIENCE

(AUTONOMOUS)

MSc DEGREE EXAMINATION MAY 2022

(Second Semester)

Branch - FOODS AND NUTRITION

NUTRITION RESEARCH METHODS

Maximum: 50 Marks Time: Three Hours

SECTION-A (5 Marks)

Answer ALL questions

ALL questions carry EQUAL marks

 $(5 \times 1 = 5)$

- 1. Which of the following are not correct on the basis of clinical trials?
- a) Biomedical research studies
- b) Behavioral research studies
- c) Studies on human subjects
- d) Study based only on animals
- 2. Choose the food which has high biological value.
- a) Egg
- b) Lentils
- c) Milk
- d) Groundnut
- 3. Find the gas which is flushed to prevent oxidation of nutrients in freeze dried analytical samples.
- a) Hydrogen
- b) Carbondioxide
- c) Helium
- d) Nitrogen
- 4. What is the normal serum albumin level?
- a) 3.9-5.0 g/dl b) 3.5-4.5g/dl c) 2.5-5.0g/dl d) 3.2-4.7g/dl
- 5. Identify the mineral which favors iron absorption.
- a) Flourine
- b) Copper c) Iodine
- d) Selenium

SECTION - B (15 Marks)

Answer ALL Questions

ALL Questions Carry **EQUAL** Marks

 $(5 \times 3 = 15)$

11. a) Illustrate about the epidemiological study.

- b) Analyze about the importance of Clinical trials Registry India.
- 12. a) Sketch the procedure for Net protein utilization.

b) Discuss the bioavailability and bioassay study of Vitamin E.

Cont...

13. a) Outline the uses of food composition data.

(OR)

- b) Show the steps involved in the preparation of analytical sample.
- 14. a) State the significances of nutritional assessment.

(OR)

- b) Discuss the benefits of vital surveys.
- 15. a) Explain the anthropometry method for assessing body composition.

(OR)

b) Produce the factors influencing calcium absorption.

SECTION -C (30 Marks)

Answer **ALL** questions

ALL questions carry EQUAL Marks

 $(5 \times 6 = 30)$

16. a) Enumerate the principles and uses of experimental studies.

(OR

- b) Determine the general guidelines for human clinical trails.
- 17. a) Elucidate the method of assessing protein quality by PER study using rats.

(OR)

- b) Analyze the Radio Immuno Assay principle and assay of TSH.
- 18. a) Illustrate the steps of food sampling plan and explain the methods of storing samples.

(OR)

- b) Sketch on the modes of expression of food composition data.
- 19. a) Interpret the tests and significance of biochemical assessment of trace elements.

(OR)

- b) Elucidate about the importance of functional assessment.
- 20. a) Predict the general principle involved in balance study of calcium and nitrogen.

(OR)

b) Explain the tests for assessing maturity.

END