

**PSG COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)**

**BSc DEGREE EXAMINATION MAY 2024
(Third Semester)**

Branch – **PSYCHOLOGY**

ABNORMAL PSYCHOLOGY -I

Time: Three Hours

Maximum: 50 Marks

SECTION-A (5 Marks)

Answer **ALL** questions

ALL questions carry **EQUAL** marks (5 x 1 = 5)

- 1 What historical figure is known for his work on phrenology, the belief that personality traits could be determined by examining the bumps and contours of the skull?

(i) Wilhelm Wundt	(ii) Franz Mesmer
(iii) Johann Spurzheim.	(iv) Franz Gall

- 2 Which of the following assessment methods involves observing an individual's behavior in a controlled environment to gain insights into their psychological condition?

(i) Self-report questionnaire	(ii) Projective tests
(iii) Clinical interviews.	(iv) Behavioral observation

- 3 Which neurotransmitter is often associated with the regulation of anxiety, and medications targeting it are commonly prescribed to treat anxiety disorders?

(i) Serotonin	(ii) Dopamine
(iii) Acetylcholine	(iv) Norepinephrine

- 4 Anorexia nervosa is primarily characterized by:
 - (i) Binge-eating followed by purging behavior
 - (ii) An extreme fear of gaining weight and severe restriction of food intake
 - (iii) Excessive eating without the use of compensatory behaviors.
 - (iv) Frequent episodes of overeating without control

- 5 Dissociative identity disorder (DID) is characterized by:
 - (i) A sudden, irrational fear of specific objects or situations.
 - (ii) The coexistence of two or more distinct personality states or identities.
 - (iii) Frequent episodes of intense panic and physical symptoms.
 - (iv) A chronic preoccupation with illness and the pursuit of medical attention.

SECTION - B (15 Marks)

Answer **ALL** Questions

ALL Questions Carry **EQUAL** Marks (5 x 3 = 15)

- 6 a Describe biological perspective about the causes of abnormal behavior
OR
b Discuss the awareness of mental health in Indian context

- 7 a Explain the use of multiaxial system in classification of mental health disorders.
OR
b Explain the importance of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) in classifying and assessing mental disorders.

Cont...

- 8 a What are the primary physiological and psychological responses to acute stress, and how do they prepare the body to respond to a perceived threat?
OR
- b Describe the main symptoms of Generalized Anxiety Disorder (GAD) and discuss the challenges individuals with GAD may face in managing their anxiety.
- 9 a How can psychological stress and emotional factors contribute to the development or exacerbation of somatic symptoms?
OR
- b Briefly explain the etiology of dissociative identity disorder.
- 10 a Explain the concept of tolerance and withdrawal in substance abuse disorders.
OR
- b What are the primary diagnostic criteria for Anorexia Nervosa?

SECTION -C (30 Marks)Answer **ALL** questions**ALL** questions carry **EQUAL** Marks

(5 x 6 = 30)

- 11 a Describe the evolution of the understanding and treatment of mental illness throughout history, from early beliefs about possession and divine punishment to the emergence of more humane approaches during the Enlightenment.
OR
- b Discuss the various contemporary perspectives on abnormal behaviour.
- 12 a Discuss the importance of psychosocial assessment in understanding an individual's mental health and well-being.
OR
- b Describe the concepts of reliability, validity, and standardization in the context of mental health assessment. Explain why these elements are crucial in ensuring accurate and meaningful assessments of mental disorders.
- 13 a Compare and contrast Panic Disorder and Social Phobia in terms of their diagnostic criteria, common symptoms, and treatment options.
OR
- b Describe the core features of Post-traumatic stress disorder (PTSD), and explain how it differs from other anxiety disorders along with treatment approaches for PTSD.
- 14 a Provide a detailed clinical picture of Somatic Symptom Disorder (SSD), and explore role of excessive worry about health in the development and maintenance of SSD, and how it affects daily functioning and quality of life.
OR
- b Describe the primary features of Dissociative disorders, and discuss the prevalence, and treatment approaches of the same.
- 15 a Describe the clinical picture of Anorexia Nervosa, potential complications and the role of body image distortion in leading to long-term consequences.
OR
- b Discuss the cycles of binge-eating and purging behavior seen in Bulimia, along with the associated emotional and physical consequences. Explore the concept of "weight control" as a central aspect of the disorder and how it contributes to the maintenance of Bulimia.

Z-Z-Z END