

PSG COLLEGE OF ARTS & SCIENCE
(AUTONOMOUS)
BSc DEGREE EXAMINATION DECEMBER 2017
(Fourth Semester)

Branch - NUTRITION, FOOD SERVICE MANAGEMENT AND DIETETICS
DIET THERAPY

Time : Three Hours

Maximum : 75 Marks

SECTION-A (20 Marks!)

Answer ALL questions

ALL questions carry EQUAL marks (10 x 2 = 20)

- 1 What is soft diet?
- 2 What are food exchange lists?
- 3 Suggest any four recipes for an obese individual.
- 4 List any four common food allergens.
- 5 What is dialysis?
- 6 Give any four tips to add fiber to the diet.
- 7 Suggest any two dietary guidelines of prevent constipation.
- 8 What is rephrosis?
- 9 Define glycemic index.
- 10 What is cholelithiasis and cholecystitis?

SECTION - B (25 Marks)

Answer ALL Questions

ALL Questions Carry EQUAL Marks (5 x 5 = 25)

- 11 a Write a brief note on liquid diets.
OR
b How do you assess an obese individual?
- 12 a Discuss the nutritional problems of cancer therapy.
OR
b Discuss the dietary management of typhoid fever.
- 13 a Briefly outline the dietary advice for managing hypertension.
OR
b Write a note on the causes and treatment of diarrhoea
- 14 a What are the responsibilities of a dietitian?
OR
b Write a short note on cirrhosis of liver.
- 15 a Describe in brief the treatment for food allergy.
OR
b What are the dietary modifications required in the treatment of glomerulonephritis?

SECTION - C (30 Marks-)

Answer any THREE Questions

ALL Questions Carry EQUAL Marks (3 x 10 = 30)

- 16 Discuss the etiology, symptoms and metabolic changes in Diabetes mellitus.
- 17 Explain the objectives and principles of planning a diet for atherosclerotic patient.
- 18 Which condition necessitate special feeding methods? Write a brief note on tubefeeding.
- 19 Discuss on the etiology, symptoms and dietary management of peptic ulcer.
- 20 Explain the nutritional requirements for patients with acquired immune deficiency syndrome.

Z-Z-Z

END