PSG COLLEGE OF ARTS & SCIENCE

(AUTONOMOUS)

B.Voc DEGREE EXAMINATION MAY 2017

(Third Semester)

Branch- HOSPITALITY MANAGEMENT

FOOD SCIENCE & NUTRITION

Time: Three Hours Maximum: 75 Marks

SECTION-A (20 Marks)

Answer ALL questions

ALL questions carry **EQUAL** marks (10x2 = 20)

- 1 Define nutrients.
- 2 What is balanced diet?
- What is disinfectant?
- 4 Define sterilization.
- 5 What is food adulteration?
- 6 Write abbreviation for FSSAI.
- What are the deficiencies due to the lack of carbohydrates?
- 8 Explain any two functions of protein.
- 9 Define freezing.
- Write any two artificial sweeteners.

SECTION - B (25 Marks)

Answer **ALL** Questions

ALL Questions Carry **EQUAL** Marks (5x5 = 25)

11 a Explain the basic concepts of food.

OR

- b Explain about Recommended Dietary allowance and its benefits.
- 12 a Explain the common disinfectants used in kitchen.

OR

- b Explain the sterilization of kitchen and service equipment.
- 13 a Explain any two food laws involved in food standardization.

OR

- b List out any five intentional adultrants and their methods of detection.
- 14 a Explain the nutritive value of vegetables.

OR

- b Write the functions of pulses and its deficiency effects.
- 15 a Explain the steps involved in canning process.

OR

b What is the role of emulsifiers in food with two examples.

SECTION - C (30 Marks)

Answer any **THREE** Questions

ALL Questions Carry EQUAL Marks $(3 \times 10 = 30)$

- Explain six basic nutrients and its functions.
- Write down the sanitization of any five kitchen equipments.
- Write in detail about the types of food adultrants.
- 19 Explain in detail about the composition and nutritive value of cereals.
- Explain in detail about working principle of refrigeration and freezing.