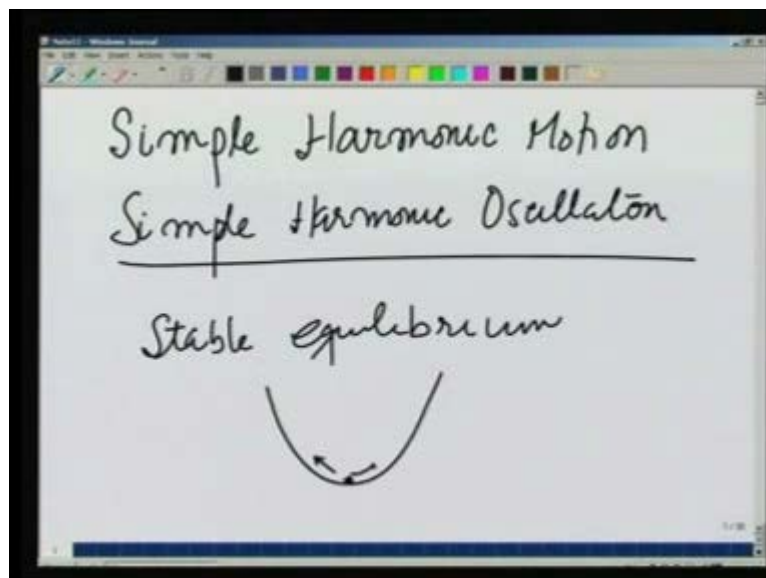


Engineering Mechanics
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Module – 08
Lecture - 01
Simple Harmonic Motion - I

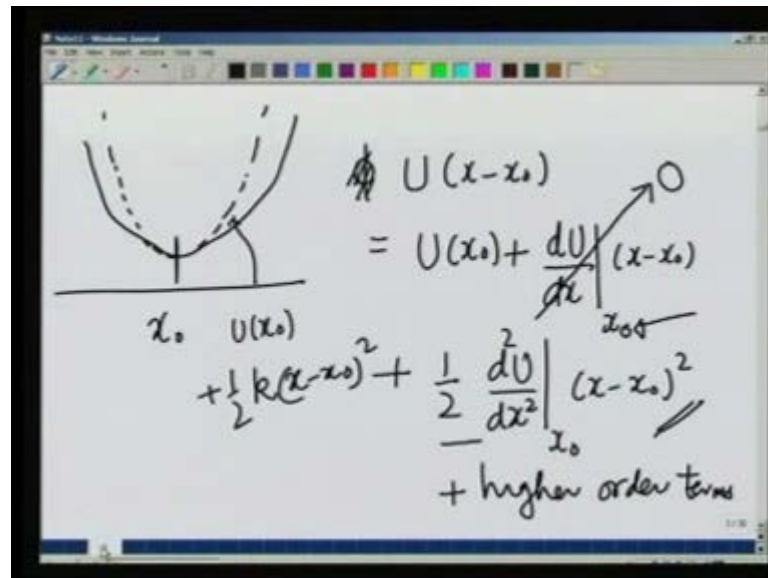
Having looked at, the motion of particles and rigid body motion now, we will cover a very specific kind of motion that is very very useful and has lot of rich physics in it.

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It is known as simple harmonic motion or simple harmonic oscillation and let us see how it comes about. Whenever a particle is in a stable equilibrium that is, it is at the bottom of some kind of a well. So, that when it moves it always comes back to its equilibrium position then, I can expand the potential energy about that point this could be any shape.

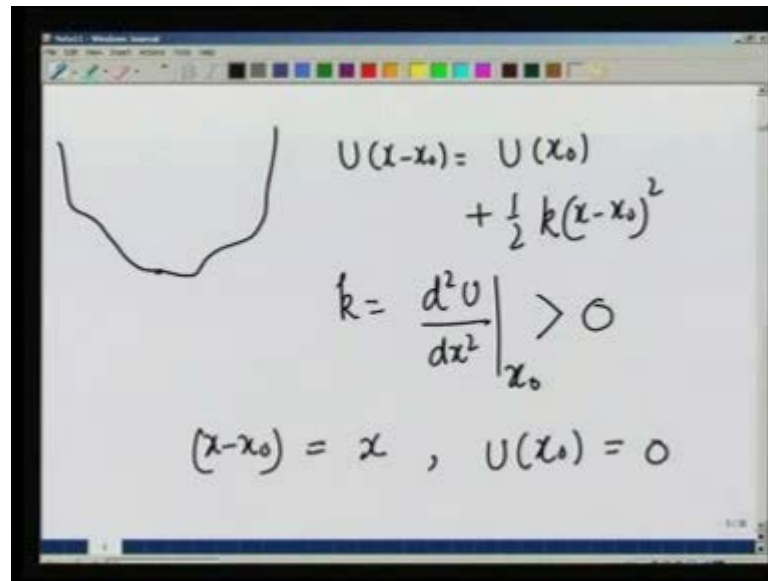
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About this point, let us call this point x_0 and I am focusing in focusing on 1 dimension then, phi a let me use the notation that way be have been using potential energy U at a point x away from x_0 . Can be written as potential energy at x_0 plus the derivative of potential energy at x_0 points x minus x_0 plus 1 half. The second derivative of the potential energy at x_0 this is also a x_0 x minus x_0 square. As long as x minus x_0 is small, now plus higher order terms.

If x_0 is the point which is of that of stable equilibrium then, the force which is the derivative of potential energy is going to be 0 at this point. And therefore, the first correction that comes to $U(x_0)$ is this term. If I retain only this term and drop the higher order terms then, I would be approximating the potential about this table equilibrium point something like this; something like a parabola which is nothing, but $U(x_0)$ plus 1 half some constant k x minus x_0 square.

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So, let us see what we are saying is if the particle is in some equilibrium position at some point. Then in general, I can write the potential energy about that point x minus x_0 is equal to the potential energy at x_0 plus 1 half k x minus x_0 square to a good approximation, where k is the second derivative of the potential energy at this point. And since, this is a stable equilibrium point or the minimum of potential energy this is greater than zero

Let me for convenience now, write x minus x_0 as only x that is in effect I am taking x_0 to be 0 and $U(x_0)$ to be 0. Remember potential energy is always with respect to some reference point. So, I am choosing my reference so that, $U(x_0) = 0$.

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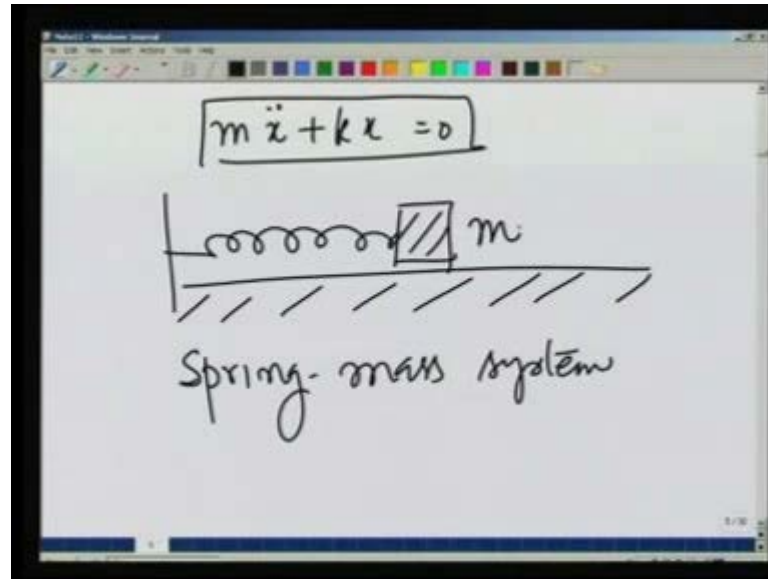
The image shows a whiteboard with handwritten mathematical derivations. At the top, the potential energy function is given as $U(x) = \frac{1}{2}kx^2$. Below this, a graph shows a parabola opening upwards with its vertex at the origin, labeled with $\frac{1}{2}kx^2$. To the right of the graph, the force is derived as $m\ddot{x} = -\frac{d}{dx}(\frac{1}{2}kx^2) = -kx$. Below the force equation, the equation of motion is boxed as $m\ddot{x} + kx = 0$. At the bottom left, there is a note $U(x) \propto x^2$. At the bottom center, there is a partially written equation $U(x) = \frac{1}{2}kx^2 + \cancel{kx^3} + \dots$.

So, I can now write the potential energy as U_x is equal to 1 half kx square and that you recognize right away as the potential energy of a spring stretched by distance x . So, the potential energy with respect to x looks something like this, which is 1 half kx square. Therefore, if a particle of mass m is moving in this potential its equation of motion will be given as, $m\ddot{x}$ is equal to minus d by dx of 1 half kx square which is minus kx or $m\ddot{x} + kx$ is equal to 0.

So, this is the simplest possible equation about a stable equilibrium point why I call it the simplest is because, there could be cases where even the second derivative of the potential is 0. Therefore correction would be higher order for example, I could have a potential U_x which is proportional to x raise to four or I could have higher order derivatives which are also important. For example, I could have U_x is equal to 1 half kx square plus let us say, $k_1 x$ cube and so on.

If I neglect all these and I assume that only the second order is nonzero and this is the equation of motion and therefore, this is known as the simple harmonic motion.

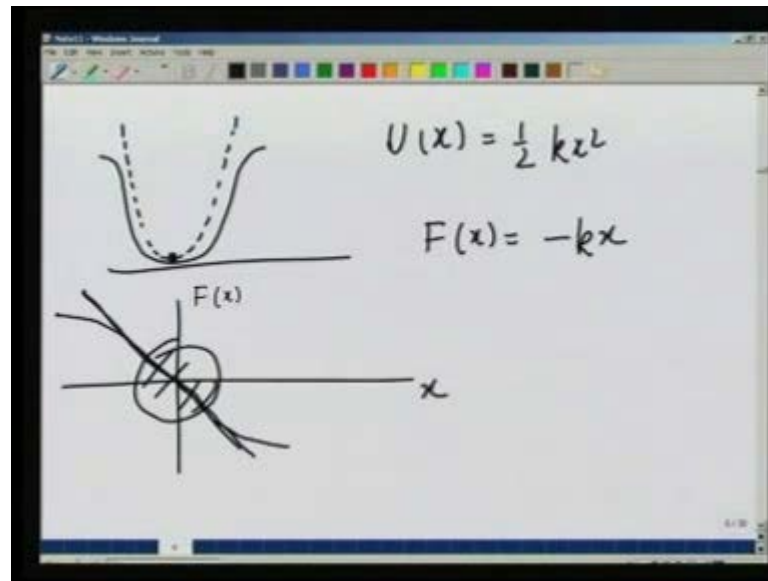
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So, let us see now what we have is $m\ddot{x} + kx = 0$ this is also the equation for a mass tied at the end of a spring which is oscillating on a frictionless plane. So, the prototype of simple harmonic motion is going to be a spring mass system, with this mass m and a spring constant k . And you can already see that there are many examples where I can apply this as the first form of approximation to the real motion.

For example I could have a particle at the bottom of a cup; a clamped rod which is vibrating a simple pendulum and so on. So, therefore, this is a very very good system and very useful system when we want to study a motion about an equilibrium point. Let me now give you 2 examples of how the potential energy looks like and how we approximated and what the force on the system looks like.

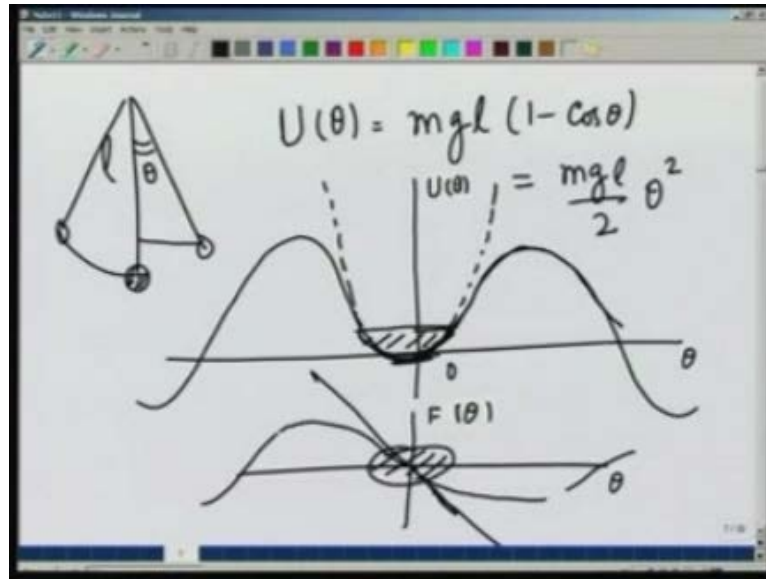
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For example, I talked about particle at the bottom of a cup a cup could be of this shape and the particle could be sitting here it could have a very a functional dependence on x which is quite different. But, when I approximate this potential energy for small motion as $\frac{1}{2} kx$ square what I am doing is approximating the potential energy by this parabola. So, this is how the potential energy looks when I am approximating this motion by a a simple harmonic motion and the force could be would be F_x is equal to minus kx .

So, when x is positive I am approximate in the force like this I mean x is negative is like this line. You see here, that the in reality the force go something like this and then it becomes slightly less in magnitude; force goes something like this and then it'll becomes slightly less in magnitude. But, we approximate this as this line and therefore, as long as the motion will confine to this region, it is a good approximation.

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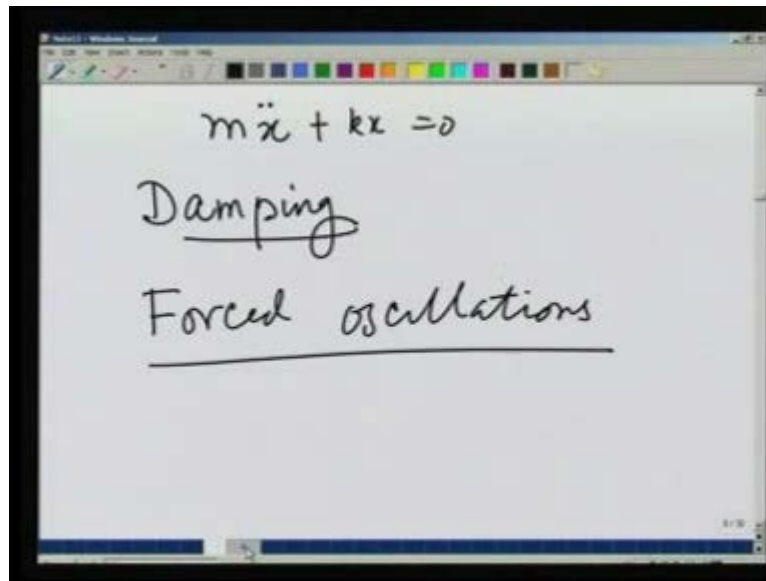


As a second example, let us take a pendulum of length l which is swinging above its equilibrium point. You can see when it is swing by an angle θ , the potential energy U as a function of θ is going to be given as $mgl(1 - \cos \theta)$. And therefore, the potential energy is going to look something like this, it is minimum at $\theta = 0$ then it goes like a cosine curve and so on.

However, when we approximate this as a simple harmonic motion then, the potential energy becomes $\frac{mgl}{2} \theta^2$ and therefore, I am approximating this potential energy like this; this point is 0 . So, again you can see for a good range of θ the approximation to the potential and the potential itself are quite close to each other.

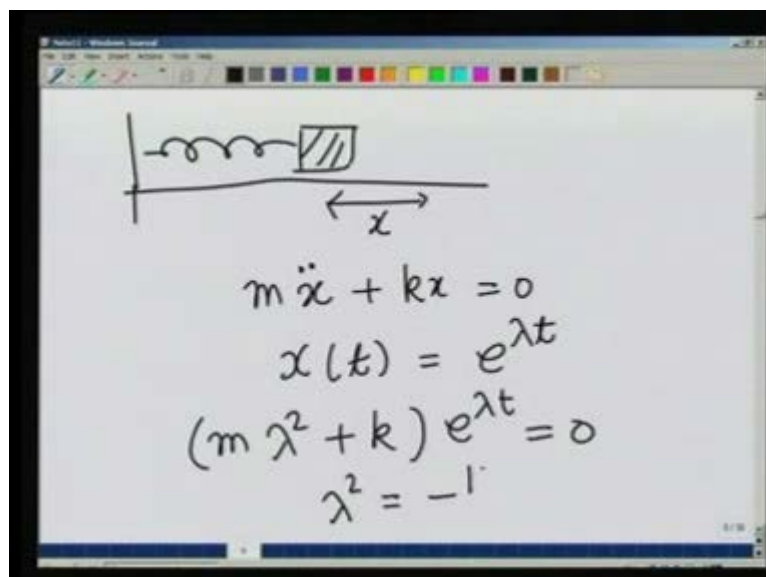
How about the force? Force again we are approximate in the force to be a linear force. But as you go far away the slope goes down and therefore, the real force is something like this and there it oscillates. So, again for a good range of θ the force is linear and θ and therefore, simple harmonic motion is a good approximation for low displacements. And these lectures we are going to talk about the simple harmonic motion.

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To start with we will consider the equation of motion plus kx equal to 0 and look at its solution represented by a Phasor diagram. After that, we are going to introduce damping into the system and see how it changes the motion. And after that we are going to study the forced oscillations of these systems, when the system is subjected to an external force in addition to its own force like the spring force that it experiences.

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So, to start with let us take our prototype spring mass system and let us measure the displacement from the equilibrium point as x and the equation of motion as we have been

saying is $m\ddot{x} + kx = 0$. And we have seen in the past that, to solve such an equation we assume the solution of x to be of the form $e^{\lambda t}$ substituted in the equation then we get $m\lambda^2 + k = 0$ which is true for all the times; since, it is true for all the times I must have $\lambda^2 = -k/m$.

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$$\lambda = \pm i \sqrt{\frac{k}{m}} \quad i = \sqrt{-1} \rightarrow \pm i \omega_0$$

$$m\ddot{x} + kx = 0$$

$$e^{i\omega_0 t} \quad e^{-i\omega_0 t} \quad \omega_0 = \sqrt{\frac{k}{m}}$$

$$x(t) = A e^{i\omega_0 t} + B e^{-i\omega_0 t}$$

$$x(t) = \text{Real}$$

And therefore, λ comes out to be plus minus i square root of k over m where i is equal to square root of minus 1. So, I have two solutions for the second order differential equation $m\ddot{x} + kx = 0$. The two solutions are: $e^{i\omega_0 t}$ and $e^{-i\omega_0 t}$ where, I am writing ω_0 to be equal to a square root of k divided by m .

So, that λ that I wrote earlier can be written as plus or minus $i\omega_0$. The general solution for a second order equation therefore, is going to be $x(t)$ which is a linear combination of these 2 solutions: $A e^{i\omega_0 t} + B e^{-i\omega_0 t}$. Since, I know that the displacement $x(t)$ is real.

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$$\begin{aligned}x(t) &= Ae^{i\omega_0 t} + Be^{-i\omega_0 t} \\x(t) &= \text{Real} \Rightarrow B = A^* \\ \boxed{x(t) &= Ae^{i\omega_0 t} + A^* e^{-i\omega_0 t}} \\ A &= A_R + iA_I \\ x(t) &= (A_R + iA_I)(\cos\omega_0 t + i\sin\omega_0 t) \\ &\quad + (A_R - iA_I)(\cos\omega_0 t - i\sin\omega_0 t)\end{aligned}$$

Therefore, I should have in the solution $x(t)$ which, I am writing as $A e^{i\omega_0 t}$ plus $B e^{-i\omega_0 t}$ and $x(t)$ is real and therefore, B must be equal to A^* . So, in general A is complex, but for $x(t)$ to be real I should have the solution of the form this equal to $A e^{i\omega_0 t}$ plus A^* where, A^* is a complex conjugate of $A e^{-i\omega_0 t}$. That is the general solution since, it involves complex quantity A and A^* let me write it in a slightly different form. Writing A as A real plus i times A imaginary.

When I substitute this I get $x(t)$ is equal to A real plus $i A$ imaginary and I can open up $e^{i\omega_0 t}$ as \cos of $\omega_0 t$ plus $i \sin$ of $\omega_0 t$ plus the second term which is A real minus $i A_I$ where A_I is the imaginary part \cos of $\omega_0 t$ minus $i \sin$ of $\omega_0 t$.

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The image shows a whiteboard with handwritten mathematical derivations. The first line is $x(t) = (A_R + i A_I)(\cos \omega_0 t + i \sin \omega_0 t) + (A_R - i A_I)(\cos \omega_0 t - i \sin \omega_0 t)$. The second line shows the expansion: $= \underbrace{2 A_R}_{C} \cos \omega_0 t - \underbrace{2 A_I}_{D} \sin \omega_0 t$. The third line, enclosed in a box, is $x(t) = C \cos \omega_0 t + D \sin \omega_0 t$. Below the box is the differential equation $m\ddot{x} + kx = 0$.

When I open this up the final solution that I get is going to be $x(t)$ is equal to which is wrote as A real plus $i A_I$ cosine $\omega_0 t$ plus i sin $\omega_0 t$ plus A real minus $i A_I$ cosine $\omega_0 t$ minus i sin of $\omega_0 t$ will be equal to $2 A$ real cosine of $\omega_0 t$ minus $2 A_I$ imaginary sin of $\omega_0 t$.

If I call these constants C and $-2 A_I D$ I can also write my solution as $x(t)$ equals C cosine $\omega_0 t$ plus D sin of $\omega_0 t$. That's another way of writing the solution equation $m\ddot{x} + kx = 0$, which is equivalent to the solution that I got earlier in terms of e raise to $i \omega_0 t$ and e raise to minus $i \omega_0 t$.

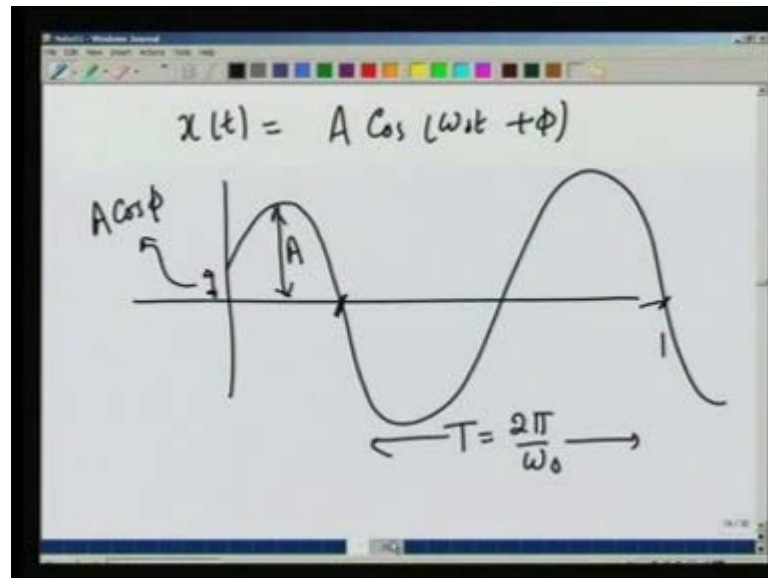
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$$\begin{aligned} m\ddot{x} + kx &= 0 \\ x(t) &= A e^{i\omega_0 t} + A^* e^{-i\omega_0 t} \\ &= C \cos \omega_0 t + D \sin \omega_0 t \\ &= A \cos(\omega_0 t + \phi) \\ &= A \sin(\omega_0 t + \phi) \\ A &= \sqrt{C^2 + D^2}, \quad \left. \begin{aligned} \sin \phi &= C/A \\ \cos \phi &= D/A \end{aligned} \right\} \begin{matrix} \sin \\ \cos \end{matrix} (\omega_0 t + \phi) \end{aligned}$$

So, what we have learnt so far is, given this equation for a spring mass system or the motion of a particle about its equilibrium point. Its motion is going to be described by the displacement $x(t)$ is equal to $A e^{i\omega_0 t} + A^* e^{-i\omega_0 t}$ or equivalently $C \cos \omega_0 t + D \sin \omega_0 t$. And third way again you can write this as some amplitude A times cosine of $\omega_0 t$ plus a phase constant called ϕ . Or also, if you like sin functions I can write this as $A \sin(\omega_0 t + \phi)$ it is our choice how we want to represent the solution.

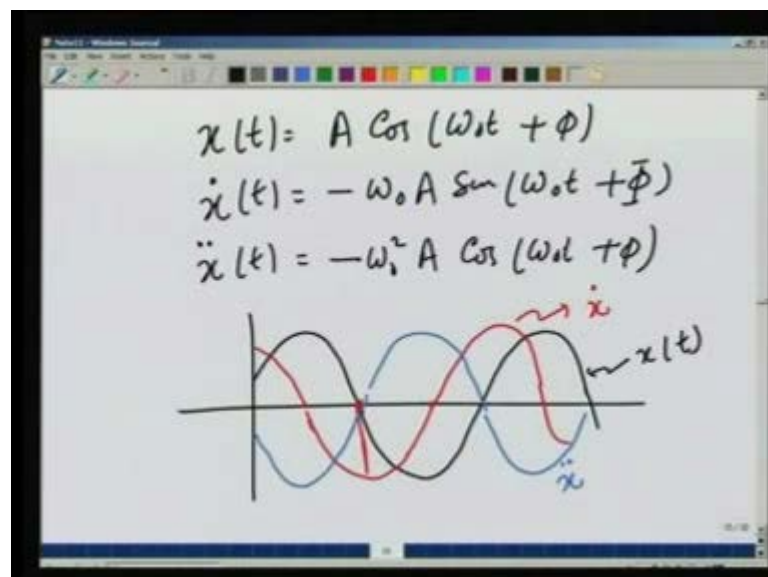
Where A is going to be in this case a square root of $C^2 + D^2$ and depending on whether I write it as cosine $\omega_0 t + \phi$ or sin $\omega_0 t + \phi$. The sin of ϕ is going to be C/A and cosine of ϕ equals D/A in the case, when I write this as sin of $\omega_0 t + \phi$. So, we have in the motion 2 constants A real A imaginary or C or D or A or ϕ and these are determined by the initial condition of the motion as we will see.

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Let us try to see how this motion looks. So, let me just write $x(t)$ is equal to $A \cos(\omega_0 t + \phi)$ how this motion looks. In general, this would look something like this. Where this maximum distance is going to be A , the time between this and this 2 equivalent point is going to be T is equal to 2π over ω_0 . And this initial displacement is $A \cos \phi$.

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How about the velocity of the particle? That is very simple since, I am given $x(t)$ is equal to $A \cos(\omega_0 t + \phi)$ the velocity \dot{x} is going to be $-\omega_0 A \sin(\omega_0 t + \phi)$

of $\omega_0 t + \phi$. How about the acceleration? $x''(t)$ is going to be $-\omega_0^2 A \cos(\omega_0 t + \phi)$. Let us plot them and see. So, as I said $x(t)$ in general would look something like this, $\dot{x}(t)$ let me plot it in a different colour; is going to be slope of this and it is going to look something like this.

This is $\dot{x}(t)$ you can see here the slope is positive; that means, the velocity is positive. At the maximum displacement the velocity becomes 0, as a spring mass system the mass goes to its maximum displacement it stops momentarily. Then it starts coming back with negative velocity again when it passes through the equilibrium point when the displacement is 0 its velocity is maximum it is going back with maximum speed. And then its speed starts slowing down reach a 0 again when it reaches the other extreme and so on.

The acceleration let me show that in a slightly different colour let us say blue is going to be negative of the displacement times ω_0^2 . So, that is going to look something like this, I am not shown the magnitudes I have just shown how in general the velocity and the acceleration are going to look black one; obviously, is the displacement.

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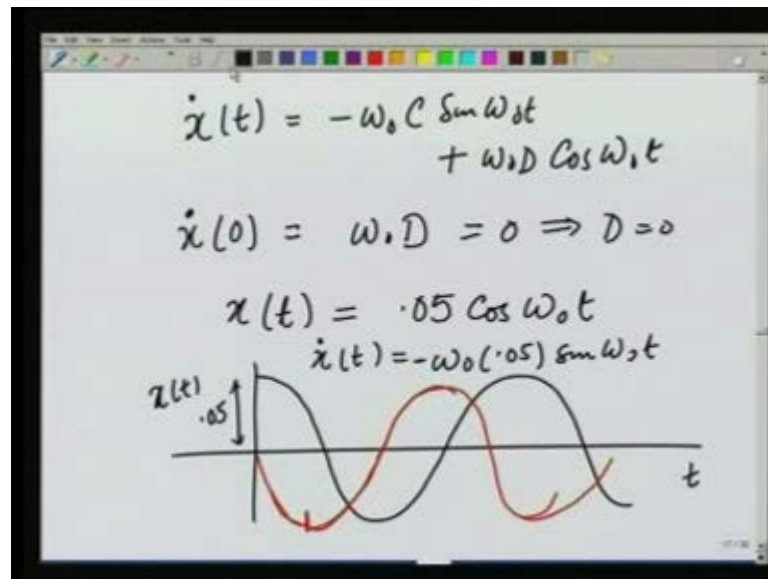
$m = 1 \text{ kg}$ $k = 16 \text{ N/m}$
 (1) 0.05 m
 $x(t) = C \cos \omega_0 t + D \sin \omega_0 t$
 $x(0) = 0.05 \text{ m}, \quad \dot{x}(0) = 0$
 $x(0) = 0.05 = C + D \times 0$
 $\Rightarrow \boxed{C = 0.05}$

As a first example of solving this equation, let us go back to our a spring mass system and let us take mass of the block to be 1 kilogram. Let us take k to be 16 Newton's per mete and let us first displace the mass by 0.05 meters; let us say to the right and leave it. Let us see what happens. So, in general the solution $x(t)$ is $C \cos(\omega_0 t + \phi)$

sin of $\omega_0 t$ and as I said earlier C and D are determined by the initial conditions. Initial conditions given are let x at time t equal to 0 is 0.05 meters.

And since, we have just realized it x dot at t equal to 0 0, when we substitute this condition I get x at 0 is equal to 0.05 should be equal to C plus D time 0 or I get C equals 0.05. We have determined 1 of the coefficients.

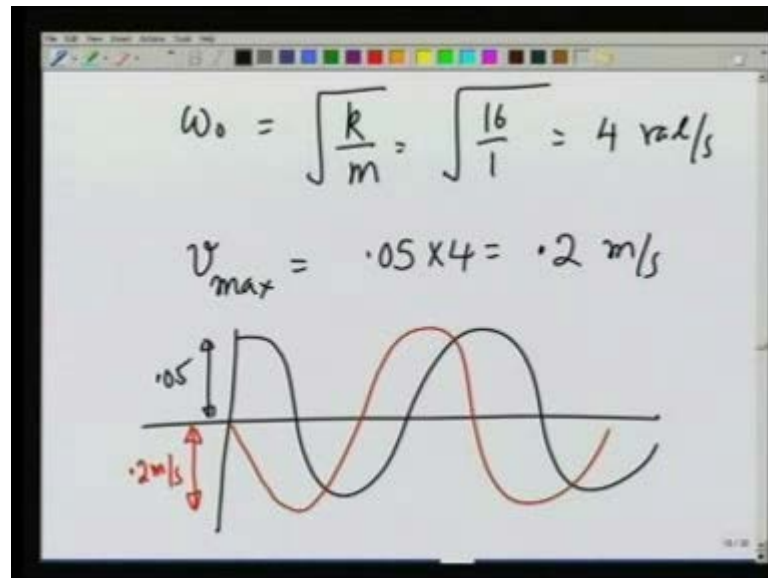
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For the second coefficient I take derivative of $x(t)$ which is going to be equal to minus $\omega_0 C \sin \omega_0 t$ plus $\omega_0 D \cos \omega_0 t$ and at t equal to 0, this quantity is $\omega_0 D$ and this is given to be 0 this implies D is 0. So, in this situation when we took the particle and took it to a maximum distance and left it the solution looks like $x(t)$ is equal to 0.05 cosine of $\omega_0 t$.

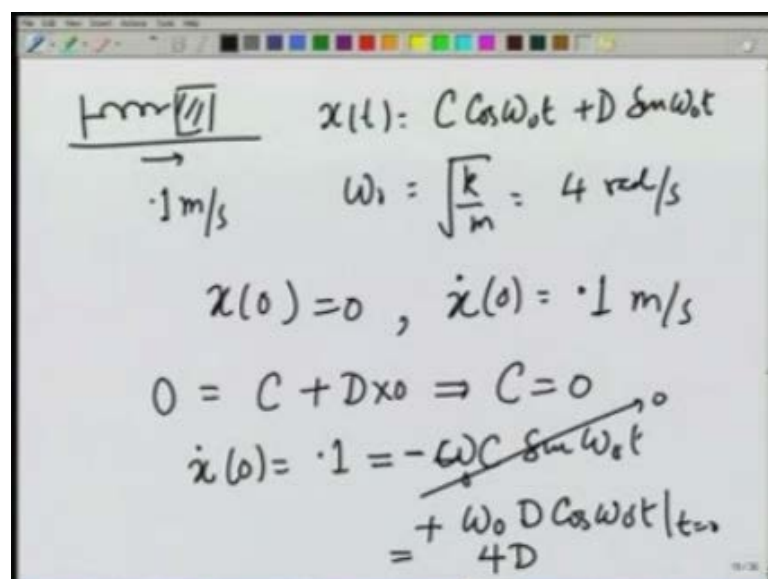
If, I plot it on $x(t)$ plot it will look something like this where this distance is point 0.05, if I were to plot the velocity of the particle. I will take the derivative and that would come out to be $\dot{x}(t)$ is equal to ω_0 times 0.05 sin $\omega_0 t$ with a minus sign here. And that would look like this, initially the particle is moving towards the left it has negative velocity the velocity reaches maximum and then it slows down and then goes to the other side.

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Here ω_0 is equal to square root of k over m which is 16 over 1 m equals 4 radians per second so that, the maximum speed which is 0.05 times 4 is point 2 meters per second. So, to see it again this is how $x(t)$ looks when plotted and this is how the velocity looks where this maximum; I have not drawn it to the scale is point 2 meters per second and this maximum is 0.05. Let us take a different set of initial conditions and see what answer do we get.

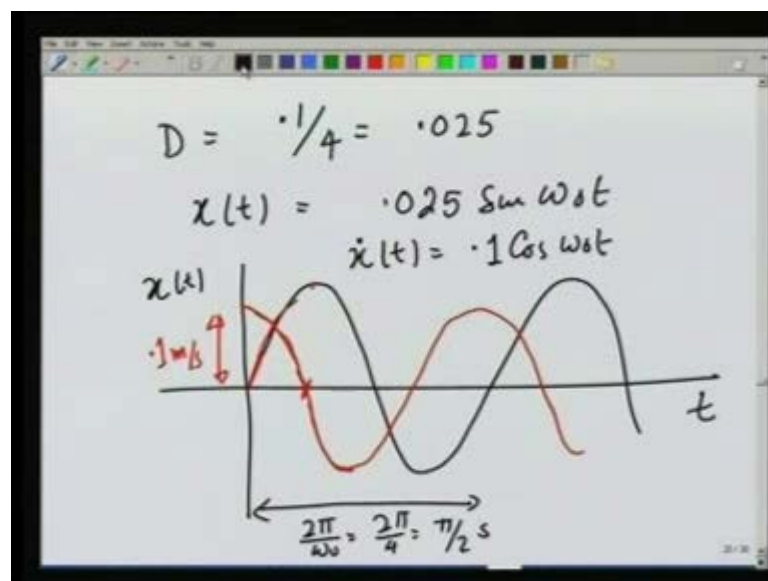
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Now, let me take the same system whose solution we have already determined is $x(t)$ is equal to $C \cos(\omega_0 t) + D \sin(\omega_0 t)$. Where ω_0 is equal to square root of k over m is equal to 4 radians per second. Let me take, a something with which I can hit the block and let me give it initial speed of point 1 meters per second to the right from the equilibrium so that, I have $x(0)$ is equal to 0 and $\dot{x}(0)$ is equal to point 1 meters per second. With this I will get $0 = C + D$ which gives me C is equal to $-D$.

So, this time C is $-D$ on the other hand $\dot{x}(0)$ is given to be point 1 meters per second and this would come out to be $\omega_0 C \sin(\omega_0 t) + \omega_0 D \cos(\omega_0 t)$ and this is already 0 because, we have seen C is $-D$ this is with the minus sign $D \cos(\omega_0 t)$. And this tells me that point 1 is equal to $\omega_0 D$ we have determined to be four D at t equal to zero.

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And therefore, D is equal to point 1 over four which is 0.25 in this case therefore, when I take the spring mass system and give it a initial velocity at the equilibrium point of point 1 meters per second. The solution comes out to be point 0.25 sin of $\omega_0 t$. When plotted against t the solution would look like this, where the time period that is this is t this is $x(t)$ the time from here to here is 2π over ω_0 which is 2π over 4 or π divided by 2 seconds.

The velocity in this case \dot{x} is going to be point 1 cosine of $\omega_0 t$ as you can see easily by differentiation and therefore, when I plot it will look something like this, with the maximum being point 1 meters per second at t equal to 0, which we solve with which we really hit the mass in the beginning. Again you can see initially the slope is positive and therefore, velocity is positive the slope is decreasing slowly. So, velocity keeps going down crosses 0 at the maximum displacement and then goes negative.

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Diagram: A mass on a spring is shown with an arrow pointing right labeled 0.025 m and an arrow pointing left labeled 0.05 m/s .

$$x(t) = C \cos \omega_0 t + D \sin \omega_0 t$$

$$\omega_0 = 4 \text{ rad/s}$$

$$x(0) = 0.025 = C$$

$$\dot{x}(t) \Big|_{t=0} = \omega_0 D = -0.05$$

$$D = \frac{-0.05}{4} = -0.0125$$

$$x(t) = 0.025 \cos \omega_0 t - 0.0125 \sin \omega_0 t$$

To get more familiar with such things, let me take a third example where I take the same system and displace it by some distance. Let us say 0.025 meters and give it a velocity initially in this direction negative direction of let us say 0.05 meters per second. Again, looking at the system, I have $x(t)$ is equal to $C \cos$ of $\omega_0 t$ plus $D \sin$ of $\omega_0 t$. Where ω_0 is given to be 4 radians per second I have x at 0 is equal to 0.025 and this is equal to C .

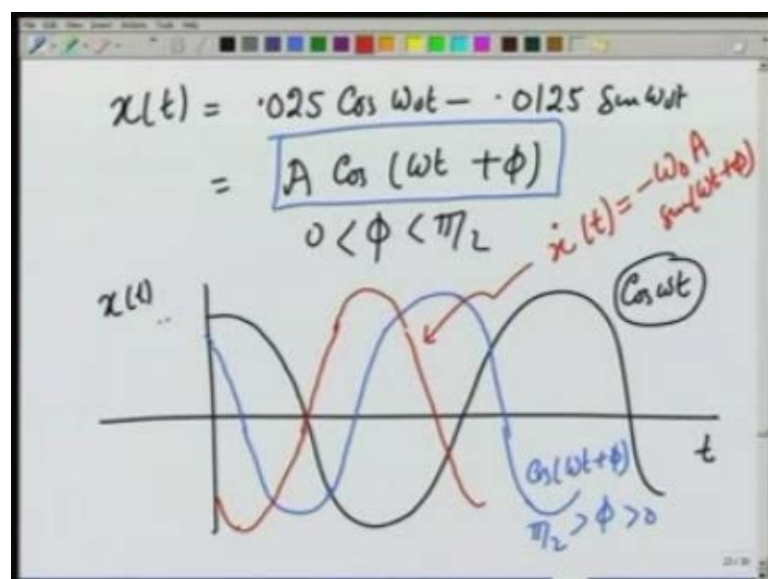
So, C is already determined \dot{x} at t equal to 0 is going to be $\omega_0 D$ and this is given to be minus 0.05. And therefore, D is equal to minus 0.05 over 4 which is minus 0.0125. And therefore, my solution $x(t)$ is going to be of the form $0.025 \cos$ of $\omega_0 t$ minus $0.0125 \sin$ of $\omega_0 t$ where ω_0 is 4.

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$$\begin{aligned}x(t) &= 0.025 \cos \omega_0 t - 0.0125 \sin \omega_0 t \\ &= A \cos (\omega_0 t + \phi) \\ A &= \sqrt{0.025^2 + 0.0125^2} \\ \sin \phi &= 0.0125 / A > 0 \\ \cos \phi &= 0.025 / A > 0 \\ \Rightarrow 0 < \phi < \pi/2\end{aligned}$$

Let us look at the solution. So, $x(t)$ is equal to $0.025 \cos$ of $\omega_0 t$ minus $0.0125 \sin$ of $\omega_0 t$. If I write it in the form, some amplitude cosine of $\omega_0 t$ plus ϕ you can see that A is going to be a square root of 0.025 plus 0.0125 square is square. And tangent of ϕ or better to write \sin of ϕ is going to be equal to 0.0125 divided by the amplitude. And cosine of ϕ is going to be equal to 0.025 divided by the amplitude; both are greater than 0 and this tells me whatever the value, the ϕ is between 0 and $\pi/2$.

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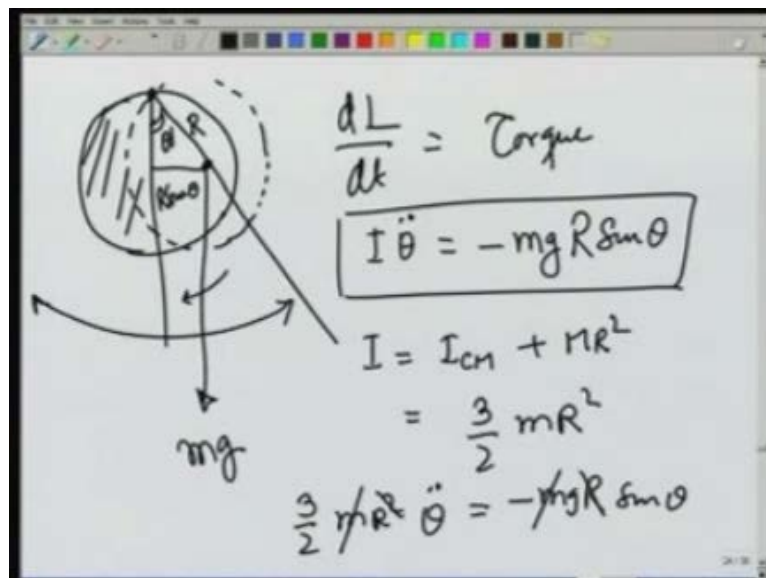


And therefore, if I plot this function $x(t)$ is equal to $0.025 \cos(\omega_0 t) - 0.0125 \sin(\omega_0 t)$ which we wrote as, some amplitude $\cos(\omega_0 t + \phi)$ with ϕ between 0 and $\pi/2$, it will look like I am plotting $x(t)$ versus t . At $t = 0$ the function has already achieved what it would have achieved little later if the function was pure $\cos(\omega_0 t)$. So, $\cos(\omega_0 t)$ looks like this, this is $\cos(\omega_0 t)$. The function that I have now is this it'll start somewhere from the back side and go like this.

This is $\cos(\omega_0 t + \phi)$ with ϕ greater than 0 , but less than $\pi/2$. You can see the velocity is going to be negative because the slope is negative here it starts from here and becomes maximum at the equilibrium point and starts going down goes to 0 becomes maximum at the equilibrium point and so, on This is $\dot{x}(t)$ which in this case is going to be $-\omega_0 A \sin(\omega_0 t + \phi)$.

So, this is how the motion is described if instead of pushing it in at $t = 0$ from same distance I push it out the phase would be slightly different and I leave that as an exercise for you.

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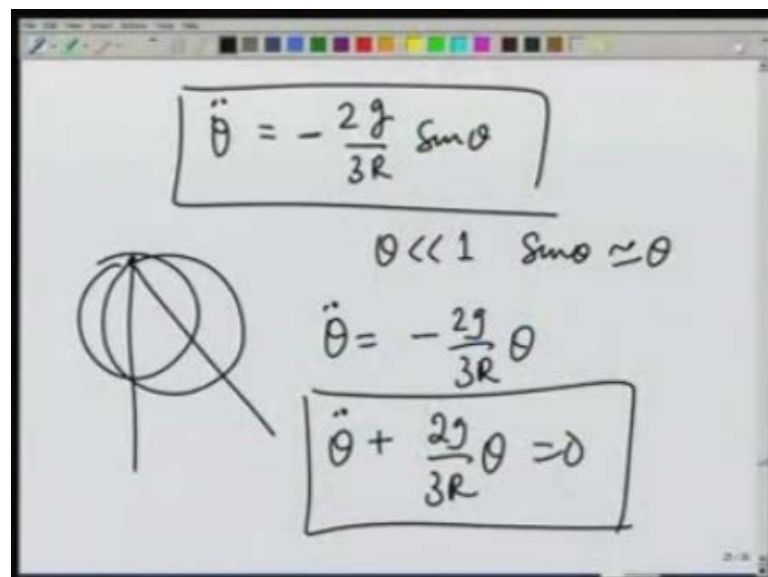
As a second example of simple harmonic motion let me now, take a disc and pivot it at a point here so that, it can oscillate about that point like this. Let this be 1 of the diameters. So, its diameter goes back and forth and I want to know what the frequency of oscillation is. As we have already learnt in rigid body dynamics that, whenever the forces and masses are distributed we use the angular momentum. So, in this case also since the disc

is has distributed mass the force at each point we use angular momentum concept and therefore, the dynamics is described as $L \frac{dL}{dt}$ is equal to the torque.

In this case, a torque is going to be due to its weight mg which will be at distance if the radius is R ; $R \sin \theta$ if this angle is θ . And this is going to be opposite to the displacement and therefore, I can write $I \ddot{\theta}$ is equal to minus $mg R \sin \theta$ that is the equation of motion governing the motion of this disc when displaced from its equilibrium position. Now, I about the pivot is going to be I_{cm} plus MR^2 and which is going to be equal to three by two MR^2 .

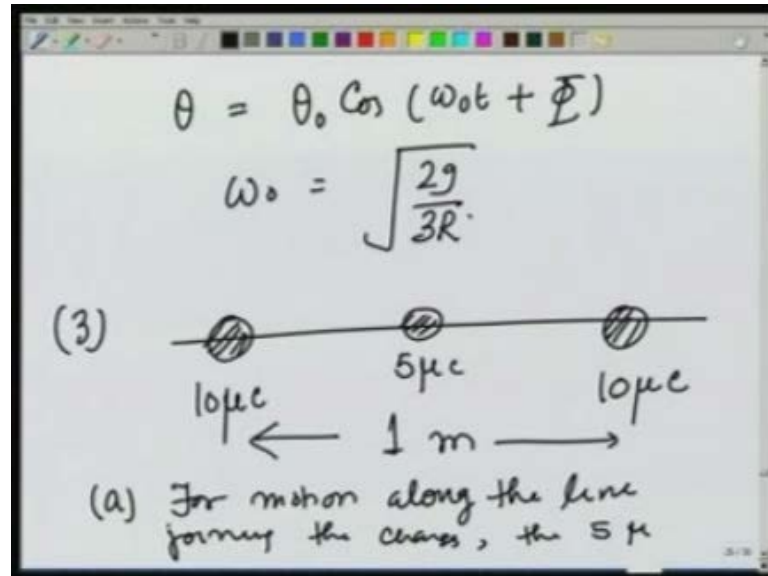
Therefore, the equation of motion is going to be three over two $MR^2 \ddot{\theta}$ is equal to minus $mg R \sin \theta$ m cancels 1 of the R cancels.

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Therefore, the equation of motion that I have is $\ddot{\theta}$ is equal to $-\frac{2g}{3R} \sin \theta$. We are considering this disc which is being displaced from its equilibrium position like this. For θ less than one so that, I can approximate $\sin \theta$ roughly as θ the equation of motion becomes $\ddot{\theta} = -\frac{2g}{3R} \theta$ or $\ddot{\theta} + \frac{2g}{3R} \theta = 0$. This is in the same form as the simple harmonic motion equation.

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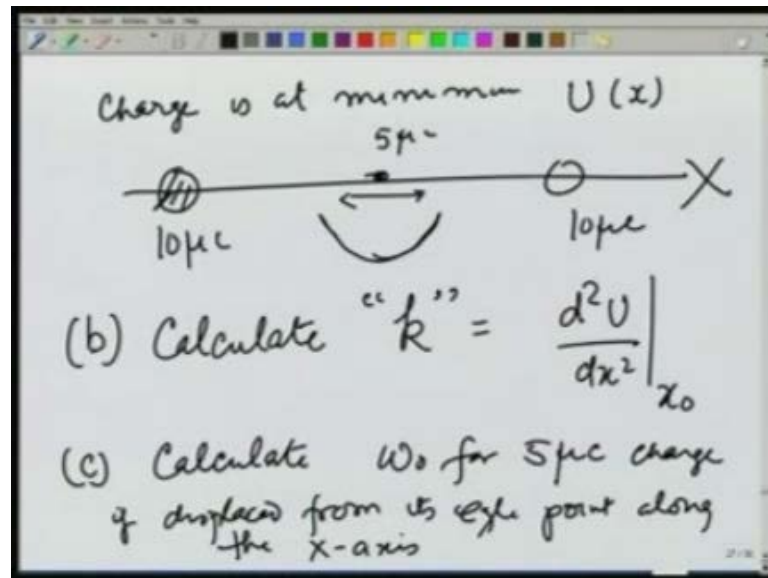


The image shows a whiteboard with handwritten mathematical equations and a diagram. At the top, the equation $\theta = \theta_0 \cos(\omega_0 t + \phi)$ is written. Below it, the angular frequency is given as $\omega_0 = \sqrt{\frac{2g}{3R}}$. The diagram, labeled (3), shows a horizontal line with three circles representing charges. The left and right circles are labeled $10\mu\text{C}$ and the middle circle is labeled $5\mu\text{C}$. A double-headed arrow below the line indicates a distance of 1 m between the two outer charges. Below the diagram, part (a) of a question is written: "(a) For motion along the line joining the charges, the $5\mu\text{C}$ ".

Therefore, theta is going to oscillate like theta is equal to some amplitude theta 0 cosine of omega 0 t plus phi where phi and theta 0 depend on the initial conditions; where omega 0 is going to be square root of 2 g over 3 R. So, this is another example that tells you how we see simple harmonic motion in everyday life.

As a third example of showing that around in equilibrium point the motion is really simple harmonic I take 2 charges of ten micro Coulomb each separated by a distance of 1 meter. And I take a third charge of five micro Coulomb put right in the middle right in the middle electric field is 0 and therefore, it is an equilibrium point. I want you show number 1 for motion along the line joining the charges.

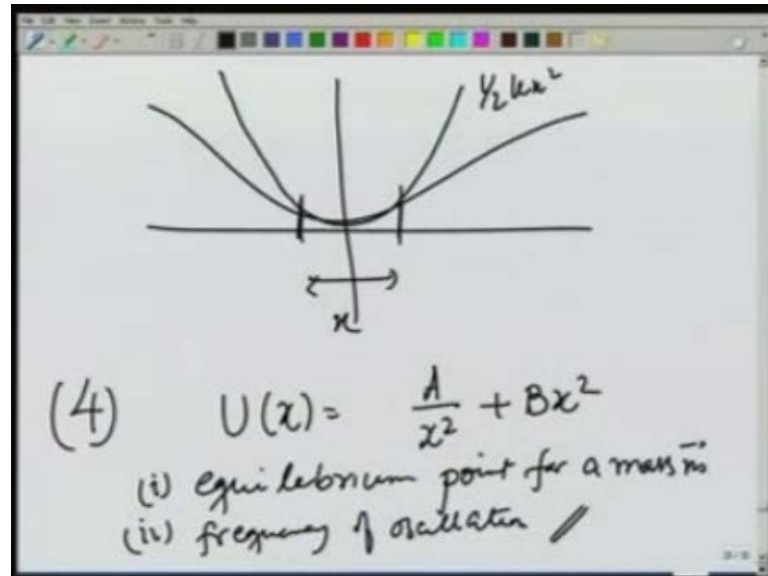
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The 5 micro Coulomb charge is at minimum U_x . So, what I am asking to do is take these 2 charges 10 micro Coulombs each put a 5 micro Coulomb charge in the middle keep them fixed these are fixed. And consider the motion of this 5 micro Coulomb charge about this equilibrium point I want you show as I move about this the energy goes up potential energy goes up.

As long as I confine the motion along this line, number 2 calculate the spring constant K which we have already decided is $d^2 U$ over dx square at the equilibrium point. And therefore, see calculate the oscillation frequency ω_0 for 5 micro Coulomb charge if displaced, from its equilibrium point along let us call this the X axis the X axis.

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What you can also do is, calculate this potential exactly. It may look something like this and see how the approximate potential that you are writing as $\frac{1}{2}kx^2$ looks like in comparison to the real potential. Also up to what range of x is this approximation good and up to what range you can describe the motion about the equilibrium point as the simple harmonic motion.

As the fourth example, I would like you to consider a potential of the form $\frac{A}{x^2} + Bx^2$ and calculate the equilibrium point for a mass m and B . Calculate the frequency of oscillation when you displace this mass from the equilibrium point. You can, of course, go ahead and see how good the approximation of $\frac{1}{2}kx^2$ is in this potential and for what range of displacement is this approximation good.

So, these are the exercises I would like you to do before we proceed and go further.

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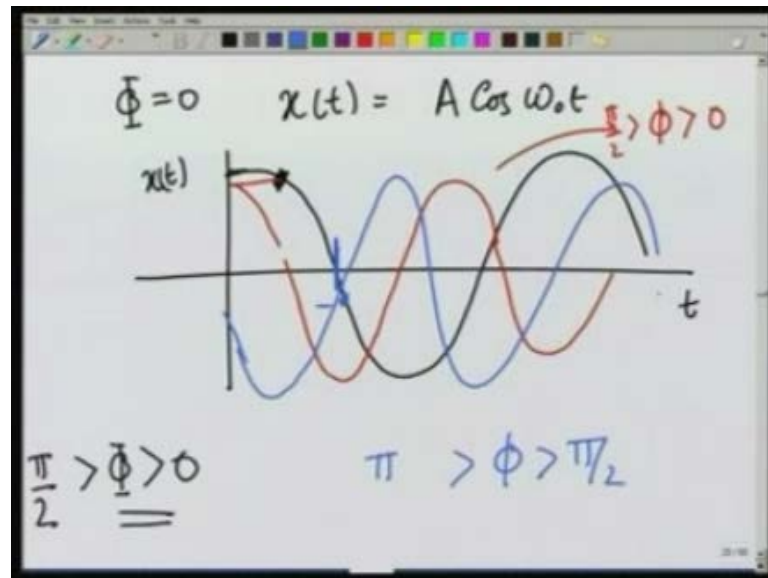
$$\begin{aligned}x(t) &= A \cos(\omega_0 t + \phi) \\ \dot{x}(t) &= -\omega_0 A \sin(\omega_0 t + \phi) \\ \ddot{x}(t) &= -\omega_0^2 x(t) \\ &= -\omega_0^2 A \cos(\omega_0 t + \phi)\end{aligned}$$

$(\omega_0 t + \phi) = \text{Phase}$
 $\Phi = \text{Phase constant}$

So, we have looked at how the motion of a particle moving in a potential of half kx square form looks like. It looks like something like cosine $\omega_0 t$ plus ϕ the corresponding velocity is minus $\omega_0 A$ sin $\omega_0 t$ plus ϕ . And the acceleration is exactly in the opposite direction of the displacement minus ω_0 naught square $x(t)$ which is minus ω_0 naught square A cosine of $\omega_0 t$ plus ϕ .

Let me now, focus a bit on this quantity $\omega_0 t$ plus ϕ which is known as the phase of the oscillation. You can see that the motion finally, or the constants of motion A and ϕ depend on the initial conditions. So, ϕ is known as phase constant and depending on the phase constant the motion is different with respect to t .

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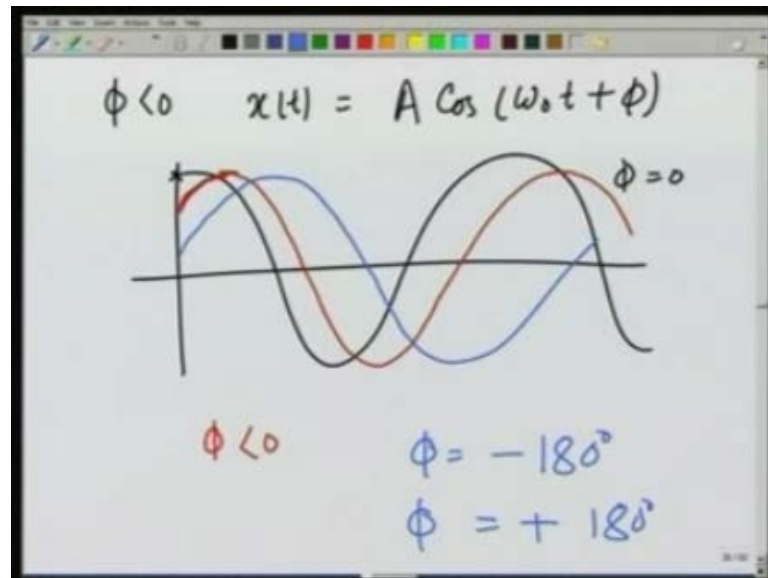


For example, let us take the case of ϕ is equal to 0 in that case $x(t)$ would look like $A \cos(\omega_0 t)$. And if plotted against t the motion looks like this $x(t)$ goes back and forth starts from the maximum goes down to equilibrium point and oscillates back and forth. What happens in the case when ϕ is greater than 0 a ϕ is greater than 0 and let us first take the case of it being less than $\pi/2$.

In that case, the motion starts at t equal to 0 such that it would have already achieved a phase that it had at little later time in the case of ϕ being 0. And in that case therefore, the motion starts something like from this point like this; this is a case of ϕ being greater than zero, but less than $\pi/2$. What about the case now when ϕ is greater than 0 just write it with blue or greater than $\pi/2$ and less than π . In that case also, the motion would start at t equal to 0 as if with the displacement that it would have achieved at a later time.

But, for phase greater than $\pi/2$ this is phase greater than $\pi/2$ so, motion starts somewhere here. So, in that case the motion would look something like this you can see in the initial phase how the motion depends.

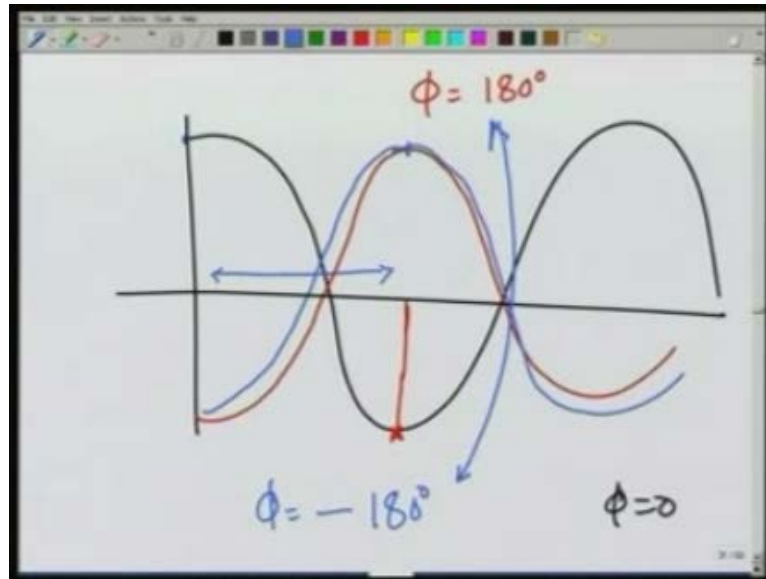
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Let us look at the case where ϕ is less than zero. So, the $x(t)$ which is equal to $A \cos(\omega_0 t + \phi)$ would be such that if I were to take the case of ϕ is equal to 0. The motion would catch up it will achieve the phase which it had at 0 at a slightly later time. So, let us plot the case of ϕ less than 0 it would look something like this. So, the motion is such that, it is achieving the phase which it had at 0 time in this case ϕ equal to 0 case slightly later.

If I keep increasing the phase let us take it with blue this would be something like this and so on. What about if I keep decreasing the phase and go to the limit of ϕ is equal to minus 180 degrees how would the motion look and how does that compare with the motion ϕ equal to plus 180 degrees.

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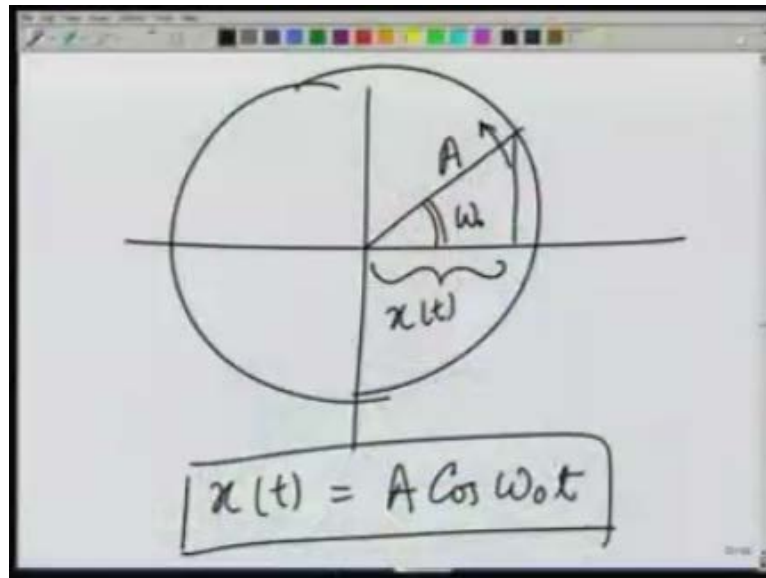
Let us see these 2 extreme cases. This is phi equal to 0 let us take the case of phi equals 180 degrees. Phi equals 180 degrees would be such that it would achieve at 0 what the 0 phase had at 180 degree. So, the motion would look something like this. What about the case of phi minus 180 degrees? It would catch up with the phase at 0 with 180 degree; a catch up with the phase at 0 at a time which is given by this distance. So, therefore, this would shift here. So, minus 180 degrees also would look something like this. So, you see the phase is 180 degrees and minus 180 degrees mean 1 and the same thing.

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$0^\circ < \phi < 180^\circ$
PHASOR - (VECTOR)
DIAGRAM
 $x(t) = A \cos(\omega t + \phi)$

Therefore, in describing the motion it is best to keep phi limited between 0 degrees and 180 degrees. Now, let us look at a nice geometric way of looking at the oscillatory motion and this is based on the fact that when I write $x(t)$ is equal to $A \cos(\omega_0 t + \phi)$.

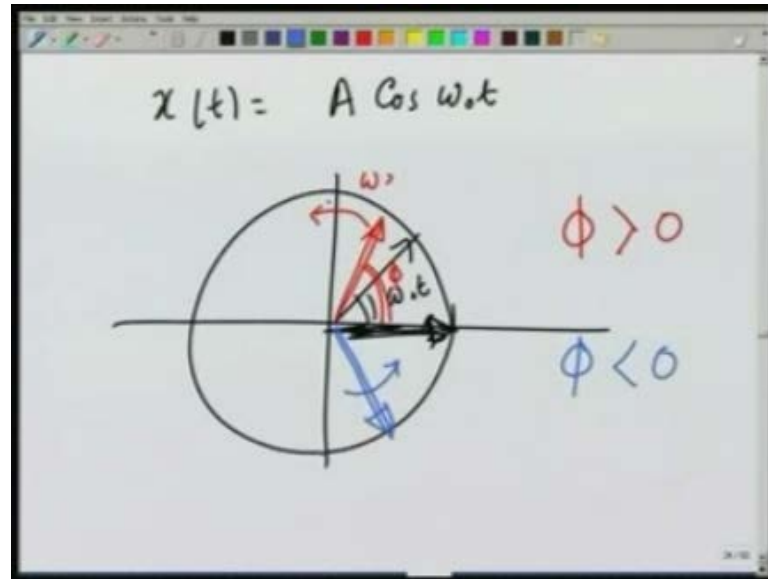
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What I am really doing is, representing the x component of a radius equal to A which is rotating in this direction at speed ω_0 . I am taking its x component and this x component is really describing the motion $x(t)$ is equal to $A \cos(\omega_0 t)$.

So, Phasor diagram is a way of looking at this motion and it becomes particularly useful when 2 or three motions are superimposed on each other. But right now let us look at the Phasor diagram for 1 motion only.

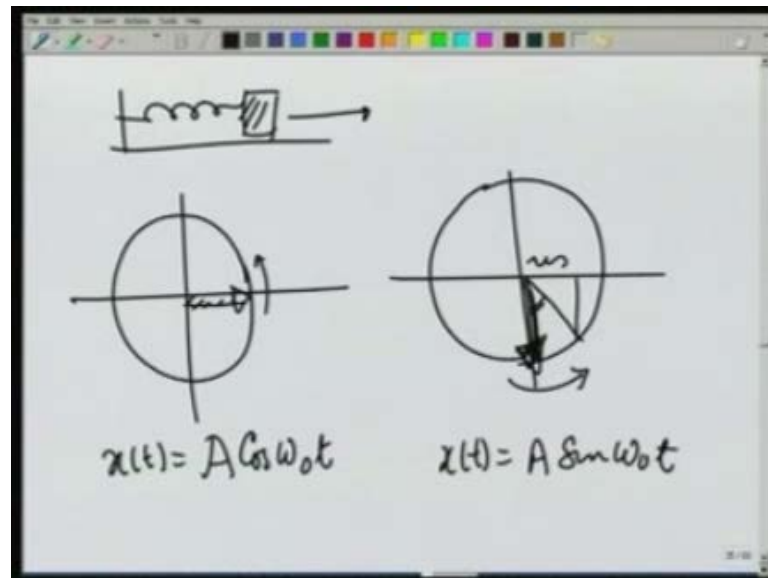
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So, if I have $x(t)$ is equal to $A \cos \omega_0 t$, the initial position of the vector would be given like this and it would be rotating counter clockwise with a speed ω_0 ; ω_0 so there in time t covers a distance of $\omega_0 t$. On the other hand if I had ϕ greater than 0 then it would start with an initial position which is given by ϕ and then would be rotating with speed ω_0

Third possibility is ϕ less than 0 and then it would be starting from here and would be rotating like this, its projection on the x axis would give me the displacement as a function of time. As I said earlier I can choose to be choose the phase to be either between 0 and 1 eighty degrees or between minus 90 and 90 its 1 and the same thing.

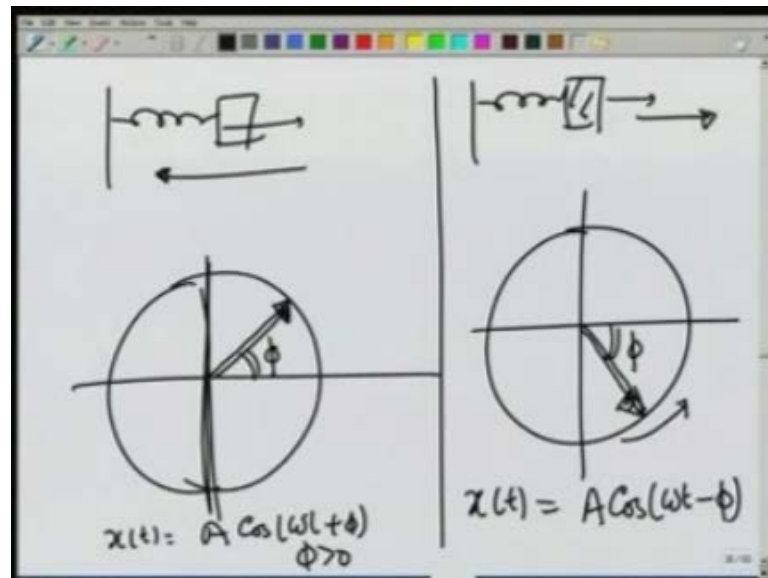
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Let us then look at the earlier example of the spring mass system where we had four initial situations which we have different one was that we stretch the spring to a maximum and let go. In that case, the motion would be represented on the Phasor diagram with Phasor starting from here and going around like this.

The second situation was when we had given an initial positive velocity to the mass to the right; so that, in that case Phasor would be here and it would be rotating like this. You can see in this case $x(t)$ would look like the amplitude which is a radius of the Phasor cosine of $\omega_0 t$. In this case you can see $x(t)$ would look like because after time t it'll be here. So, this projection would be $\sin \omega_0 t A \sin \omega_0 t$.

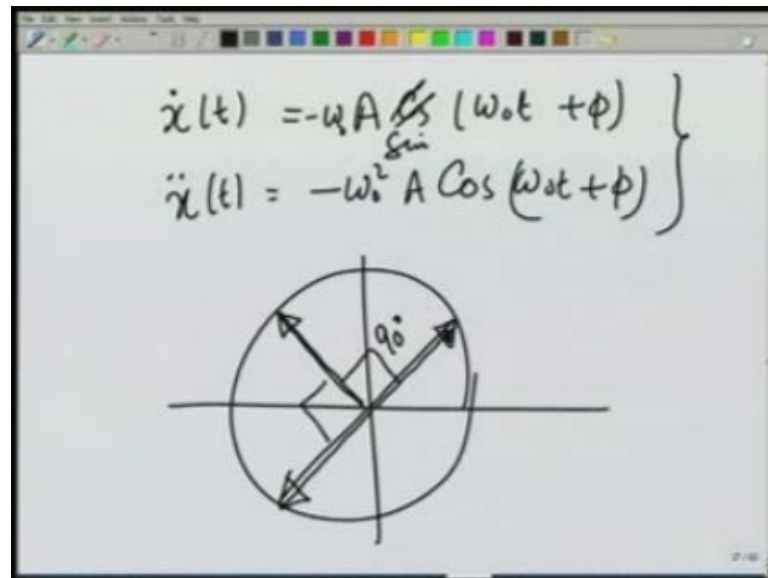
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What about the case, in which we pulled it to a distance and then gave it a velocity going this way. So, the particle was displaced positively it if the Phasor type has to be on the right hand side of this line and it was moving in the negative direction. So, the Phasor would be somewhere here with this angle being phi. You can see, that $x(t)$ is going to be $A \cos$ of ωt plus phi with phi being greater than 0.

On the other hand, if we took this is spring mass system stretch it a bit and then gave it a velocity in the right, a particle is moving to the right and it is right displaced in the right direction it'll be somewhere here and would be moving like this. $x(t)$ would be $A \cos$ of ωt minus phi with this angle being phi. So, this is the way of representing the displacement in Phasor or vector way.

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The image shows a whiteboard with handwritten equations and a phasor diagram. The equations are:

$$\left. \begin{aligned} \dot{x}(t) &= -\omega A \sin(\omega_0 t + \phi) \\ \ddot{x}(t) &= -\omega_0^2 A \cos(\omega_0 t + \phi) \end{aligned} \right\}$$

Below the equations is a phasor diagram. It consists of a circle centered at the origin of a Cartesian coordinate system. A horizontal axis and a vertical axis are shown. A phasor vector is drawn from the origin to the circle, pointing into the first quadrant. A second vector is drawn from the origin, perpendicular to the first, pointing into the second quadrant. A right-angle symbol is shown at the origin between these two vectors. A third vector is drawn from the origin, pointing into the third quadrant, perpendicular to the second vector. A right-angle symbol is also shown at the origin between the second and third vectors. The angle between the first and second vectors is labeled as 90 degrees.

Since $\dot{x}(t)$ is given as minus $\omega A \sin(\omega_0 t + \phi)$ and $\ddot{x}(t)$ is given as minus $\omega_0^2 A \cos(\omega_0 t + \phi)$. This should be sin if I represent the displacement velocity and the acceleration on the Phasor diagram. If the displacement at any given time is like this, we can easily see that the velocity Phasor would be pointing in this direction at 90 degrees to the displacement.

And similarly, acceleration be pointing in the direction opposite to the displacement 90 degrees this way. You can work it out yourself and see its satisfies all the conditions or all the directions and magnitudes everything correctly with this representation.

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Energy of a harmonic oscillator

$$E = \frac{1}{2} m \dot{x}^2 + \frac{1}{2} k x^2$$
$$= \frac{1}{2} m \omega_0^2 A^2 \sin^2(\omega_0 t + \phi)$$
$$+ \frac{1}{2} k A^2 \cos^2(\omega_0 t + \phi)$$
$$\omega_0^2 = k/m$$

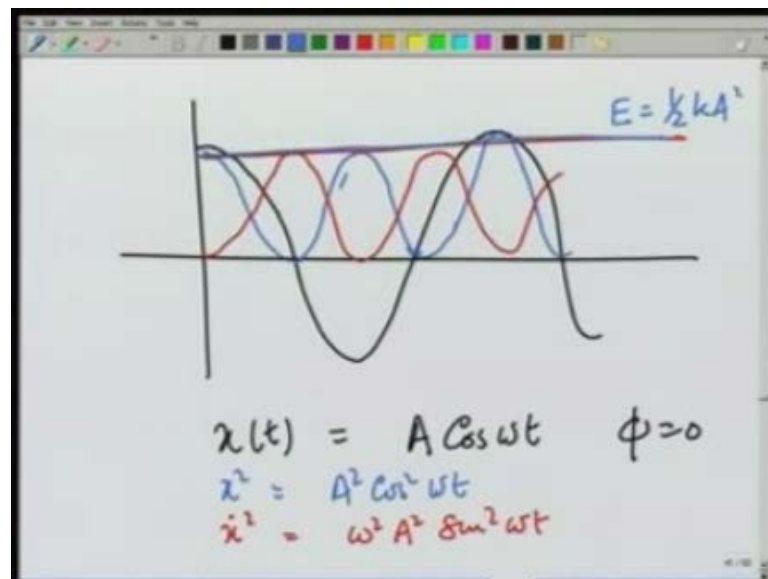
Finally to sum up this introduction to harmonic oscillator let me talk about energy in a harmonic oscillator. Energy for any system is given as 1 half $m \dot{x}^2$ which is the kinetic energy plus 1 half kx^2 which is the potential energy which in this case would become 1 half $m \omega_0^2 A^2 \sin^2(\omega_0 t + \phi)$ plus 1 half $k A^2 \cos^2(\omega_0 t + \phi)$. However, ω_0^2 is equal to k over m .

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$$E = \frac{1}{2} k A^2 \left[\sin^2(\omega_0 t + \phi) + \cos^2(\omega_0 t + \phi) \right]$$
$$\boxed{E = \frac{1}{2} k A^2}$$

Therefore, when I added up and substitute and added up I get e is equal to $\frac{1}{2} k A^2 \sin^2 \omega t + \frac{1}{2} k A^2 \cos^2 \omega t$ which is, $\frac{1}{2} k A^2$. So, the total energy of the system at any given time is going to be equal to $\frac{1}{2} k A^2$, which is sensible. If I displace the mass to its maximum displacement, then the velocity is 0 and therefore all the energies; potential energy which is equal to $\frac{1}{2} k A^2$.

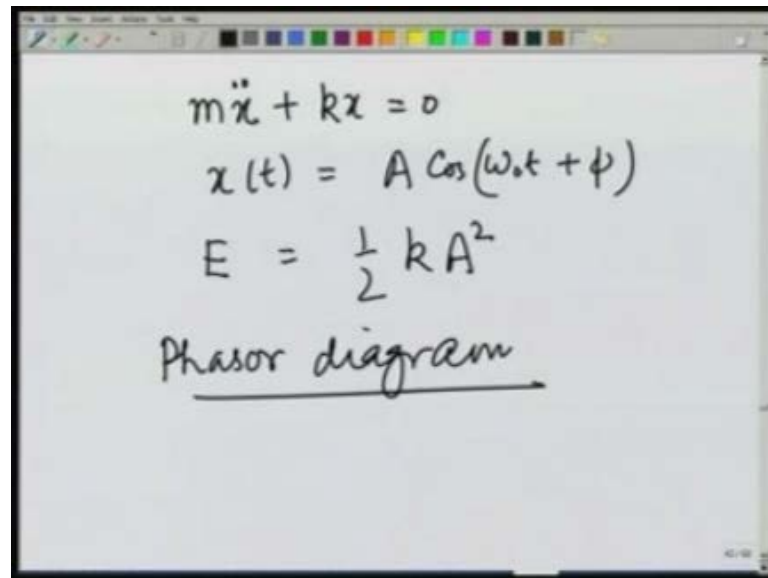
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Let us see it graphically. If I were to plot x vs t , let us take the case of a simple motion where ϕ is taken to be 0 then x vs t would look like this. If I square it let me show the square with blue x^2 would be $A^2 \cos^2 \omega t$ which is all positive it'll start from here go down go like this and so on. Notice, that here it is less than the displacement curve the square of 1 is a square of less than quantity less than 1 is less than 1.

Similarly, \dot{x} let me show this with red square would look like $\omega^2 A^2 \sin^2 \omega t$. So, that curve would look something like this and when I add the 2 up the sum would be a constant. Let me show it with red and blue together and that is a total energy; $\frac{1}{2} k A^2$. So, let me now sum up this introductory lecture on harmonic oscillator.

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A whiteboard with a black border and a toolbar at the top. It contains four lines of handwritten text in black ink. The first line is the differential equation $m\ddot{x} + kx = 0$. The second line is the displacement equation $x(t) = A \cos(\omega_0 t + \phi)$. The third line is the energy equation $E = \frac{1}{2} k A^2$. The fourth line is the text "Phasor diagram" with a horizontal arrow pointing to the right underneath it.
$$m\ddot{x} + kx = 0$$
$$x(t) = A \cos(\omega_0 t + \phi)$$
$$E = \frac{1}{2} k A^2$$

Phasor diagram →

In general, about stable equilibrium point I would have for small displacement about that point an equation of motion like this. So, the motion is simple harmonic which is given like cosine omega naught t plus phi the particle goes back and forth. Or the system which has this energy this kind of motion goes back and forth about an equilibrium point. The energy of the system is 1 half k A square and motion can be described by a Phasor diagram which we will be using later in our analysis.