

Introduction of Mechanical Vibration
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Lecture - 15
Energy input and dissipation by viscous damping

Welcome to the lecture on input energy and dissipation of the energy due to viscous damping in a single degree of freedom post vibration system. So we know that in a spring mass damper system, we have these three elements. When we apply force on this system, we give the energy input in the system. If we do not apply the force and we disturb the system due to the damping, the vibration will be damped out it will, the system will come to rest.

It means that to maintain its motion we need to apply, provide the energy through application of the external force, because in each cycle there is the dissipation of the energy in the damper, because damper is the element that dissipates the energy. So today we have to discuss that how much energy is given to a single degree of freedom system, there is some harmonic force applied to the system like $f = f_0 \sin \omega t$.

So if this force is applied on the system, how much energy per cycle is going into the system, and then we will try to find out that how much energy is being dissipated in the system, mainly due to the damper element. So let us discuss this

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Diagram of a single degree of freedom system with mass m , spring k , and damper c . An external force $F = F_0 \sin \omega t$ is applied to the mass.

Assumed steady-state response:

$$x = X \sin(\omega t - \phi)$$

$$\dot{x} = \omega X \cos(\omega t - \phi)$$

Energy input to the system per cycle:

$$dW = F dx = F \frac{dx}{dt} dt = F \dot{x} dt$$

$$E = W = \int_0^{2\pi/\omega} F \dot{x} dt = \int_0^{2\pi/\omega} F_0 \sin \omega t \cdot \omega X \cos(\omega t - \phi) dt$$

$$= F_0 \omega X \int_0^{2\pi/\omega} \sin \omega t \cos(\omega t - \phi) dt$$

$$= \frac{F_0 \omega X}{2} \int_0^{2\pi/\omega} [\sin(2\omega t - \phi) + \sin(\phi)] dt$$

$$= \frac{F_0 \omega X}{2} \left[\frac{\cos(2\omega t - \phi)}{2\omega} + \sin \phi \cdot t \right]_0^{2\pi/\omega}$$

$$= \frac{F_0 \omega X}{2} \left[\left(\frac{\cos \phi}{2\omega} - \frac{\cos \phi}{2\omega} \right) + \sin \phi \cdot \frac{2\pi}{\omega} \right]$$

Using the identity $2 \sin A \cos B = \sin(A+B) + \sin(A-B)$:

$$E_{\text{cycle}} = \pi F_0 X \sin \phi$$

So we take a single degree of freedom system we have this system and this system is subjected to some force $F_0 \sin \omega t$. So it is harmonic force the system is subjected, so we have $F = F_0 \sin \omega t$. Now we know that due to the effect of this force, the response of the system will be also harmonic, but with some phase lag ϕ . We are talking here about the STD state response so here $x = X \sin \omega t - \phi$, so this is x .

Now if you want to know the energy input to the system per cycle. So what is the energy? Energy is nothing but the work that this force will do to move certain displacement of the system. So if we say let the elementary energy $dw =$ it is F into dx . So if you want to know the energy input per cycle, here we can write F into dx by dt into dt . So that is nothing but F into \dot{x} into dt , here if you want to know energy.

That is the work done for one cycle we say zero to 2π upon ω , because zero to time period and time period is 2π by ω and dw , so $=$ zero to 2π by ω F into \dot{x} into dt . So here we can write, $F = F_0 \sin \omega t$ and \dot{x} , \dot{x} we can find from here, \dot{x} it is $\omega X \cos \omega t - \phi$ we differentiate x with respect to time t . So $\dot{x} = \omega X \cos \omega t - \phi$.

We can write it $\omega X \cos \omega t - \phi$ into dt and this is zero to 2π by ω . So here we can write F_0 into ωX zero to 2π by ω $\sin \omega t$ into $\cos \omega t - \phi$ dt . So now we have to solve this integral and we know this formula that $2 \sin a \cos b = \sin a + b + \sin a - b$. So this is the formula that we can apply here, so we can write $F_0 \omega X$ by 2.

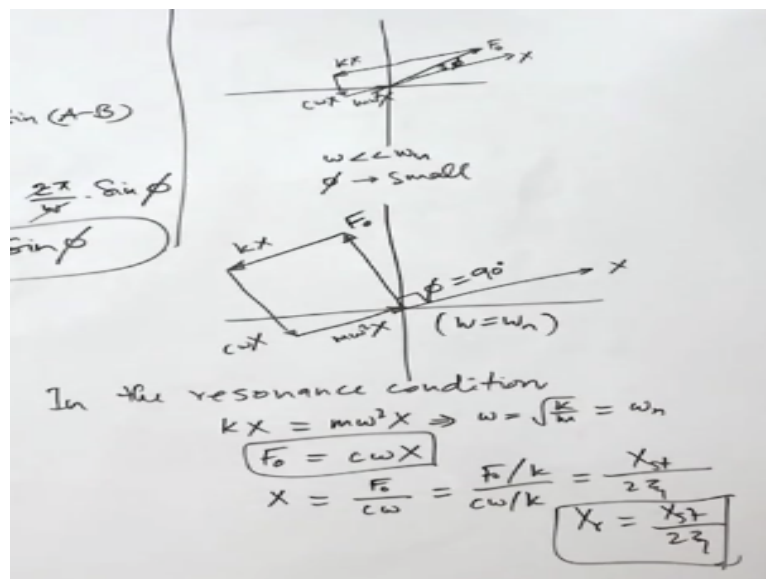
When we divide 2 multiply 2, this $2 \sin a \cos b$, we can write $\sin a + b$, it is $2\omega t$, $\omega t + \omega t - \phi$, $2\omega t - \phi + \sin a - b$, so $\omega t - \omega t + \phi$, so it is $\sin \phi$ into dt . So this we can do $F_0 \omega X$ by 2, here $\sin \theta$, we have $\cos 2\omega t - \phi$ and we are integrating, so we will have upon 2ω and this limits zero to 2π by $\omega + \sin \phi$.

So this will have $\sin \phi$ into t and this will have the limit zero to 2π by ω . So $F_0 \omega X$ by 3 into, here we have, when we will have 2π by ω , it will be $4\pi \cos 4\pi - \phi$. So $\cos 4\pi - \phi$ will be $\cos \phi$ -, when we have $t =$ zero it is $\cos - \phi$, so $\cos - \phi$ is

again $\cos \phi$ upon 2ω + here $\sin \phi$ into 2π by ω^2 - zero. Now this is, this term will be zero, this is zero.

So we will have energy input per cycle = $F_0 \omega \times$ by two into 2π by ω into $\sin \phi$. So we will have ω cancel out 2 here cancel out, we will get $\pi F_0 \times \sin \phi$. So this is the energy input per cycle in a system, single degree of freedom system that is subjected to some harmonic force.

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Now we take some cases here, if we remember the vector diagram that we made for the forced harmonic vibration of a single degree of freedom system. So we have this vector diagram, here this is x and this was F_0 , then this is kx , this is $c\omega x$ and this is $m\omega^2 x$ and this is ϕ . So if we see while ω is much less than ω_n , the ϕ is very small and in this case, so ω is very less.

The energy of force $m\omega^2 x$ is the energy of force. That will be negligible or very, very small even this force will be small. So mainly the applied force is mainly balancing the spring force, however when we come to the resonance condition in the resonance condition when $\omega = \omega_n$. So let us take the resonance condition, so this is x , now in case of resonance, as we remember the phase angle is 90 degree means the angle ϕ that is between x and F is 90 degree.

So this is x and here this is F_0 and this angle $\phi = 90^\circ$. Then this is spring force kx , this is damping force $c\omega x$ and this is the energy of force, that is $m\omega^2 x$. So

here $\phi = 90$, so in the resonance condition we see that spring force $kx = m \omega^2 x$. So this makes that $\omega = \sqrt{k/m}$ and that is nothing but ω_n . This is what is the resonance condition, that is $\omega = \omega_n$, that is satisfied.

Again the $F_0 = c \omega x$ means the applied force is balanced by the damping force. And so the $x = F_0 / (c \omega)$, and we can write F_0 by $k x_{static}$ by k and that is nothing but F_0 / k is the static zero frequency deflection and $c \omega$ by k it is $2 \zeta \omega_n$, ζ is ω by ω_n and that is 1 for the $\omega = \omega_n$. So the resonance amplitude is inversely proportional to the damping.

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$F = F_0 \sin \omega t$
 $x = X \sin(\omega t - \phi)$
 $\dot{x} = \omega X \cos(\omega t - \phi)$

Energy Dissipated per cycle
 $= \pi (c \omega X) X \cdot \sin(-90^\circ)$
 $= -\pi c \omega X^2$

Energy dissipated by viscous damping in one cycle
 $ED/cycle = \pi c \omega X^2$

Energy Input at resonance = $\pi F_0 X$

$2 \sin A \cos B = \sin(A+B) + \sin(A-B)$
 $E1/cycle = \frac{F_0 \omega X}{2} \cdot \frac{2\pi}{\omega} \cdot \sin \phi$
 $E1/cycle = \pi F_0 X \sin \phi$

In the graph, Energy Input $\propto F_0 X$ is a straight line, and Energy dissipated $\propto c \omega X^2$ is a parabola.

So the energy dissipated per cycle, so of course this is energy dissipated by the damping force, $c \omega x$. So if in this formula we put, here in spite of F_0 I put $c \omega x$, so I can put π and $c \omega x$, because this is the damping force, I want to know the energy dissipated by the damping force. So in spite of F_0 I put $c \omega x$ into x into $\sin \phi$. So $\sin \phi$ is -90 degree, because $c \omega x$ makes -90 degree angle from the x , so it is -90 degree.

So this is $-\pi c \omega x^2$, because $\sin 90$ is one and $-$ is here. So it only shows that energy is dissipated. So energy dissipated by viscous damping in one cycle $= \pi c \omega x^2$ square. Now energy input at resonance $=$, if we put $\phi = 90$, so it will be $\pi F_0 x$. Now if we make a plot of the energy or work done and here, so if we have x here, so one line like this is energy input, that is $\pi F_0 x$ so it is a straight line.

While the energy dissipated, here it is per cycle, that is parabolic, so it is like this, so it is, this is $\pi c \omega x^2$, so energy dissipated, this is energy dissipated. So here we see that, of course energy input is greater than the energy dissipated, because not all the energy is getting dissipated some energy is used by the system for its vibration and there is the conversion of the kinetic energy and potential energy interchange, inter-conversion between potential energy of the spring and the kinetic energy of the mass.

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NUMERICAL EXAMPLE

- Determine the power required to vibrate a spring-mass-dashpot system with an amplitude of 1.5 cm and at a frequency of 100 Hz. The system has a damping factor of 0.05 and a damped natural frequency of 22 Hz as found out from the vibration record. The mass of the system is 0.5 kg.

Now we can take one numerical example, so here we have to determine the power required to vibrate spring mass dashpot system with an amplitude of 1.5 centimetre and at a frequency of 100 Hertz. The system has a damping factor of 0.05 and a damped natural frequency of 22 hertz as found out from the vibration record. The mass of the system is 0.5 Kg.

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$m = 0.5 \text{ kg}$
 $X = 1.5 \text{ cm} = 0.015 \text{ m}$
 $\omega = 2\pi f = 2\pi \times 100 = 200\pi$
 $\zeta = 0.05$
 $\omega_d = \text{damped natural frequency}$
 $\omega_d = 2\pi \times 22 = 44\pi$
 $\text{Energy dissipated per cycle} = \pi c \omega X^2$
 $\omega_d = \omega_n \sqrt{1 - \zeta^2} \Rightarrow \omega_n = \frac{\omega_d}{\sqrt{1 - \zeta^2}}$
 $\omega_n = \frac{44\pi}{\sqrt{1 - 0.05^2}} = 44\pi \times 1.00125 \approx 44\pi$
 $\zeta = \frac{c}{2m\omega_n} \Rightarrow c = 2m\omega_n \zeta$
 $c = 2 \times 0.5 \times 44\pi \times 0.05 = 6.91$
 $ED/\text{cycle} = \pi c \omega X^2$
 $= \pi \times 6.91 \times 200\pi \times (0.015)^2$
 $= 3.07$
 $ED/\text{Sec} = ED/\text{cycle} \times \text{frequency}$
 $= 3.07 \times 100$
 $= 307 \text{ Watts}$
= power requirement

So we have a system, this is our spring dashpot mass system, so this is our system. So here mass is given 0.5 Kg. We need to determine the power required, so power means the energy per unit time that is required to the system. So the system vibrates with the amplitude of 1.5 centimetre, so here x is 1.5 centimetre that is 0.015 metre, and at a frequency of 100 hertz, so your $\omega = 2\pi$ into F , so here 2π into F is 100, so it is 200π radian per second, so here.

Now the system has a damping power of 0.05, so here the ζ is 0.05 and damped natural frequency of 22 hertz. So ω_d , that is the damped natural frequency that is $= 2\pi$ into 22 hertz, so 22, so that is equal to 44π radian per second, because we are converting this hertz into radian per second. So we are giving these data and we have to find out that what is the power required.

Because the power required per cycle will be the power dissipated and to get the power dissipated, first we have to find the energy per cycle, energy dissipated per cycle. So energy dissipated per cycle, what is the energy dissipated per cycle? Because this is viscous damping, so we just derived the expression, energy dissipated per cycle $= \pi c \omega x^2$.

Here we know ω , we know x , you have to find the c , c is the damping of this system. So to get the damping, here we have the ω_d , so ω_d is $= \omega_n \sqrt{1 - \zeta^2}$. So damped natural frequency is $\sqrt{1 - \zeta^2}$ into ω_n . So this implies that, so $\omega_n \sqrt{1 - \zeta^2}$ is 0.05 square. So $= \omega_n^2$ into, if we solve this, this is about 0.999.

So we can assume that $\omega_d = \omega_n$, because this quantity is 0.05 is very small and this is almost $= 1.99$. So we assume $\omega_d = \omega_n$, and ω_d we know, and ω_n so now if we want to know the damping c . So c , we know that $\zeta = c$ by $2m\omega_n$, and $2m\omega_n$ into ζ . So from here we can find $c = 2m\omega_n$ into ζ .

So 2 into m is 0.5, and $\omega_n = \omega_d$, that is 44π , into ζ , ζ is 0.05. So we can get c , it is 6.91. So now we get c , now we can get the energy dissipated per cycle. So ED per cycle $= \pi c \omega x^2$, so $= \pi$ into c that is 6.91 into ω , ω is 200π into x , x is 0.015 square. That is we can calculate, that is 3.07. So now this is the energy dissipated per cycle. So we need the energy dissipated per unit time, or per second.

So energy dissipated per second is energy dissipated per cycle into the frequency, because frequency is number of cycles per second. So we multiply, 3.07 into, here frequency is 100 hertz, so we multiply with 100, and we get 307 watts, so this is in watts. And this will be = the power requirement, so this is the power required for this system, okay. So we stop here and thank you for attending this lecture and let us meet in the next lecture. Thank you.