


**Measure and Integration**  
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**Lecture No-77**  
**12.3 – Exercise**


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EXERCISES (CONTD.)

$V$  Banach sp.  $V' = \text{dual sp.}$   $V''$  dual of  $V'$ .  
 $x \in V$   $f \in V'$   $|f(x)| \leq \|f\| \|x\|$ .  
 $\Rightarrow f \mapsto f(x)$  is a con. lin. fun.  $J_x(f) = f(x)$   
 $J_x \in V''$  In fact  $\|J_x\| = \|x\|$ .  
 $V$  is reflexive if  $J: V \rightarrow V''$  is onto  
 Closed subspace of ref. sp. is ref.  
 Isometric isomorphic image of a ref. sp. is ref.  
 $V$  uniformly convex: given  $\epsilon > 0 \exists \delta > 0$  s.t.  $\|x\| = \|y\| = 1$   $\|x - y\| \geq \epsilon$   
 $\Rightarrow \left\| \frac{x+y}{2} \right\| < 1 - \delta$ .




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 $\Rightarrow \left\| \frac{x+y}{2} \right\| < 1 - \delta$ .  
Thm:  $V$  unif convex  $\Rightarrow V$  ref.




We continue on exercises, so we will before I start the set of exercises. This is another proof of the duality for the  $L^p$  spaces,  $1 < p < \infty$ . So, that requires some notions from function analysis which I briefly recall. So, if  $V$  is Banach space then  $V'$  prime equals dual space that means, the space of all continuous linear functionals. So, then  $V''$  is again a dual of  $V'$ . So, if

you take  $x$  in  $V$  then  $f$  in  $V'$  then  $|f(x)| \leq \|f\| \|x\|$ , This  $f$  going to  $f$  of  $x$  is a continuous linear functional.

So, we will call this  $J_x(f) = f(x)$ . So,  $J_x \in V''$ . In fact, the norm of  $J_x$  is the same as norm of  $x$ . So,  $V$  is reflexive if  $J$  going to be  $V$  double prime is onto, that means every continuous linear functional on  $V'$  occurs only in this fashion namely it should be able to form  $J_x$  then it is supposed to be reflexive space and then close subspace of reflexive space is reflexive. Isometric isomorphic images of a reflexive space are reflexive.

Now,  $V$  is said to be uniformly convex, that means, the unit ball bulges uniformly. If you take the ball in  $R^2$  then it is in  $R^n$  with the Euclidean norm then it is a nice round ball, but if you take it with the one norm or the infinity norm then it will have lots of flat portions. So, it is said to be uniformly convex if it bulges uniformly in all directions. So, this geometric property of the norms given  $\epsilon$  positive there exists a  $\delta$  positive such that  $\|x\| = \|y\| = 1, \|x - y\| \geq \epsilon \Rightarrow \|\frac{x+y}{2}\| < 1 - \delta$ .

Theorem:  $V$  is uniformly convex  $\Rightarrow V$  is reflexive.

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5. (a) Show that if  $\alpha, \beta \geq 0, 2 \leq p < \infty$ , then

$$(\alpha^2 + \beta^2)^{p/2} \geq \alpha^p + \beta^p \quad (*)$$

Sol.  $q(x) = (\alpha^2 + x^2)^{p/2} - \alpha^p - x^p, x \geq 0$

$$q(0) = 0, \quad q'(x) = p(\alpha^2 + x^2)^{p/2 - 1} x - px^{p-1} \quad x > 0, p \geq 2$$


$$(\alpha^2 + x^2)^{p/2} \geq \alpha^p + x^p$$

$x = \frac{\alpha}{\beta} \Rightarrow (*)$

(b)  $2 \leq p < \infty, (X, \| \cdot \|_p)$  norm sp.  $f, g \in L^p(\mu)$ .

Show that  $\|\frac{f+g}{2}\|_p^p + \|\frac{f-g}{2}\|_p^p \leq \frac{1}{2}(\|f\|_p^p + \|g\|_p^p)$  (Clarkson's Ineq.).



Clarkson's Ineq. 1.  $\| \frac{f+g}{2} \|_p + \| \frac{f-g}{2} \|_p \leq \frac{1}{2} (\|f\|_p + \|g\|_p)$  (\*\*) 

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B.J(a)  $\left| \frac{f(x)+g(x)}{2} \right|^p + \left| \frac{f(x)-g(x)}{2} \right|^p \leq \left( \left| \frac{f(x)+g(x)}{2} \right|^2 + \left| \frac{f(x)-g(x)}{2} \right|^2 \right)^{p/2}$   
 $= \left( \frac{|f(x)|^2 + |g(x)|^2}{2} \right)^{p/2}$   
 $p \geq 2$ ,  $t \mapsto t^{p/2}$  concave on  $[0, \infty)$ .  
 $\leq \frac{1}{2} (|f(x)|^p + |g(x)|^p)$   
 Integrate both sides to get (\*\*)



5 (a). So, show that if  $\alpha, \beta \geq 0$ ,  $2 \leq p < \infty$ , then  $(\alpha^2 + \beta^2)^{\frac{p}{2}} \geq \alpha^p + \beta^p$  ---- (\*).

Solution: so, we look at the function  $\phi(x) = (x^2 + 1)^{p/2} - x^p - 1$ ,  $x \geq 0$ . Then  $\phi(0)$  is of course 0 and

$$\phi'(x) = px(x^2 + 1)^{\frac{p-2}{2}} - px^{p-1} > 0 \text{ if } x > 0, p \geq 2.$$

So, this means that  $\phi$  is an increasing function, so, you have  $(x^2 + 1)^{p/2} \geq x^p + 1$ .

Now, you put if beta or alpha not 0 if one of them is 0 there is nothing to prove. So, you take  $x$  equals alpha by beta, then you will get from this whatever the inequality, so that is the solution of this.

(b).  $2 \leq p < \infty$ , and  $(X, S, \mu)$  measure space,  $f, g \in L^p(\mu)$ , show that

$$\left\| \frac{f+g}{2} \right\|_p^p + \left\| \frac{f-g}{2} \right\|_p^p \leq \frac{1}{2} (\|f\|_p^p + \|g\|_p^p). \text{ ---- (**)}$$

(this is called Clarkson's inequality).

Solution: So,  $\left| \frac{f(x)+g(x)}{2} \right|^p + \left| \frac{f(x)-g(x)}{2} \right|^p$  is less than or equal to  $\frac{1}{2} (|f(x)|^p + |g(x)|^p)$ . So,  $\int \left( \left| \frac{f(x)+g(x)}{2} \right|^p + \left| \frac{f(x)-g(x)}{2} \right|^p \right) d\mu \leq \frac{1}{2} \int (|f(x)|^p + |g(x)|^p) d\mu$ .

So, by a, this is less than or equal to  $\left( \left| \frac{f(x)+g(x)}{2} \right|^2 + \left| \frac{f(x)-g(x)}{2} \right|^2 \right)^{p/2}$ . And inside if you simplify this becomes  $\frac{1}{2} (|f(x)|^2 + |g(x)|^2)^{p/2}$ .

plus  $g$  square by 2 whole power  $p$  by 2. Now, if  $p$  is greater than or equal to 2, then you have  $T$  going to  $p$  by 2,  $p$  power  $p$  by 2 is convex, take the second derivative that is positive because  $p$  is bigger than 2 therefore, this is a convex function. So, by definition of convex functions something in the midpoint is less than or equal to the average. So, this is one half of  $\| \frac{f+g}{2} \|_p^p$  which is  $\frac{1}{2} (\|f\|_p^p + \|g\|_p^p)$ . Now, integrate both sides to get a (\*\*).

So, then this is Clarkson's inequality.

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$$\left\| \frac{f(x)+g(x)}{2} \right\|_p^p + \left\| \frac{f(x)-g(x)}{2} \right\|_p^p \leq \left( \left\| \frac{f(x)+g(x)}{2} \right\|_p + \left\| \frac{f(x)-g(x)}{2} \right\|_p \right)^p$$

$$= \left( \frac{\|f(x)\|_p + \|g(x)\|_p}{2} \right)^p$$

$$\leq \frac{1}{2} (\|f(x)\|_p^p + \|g(x)\|_p^p)$$

Integrate both sides to get (\*\*)

(c) Deduce that  $L^p(\mu)$  is unif. convex ( $\Rightarrow$  reflexive) for  $2 \leq p < \infty$ .

Set  $\|f\|_p = \|g\|_p = 1$ ,  $\epsilon > 0$   $\|f-g\|_p \geq \epsilon$ .

By (\*\*):  $\left\| \frac{f+g}{2} \right\|_p^p \leq 1 - \left(\frac{\epsilon}{2}\right)^p = (1-\delta)^p$  for some  $\delta > 0$ .

Then  $\left\| \frac{f+g}{2} \right\|_p < 1-\delta$ .  $\delta = 1 - \left(1 - \left(\frac{\epsilon}{2}\right)^p\right)^{1/p}$ .

$\Rightarrow L^p(\mu)$  unif. convex

(c) Deduce that  $L^p(\mu)$  is uniformly convex for  $2 \leq p < \infty$ .

solution:  $\|f\|_p = \|g\|_p = 1$ ,  $\epsilon > 0$ ,  $\|f - g\|_p \geq \epsilon$ . Then by (\*\*), by Clarkson's inequality,

you have  $\left\| \frac{f+g}{2} \right\|_p^p \leq 1 - \left(\frac{\epsilon}{2}\right)^p = (1 - \delta)^p$  for some  $\delta > 0$ .

Therefore,  $\left\| \frac{f+g}{2} \right\|_p \leq 1 - \delta$ . Hence,  $L^p(\mu)$  is uniformly convex.

So, what is delta? Delta is equal to 1 minus 1 minus epsilon by 2 power p whole power 1 by p. So, this is the number which you have for delta.

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Then  $\| \frac{f+g}{2} \|_p < 1-\delta$ .  $\delta = 1 - \left( \frac{1}{2} \right)^{1/p}$   
 $\Rightarrow L^p(\mu)$  unif convex

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(6). Let  $1 < p < \infty$ .  $p'$  conj. exp.  $(X, S, \mu)$  meas. sp.

(a) If  $g \in L^p(\mu)$ , define  $f(x) = \begin{cases} |g(x)|^{p-2} g(x) & g(x) \neq 0 \\ 0 & g(x) = 0 \end{cases}$

Show that  $f \in L^{p'}(\mu)$ .

Sol.  $|f|^{p'} = (|g|^{p-2} |g|)^{p'} = |g|^{(p-2)p'} = |g|^{pp'-2p}$   $\frac{1}{p'} + \frac{1}{p} = 1$ .  
 $\Rightarrow f \in L^{p'}(\mu)$

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(6). let  $1 < p < \infty$   $p'$  conjugate exponent and  $X, S, \mu$  measure space. a, if  $g$  belongs to  $L^p$  must define  $f(x)$  to be equal to  $|g(x)|^{p-2} g(x)$ , if  $g(x) \neq 0$ , and  $0$  if  $g(x) = 0$ . Why am I doing this, because if  $p-2$  may be a negative exponent, we do not want things blowing up, so that is why we are showing we are defining it this way. Then show that  $f$  belongs to  $L^{p'}$ , so that is easy.

So,  $|f|^{p'} = |g|^{(p-2)p'}$ , when you take  $|f|^{p'}$  then you get  $|g|^{(p-2)p'}$  to the  $p'$  power  $p'$  is equal to  $|g|^{pp'-2p}$  which is equal to  $|g|^{pp'-2p}$ , because  $\frac{1}{p'} + \frac{1}{p} = 1$ , so, there they call that. Now, this is integrable and therefore, you have that  $f$  belongs to  $L^{p'}$ .

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$$\text{Let } g \in L^p(\mu). \quad T_g(f) = \int_X fg \, d\mu \quad \forall f \in L^q(\mu).$$

$$\text{Then } T_g \in (L^q(\mu))' \text{ \& } \|T_g\| = \|g\|_p.$$

$$|T_g(f)| \leq \|f\|_q \|g\|_p \quad (\text{Hölder's})$$

$$\Rightarrow T_g \in (L^q(\mu))' \quad \|T_g\| \leq \|g\|_p.$$



$$\text{But } f \in L^p(\mu) \text{ as in (a)} \quad fg = |g|^{p'}$$

$$T_g(f) = \int_X fg \, d\mu = \int_X |g|^{p'} \, d\mu.$$

$$|T_g(f)|$$



$$\text{But } f \in L^p(\mu) \text{ as in (a)} \quad fg = |g|^{p'}$$

$$T_g(f) = \int_X fg \, d\mu = \int_X |g|^{p'} \, d\mu.$$

$$\frac{|T_g(f)|}{\|f\|_p} = \frac{\left(\int_X |g|^{p'} \, d\mu\right)}{\left(\int_X |g|^{p'} \, d\mu\right)^{1/p}} \quad (\text{cf. (a)}).$$

$$= \left(\int_X |g|^{p'} \, d\mu\right)^{1-1/p} \quad \left(1 - \frac{1}{p} = \frac{1}{p'}\right)$$

$$= \|g\|_p$$



$$\begin{aligned} \frac{\|fg\|_1}{\|f\|_p} &= \frac{\int_X |fg| \, d\mu}{\left(\int_X |g|^p \, d\mu\right)^{1/p}} \quad (\text{cf. (a)}). \\ &= \left(\int_X |g|^p \, d\mu\right)^{-1/p} \int_X |fg| \, d\mu \\ &= \|fg\|_1 \\ \Rightarrow \|fg\|_1 &= \|g\|_p. \end{aligned}$$



Let  $f, g$  in  $L^p$ . The definition of the norm of  $f$  is  $\|f\|_p = \left(\int_X |f|^p \, d\mu\right)^{1/p}$ . If  $f$  is in  $L^p$ , then  $fg$  belongs to  $L^1$  and  $\|fg\|_1 \leq \|f\|_p \|g\|_p$ . Remember we did this with lots of lemmas in case of finite measure spaces, so now we are doing it in the general case. So, we have the Hölder inequality  $\|fg\|_1 \leq \|f\|_p \|g\|_p$ . And therefore, this implies  $fg$  belongs to  $L^1$  and  $\|fg\|_1 \leq \|f\|_p \|g\|_p$ .

But,  $f$  in  $L^p$  as in (a), then  $\|fg\|_1 = \int_X |fg| \, d\mu$  but  $|fg| \leq |f| |g|$  and  $|f| \leq \|f\|_p |g|^{-1/p}$ . So, this is equal to  $\int_X |g|^{1-1/p} \, d\mu$ . So, now,  $\|fg\|_1 \leq \|f\|_p \int_X |g|^{1-1/p} \, d\mu$ . Norm  $f$  is the integral of  $|f|^p$  to the power  $1/p$  but  $|f| \leq \|f\|_p |g|^{-1/p}$  we already know is  $|g|^{-1/p}$ . So, this is  $\int_X |g|^{1-1/p} \, d\mu$  to the power  $1/p$ , cf (a). And therefore, this is equal to the integral of  $|g|^{1-1/p} \, d\mu$  to the power  $1-1/p$  which is equal to  $\int_X |g| \, d\mu = \|g\|_1$ . So, the supremum, which is the norm of the linear transformation, is the supremum of all such quotients that is less than or equal to  $\|g\|_1$  we have already seen here, and now we are producing an element for which it is actually achieved. So, this implies  $\|T_g\| = \|g\|_1$ .

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(c) Deduce that  $L^p(\mu)$  is reflexive  $\forall 1 < p < \infty$ .

Sol. We know that  $L^p(\mu)$  ref. if  $2 \leq p < \infty$ .

$\therefore L^p(\mu) \rightarrow (L^p(\mu))'$   $T(g) = \overline{g}$  isometry

$T(L^{p'}(\mu))$  is a closed subspace of  $(L^p(\mu))'$   $\|Tg\| = \|g\|_{p'}$

$1 < p' \leq 2 \Rightarrow 2 \leq p < \infty$ .

$L^p(\mu)$  ref.  $\Rightarrow (L^p(\mu))'$  also reflexive.

$\Rightarrow T(L^{p'}(\mu))$  ref.  $\Rightarrow L^{p'}(\mu)$  ref. (T isometry).

$\forall 1 < p' \leq 2$   $L^{p'}(\mu)$  ref.

i.e.  $L^p(\mu)$  ref.  $\forall 1 < p < \infty$ .



C, deduce that  $L^p(\mu)$  is reflexive for all 1 less than p less than infinity.

So, we know that the solution  $L^p(\mu)$  is reflexive if 2 less than equal to p less than infinity. So, now from  $L^p(\mu)$  to  $L^{p'}(\mu)$ . We have a mapping T, T of g equals Tg and this is isometric since norm Tg is equal to norm g p dash. So, T of  $L^{p'}(\mu)$  isometrically sorry is a closed subspace of  $L^p(\mu)$  and if 1 less than p less than equal to 2, this implies 1 less than p dash less than equal 2, this implies 2 less than or equal to p less than infinity.

So, this means that now  $L^p(\mu)$  reflexive implies  $L^p(\mu)$  dash also reflexive and this implies T of  $L^{p'}(\mu)$  reflexive implies  $L^{p'}(\mu)$  reflexive because T is an isometric. Therefore, for all 1 less than p dash less than infinity less than or equal to 2,  $L^{p'}(\mu)$  reflexive, so, that is  $L^p(\mu)$  reflexive for all 1 less than p less than infinity.

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(c)  $L^p(\mu)$  is isometrically isomorphic to  $(L^p(\mu))'$ .  
 $T: L^p(\mu) \rightarrow (L^p(\mu))'$  isometry  $Tg = \bar{g}$ .  
 Enough to show  $T$  is onto.  
 Assume not.  $\Rightarrow \exists \phi \in (L^p(\mu))'$ ,  $\phi \neq \bar{g}$  for any  $g \in L^p(\mu)$ .  
 $\phi \notin \text{Im}(T)$ .  
 By Hahn-Banach thm,  $\exists \Phi \in (L^p(\mu))''$   
 $\Phi(\phi) \neq 0$ ,  $\Phi(\bar{g}) = 0 \quad \forall g \in L^p(\mu)$ .  
 $(L^p(\mu))'' \cong L^p(\mu)$   $\therefore \exists f \in L^p(\mu)$  not.  
 $\phi(f) \neq 0 \quad \int fg \, d\mu = 0 \quad \forall g \in L^p(\mu)$



$L^p(\mu)$  is isometrically isomorphic to  $L^p(\mu)$ . So,  $T$  from  $L^p(\mu)$  to  $(L^p(\mu))'$  is an isometric,  $Tg = \bar{g}$ . So, enough to show  $T$  is onto, so they can complete the. So, assume the contrary assume not so, this implies there exists a  $\phi$  in  $(L^p(\mu))'$  and  $\phi$  is not equal to  $\bar{g}$  for any  $g$  in  $L^p(\mu)$ , that is,  $\phi$  does not belong to the image of  $T$ , but the image of  $T$  is a closed subspace.

So, by Hahn Banach theorem there exists capital  $\phi$  in  $(L^p(\mu))''$  such that  $\phi(\phi) \neq 0$  and  $\phi(\bar{g}) = 0$  for all  $g$  in  $L^p(\mu)$ . So, that is it vanishes on the image of  $T$  but does not vanish completely. But  $(L^p(\mu))''$  is the same as  $L^p(\mu)$ . That is, there exists an  $f$  in  $L^p(\mu)$  such that  $\phi(f) \neq 0$ , but  $\int fg \, d\mu = 0$  for all  $g$  in  $L^p(\mu)$ .

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Now  $g(x) = \begin{cases} |f(x)|^{p-2} f(x) & f(x) \neq 0 \\ 0 & f(x) = 0 \end{cases}$   
 Then  $g \in L^{p'}(\mu)$   
 $0 = \int_X fg \, d\mu = \int_X |f|^p \, d\mu \Rightarrow f = 0 \Rightarrow \phi(f) = 0 \times$   
 Hence  $T$  is onto.  $L^{p'}(\mu) \cong (L^p(\mu))'$  isometric isomorphism  
 Every cont. lin. fun on  $L^p(\mu)$  is of the form  $T_g(f) = \int_X fg \, d\mu$   $\|T_g\| = \|g\|_{p'}$   
 $1 < p < \infty$  No need for  $\sigma$ -finiteness.

Now again, we play the same trick as we did before: take

$$g(x) = |f(x)|^{p-2} f(x), \text{ if } f(x) \neq 0,$$

$$= 0, \text{ if } f(x) = 0.$$

Then  $g \in L^{p'}(\mu)$  and therefore,  $0 = \int_X fg \, d\mu = \int_X |f|^p \, d\mu \Rightarrow f = 0 \Rightarrow \phi(f) = 0$ , which is a contradiction. Hence,  $T$  is onto, that is,  $L^{p'}(\mu) \cong (L^p(\mu))'$ . And you have

$$T_g(f) = \int_X fg \, d\mu; \quad \|T_g\| = \|g\|_{p'}.$$

So, this is the theorem which we proved the representation theorem. So, for every continuous linear functional on  $L^p(\mu)$  is of the form in the form like this. So, here so, for one less than  $p$  less than infinity no need for sigma finite, this beauty of this proof.

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7. Let  $f \in L^1(\mathbb{R}^N)$ . Assume  $\forall \phi \in C_c^\infty(\mathbb{R}^N)$  ( $C^\infty$  fun. with comp. supp.)

such that  $\phi \geq 0$ , we have

$$\int_{\mathbb{R}^N} f\phi \, dm_N \geq 0.$$

Show that  $f \geq 0$  a.e.

Sol.  $\rho_\epsilon, \epsilon > 0$ , mollifiers.

$$f * \rho_\epsilon(x) = \int_{\mathbb{R}^N} f(y) \rho_\epsilon(x-y) \, dm_N(y)$$

$y \mapsto \rho_\epsilon(x-y)$   $C^\infty$  fun.,  $\geq 0$ ,  $\text{cpt. supp} \subset \overline{B}(x, \epsilon)$ .

$$\Rightarrow (f * \rho_\epsilon)(x) \geq 0.$$

But we know  $f * \rho_\epsilon \rightarrow f$  in  $L^1$



$y \mapsto \rho_\epsilon(x-y)$   $C^\infty$  fun.,  $\geq 0$ ,  $\text{cpt. supp} \subset \overline{B}(x, \epsilon)$ .

$$\Rightarrow (f * \rho_\epsilon)(x) \geq 0.$$

But we know  $f * \rho_\epsilon \rightarrow f$  in  $L^1(\mathbb{R}^N)$



$\Rightarrow \exists$  a subseq.  $\epsilon_k \rightarrow 0$ ,  $f * \rho_{\epsilon_k} \rightarrow f$  pointwise a.e.

$$\Rightarrow \underline{\underline{f(x) \geq 0 \text{ a.e.}}}$$



(7) Let  $f \in L^1(\mathbb{R}^N)$ . Assume for every  $\phi \in C_c^\infty(\mathbb{R}^N)$ , such that  $\phi$  is non-negative, we have

$$\int_{\mathbb{R}^N} f\phi \, dm_N \geq 0.$$

Show that  $f \geq 0$  almost everywhere.

Solution: we take  $\rho_\epsilon, \epsilon > 0$ , mollifiers, then

$$f * \rho_\epsilon(x) = \int_{\mathbb{R}^N} f(y) \rho_\epsilon(x-y) \, dm_N(y).$$

Now, if you take  $y \rightarrow \rho_\epsilon(x - y)$ , this is  $C^\infty$  function, it is greater than equal to 0 and compact support contained in  $\overline{B}(x; \epsilon)$ , and therefore, this has the center at  $x$  and epsilon greater or equal to 0. So, this implies that  $f * \rho_\epsilon(x) \geq 0$ .

But we know  $f * \rho_\epsilon \rightarrow f$  in  $L^1(\mathbb{R}^N) \Rightarrow \exists$  a subsequence  $\epsilon_k \rightarrow 0$ , then  $f * \rho_{\epsilon_k} \rightarrow f$  pointwise almost everywhere. And since this is greater than or equal to 0 point wise and it converges to  $f$ , so this implies that  $f(x) \geq 0$ .

So, this proves this theorem. So, it is a very nice application of the convolution idea, a different kind of application.

So, if this integral is all non-negative for non-negative functions then the function itself has to be non-negative almost everywhere. So, we will conclude the exercises with this, so the next very short topic I want to deal with next time is the change of variable formula. We have not seen particular cases of it so I would like to give you the general formula for that which we will next time.