## An Introduction to Indian Literary Theory Dr. Sreenath VS Humanities and Social Sciences Indian Institute of Science Education and Research - Bhopal Lecture- 22

## Rasa Theory and Sri Sankuka

Hello everyone, in the previous lecture we saw the theory of rasa proposed by Bhatta Lollata. Today we are going to see Śri Śańkuka's theory of rasa and his systematic refutation of Lollata's view. Before that, let us take a look at the life of Śańkuka. Like Bhatta Lollata, Śri Śańkuka is also a critic who remains in the darkness. We knowledge about Śańkuka and his contribution is primarily through the works of other writers.

Kalhaṇa in his Rājataraṅgiṇi talks about a poet named Śaṅkuka who authored a court poem named *Bhuvanābhyudaya* or *Triumph of the World*. We have all the reasons to believe that this Śaṅkuka who is considered the author of *Bhuvanābhyudaya* is the same person we are dealing with. Kalhaṇa's Rājataraṅgiṇi says that in 850 C.E during the reign of King Ajitapida, a fierce battle took place between two royal factions, and the poet Shankuka composed a poem titled *Bhuvanābhyudaya* about this battle. A few verses preserved in an important fifteenth-century anthology are ascribed to a poet named Śaṅkuka who is described as the son of Mayura. It is possible that this Mayura who is considered the father of Śaṅkuka could be the author of the poem *Sūryaśataka*. But we have no way to ascertain this fact. Pollock says that a late twelfthor early thirteenth-century dramaturgical work refers to Shri Shankuka as a minister who was also a dramatist. As per this text, this particular Śaṅkuka had also authored a romantic comedy *Citrotpalāvalambitaka* or The Earring of the Many-Colored Lotus. So we know practically nothing about Śaṅkuka other than these basic pieces of information. If we piece together all the basic information that we have about Śaṇkuka, we can say that Śaṅkuka lived before Ānandavardhana.

As in the case of Bhatta Lollata, we also lost Śańkuka's commentary on Bharata's Nāţyaśāstra. All that we have now to understand the view of Śańkuka on the theory of rasa are a few quotations preserved by Abhinavagupta in his *Abhinavabhāratī* and Locana on Ānandavardhana's *Dhvanyaloka*. We need to note here that Abhinava is not simply referencing the views of Śańkuka, rather he also opposes him at every point.

Scholars often opine that Shri Shankuka may have been a Buddhist. This observation is worth renewed consideration. There are various pieces of information that reinforce this view. First of all, Shri Shankuka quotes a verse from the work of Dharmakirti, the great Buddhist philosopher of the seventh century, although other later scholars such as Mahima Bhatta who were not Buddhists quote him too. Secondly the honorific Shri suggest Buddhist affiliation. Finally, Abhinavagupta appears to attribute to Shri Shankuka a new understanding of the tragic rasa, as general compassion rather than grief for the loss of a loved one, which fits with developments in Mahayana Buddhism.

The cynosure of Śańkuka's argument in connection with the theory of rasa is his systematic refutation of Lollata. Śańkuka argues that *rasa* can only be inferred from what is depicted on

stage. This approach which depends on *anumāna* or inference is described as the *anumiti vāda*. To him, rasa was an experience to be inferred by the spectator. He, unlike Lollața, was interested in the manner in which the aesthetic experience evolved from the performance or literary text. Śańkuka refutes the theory of Lollața that rasa is sthāyibhāva intensified, on eight grounds.

First of all, Śańkuka holds that if *sthāyibhāvas* were the ones that turned into rasa in conjunction with aesthetic elements, sthāyibhāvas would have been the subject and *rasas* would have been their predicate. In that case, Bharata would have explained sthāyibhāva first and *rasas* later. But Bharata does not follow this order. On the other hand, he explains *sthāyibhāvas* later, after explaining the *rasas* in detail. In addition to this, if rasas were *sthāyibhāvas* intensified, then why does sage Bharata describe the *vhibhāvas* and *anubhāvas* of the rasas, and then once again describe separately the *vhibhāvas* and *anubhāvas* of the stable emotions? If rasas were mere intensification of sthayibhava, it would have been sufficient that the *vhibhāvas* and *anubhāvas* of only *sthāyibhāvas* needed to be mentioned. But Bharata treates them separately. This means that, Śańkuka argues, rasa is one thing and *sthāyibhāva* is another.

Another point of contention from Śańkuka is that if *rasas* were *sthāyibhāvas* enhanced or intensified, then we would have had numerous *rasas* from the same *sthāyibhāvas*, since a *sthāyibhāva* can be enhanced and intensified at various degrees from dull to duller to dullest, and so on. Then, there could have been innumerable rasas from intense, to more intense, to the most intense. The problem that Śańkuka anticipates is that there could be numerous rasas from the same sthayibhavas given that the sthayi can get intensified at various degrees does not hold.

Now, Śańkuka anticipates an argument from the opponent: It could be argued that *sthāyibhāvas* turn out to be *rasas* only if they reach the highest point of intensity. Śańkuka has an argument against this observation, as well. Śańkuka has an answer to this argument as well. He says that this position is also equally faulty. Bharata mentions that hāsya rasa has six varieties namely *smita*, *hasita*, *vihasita*, *upahasita*, *apahasita* and *atihasita*. But hāsya rasa has only one *sthāyibhāva* which is *hāsa*. If rasa were the *sthāyibhāva* at the highest point of enhancement, then do we get six types of hāsya rasas from the single *sthāyibhāva* called *hāsa*.

The issue is not over here. Bharata mentions that the *sthāyibhāva rati* has ten stages with each later one relatively more intense than the previous. If we accept the position that rasa is *sthāyibhāvas* reaching the highest point of enhancement, then we should ideally have ten varieties of *śrŋgāra rasa*. But that is not the case in reality. So, the theory that it is the *sthāyibhāva* at its highest point of enhancement that becomes the rasa stands flawed.

According to Bhatta Lollata, emotions always 'progressively intensify' to the highest level where it becomes *rasa*. But according to Śańkuka, this is not correct. What happens in reality, says Śańkuka, is the opposite. Grief, for example, is powerful at first, and then it gradually weakens, as opposed to getting strengthened. The intensity of emotions tends to decrease once it has reached the pinnacle. So, to say that rasa arises out of strengthened sthāyibhāvas is again a fallacy.

We saw that Śańkuka is against the observation that rasa is *sthāyibhāva* intensified. Then what is rasa according to Śańkuka? According to Śańkuka, *rasa* is the imitation of sthāyibhāva in the character by the actor. When these emotions actually happen in real life, they are called sthāyibhāvas. When the actors imitate the sthāyibhāvas experienced by the characters, they are termed rasas. He was of the view that *vibhāvas* function as the cause of *sthāyibhāva* in the

character, *anubhāvas* are the effects of a particular *sthāyibhāva* in the character imitated by the actor, and finally *vyabhicāribhāvas* are the mental states an actor is supposed to emulate to represent the mental state of a character experiencing a particular *sthāyibhāva*. *Vyabhicāribhāvas* nourish the *sthāyibhāvas* and hence they are called the auxiliary causes. These aesthetic elements such as *vibhāvas* etc. indicate the presence of the sthāyibhāva.

Śańkuka also mentions three possibilities, while a spectator is watching an actor playing the role of a character, say for example, the character of Rama, on stage. The first possibility is that the spectator may think this is 'actually' Rama. The second possibility is that the actor is not Rama. Thirdly, it could be thought that the actor 'may or may not be' Rama and finally the actor is 'similar' to Rama. Śańkuka opines that an aesthetic experience is different from all the four possibilities, that is the possibility of 'a true apprehension,' 'a false one,' 'a doubt,' and 'a similitude.' Śańkuka says "There is no appearance of doubt, or indeed of truth or falsehood—we have the thought, 'This is him,' and not 'This is actually him.' We encounter no antithetical ideas, and so nothing makes us aware of the conflation. It is an experience we actually undergo, and what logical argument can confute such empirical evidence?"

Sańkuka's theory does not allow the spectator to doubt the world of illusion created by the performance. He is famous for his "citra-turaga-nyāya" or the theory of the painting of a horse. The viewer who sees the picture of a horse does not mistake it for the real horse. She or he cannot derive the full enjoyment from the picture unless they think this is a horse. During the process of aesthetic enjoyment, the viewer/ reader will be in a peculiar position where he or she neither takes the horse for real nor doubts its actuality. The feelings that this picture is similar to a horse, or the figure in the picture may or may not be a horse will also not appear. The reality of the horse is inferred from the artistic depiction of the horse, and this gives rise to aesthetic pleasure or rasa (Locana 2.4 and Abhinavabhāratī 1.266–267).

For example, a viewer who watches Amjad Khan act as the villain Gabbar Singh in Sholay will hate Gabbar Singh, but not the real-life actor called Amjad Khan. The rasa of bībhatsā that the spectator feels by watching Gabbar Singh is real in the world of art but s/he does not extend it to the real world by hating Amjad Khan. According to Śańkuka, the spectator experiences rasa by inferring the emotional aspects of the character through the depiction by the actor. This inference of aesthetic enjoyment, as Śańkuka sees it, transcends all doubts about the real existence of the characters, and the spectators accept the world that the characters inhabit. It is important to keep in mind that Śańkuka was primarily thinking of rasa in the context of the drama, or "rasa seen, in the play" (Pollock, A Rasa Reader, 6), and so his idea of rasa was that which occurred in audio-visual performance.

Another important point that Śańkuka takes up is the importance of the presentation of aesthetic elements or *vibhāvas*, *anubhāvas* and vyabhicāribhāvas in the depiction of *rasa*. He is of the view that aesthetic elements are imperative for the generation of *rasa*. He criticizes Udbhaṭa's view that rasa can be generated by mere reference to the proper name of the rasa. Śańkuka s observation is worth quoting in this context. Śańkuka observes: "But we have no way of apprehending the stable emotions, not even from the literary narrative. The proper terms for them, "desire," "grief," and so on, simply render these things referents, insofar as they denote them; they do not make us understand them as if they were "verbal acting," or expression (qtd in Pollock's A Rasa Reader)." What Śańkuka says is that rasa needs to be "acted out" or "expressed" to be inferred by the spectators or readers. Mere reference to the proper name of the *rasa* will not bring rasa into being. To explain this point further, Śańkuka cites the following verses.

"Although my grief is distended, profound, endless, and vast, it is siphoned off by my anger, like the ocean's water by the submarine fire."

In this line, the aesthetic emotion of grief is not properly acted out or verbally expressed by showing vibhāvas, etc. So we cannot have rasa here. Here only that particular rasa is denoted by mentioning its proper name.

I will explain this point with the help of a modern example. Suppose, I say that "I am suffering from grief," it will not generate rasa. In other words, my mere mention of the word 'grief' will not invoke rasa in this context. Here to invoke rasa, I should bring in appropriate vibhāvas, vyabhicāribhāvas and anubāvas. If I explain in clear terms, in an aesthetically pleasing manner, that I am taking part in a battle where I am surrounded by enemies who shower arrows upon me." Here by presenting the cause of my suffering , I have created a vibhava and then if I narrate my mental state at this moment and explain my reaction in a way that is distinctly different from workday language, I will be able to generate vyabhicāribhāvas and appropriate anubhāvas. In this situation, I will be able to create rasa. So, the observation of Śańkuka in a nutshell is that mere reference to the proper name of rasa is not sufficient to generate rasa. We need to introduce the appropriate vibhas, anubhavas and vyabhicāribhāvas to generate rasa in a drama or a poem.

One can safely say that there is a lot of similarities between T.S Eliot's idea of objective correlative and Śańkuka's observation that rasa cannot be produced in the absence of proper *vibhāva*, *anubhāva* and *vyabhicāribhāvas*. In his article, "Rasa and the Objective Correlative", Krishnamoorthy attempts to show this similarity . According to Eliot, Shakespeare's *Hamlet* is an artistic failure because it lacks objective correlatives which "is a set of objects situation, a chain of events which shall be the formula of that particular emotion" (Rayan:246). Eliot says that emotion cannot be described rather it should be expressed through objective correlatives. According to Krishnamoorthy, rasa is the result of the conjunction of *vibhava*, *anubhava* and *vyabhicaribhava* which are similar to Eliot's notion of objective correlative. He says,

"How does a poem present or convey an emotion? Sanskrit theory has an answer that is by no means unique to it: a poem does so through the objective correlatives of the emotion. Images, characters, situations which are the objective correlatives of the emotion are presented descriptively in a poem, and when the reader's mind makes contact with these, they awaken the corresponding *sthayin* within him and raise it to the state of *rasa*."

Through this comparative analysis Krishnamoorthy draws the conclusion that both Bharatha and Eliot have a consensus of opinion that objective correlatives create the locus of any work of art which is rasa or aesthetic emotion so that the most significant formalist aspect which needs to be examined to judge a work of art is objective correlative. He says,

"This emotion is the meaning of the poem. Emotion is suggested exactly as any other kind of connotational meaning is by the words, by the denotative or descriptive elements embodied in

words. These elements, the correlates of emotion, have existence only within the arrangement of words that the poem is. These objects of emotion—image, 'style', rhythm, story, character—are the only proper study of criticism, and criticism must study them within the

verbal organization where—and nowhere else—they occur and belong. It is significant that unwittingly and variously these central assumptions of the *Rasa-dhvani* theory are endorsed and restated in some of the most influential critical work of our time in Britain and America— that of Richards and Knights, Cleanth Brooks and Wimsatt, and, above all, Eliot."

Okay, now it's time to wind up the class. Let us review all the major points that we discussed today. We know that Śańkuka was primarily criticizing the views of his predecessor Bhatta Lollata. Lollata argued that rasa is nothing but intensified aesthetic emotions. Sankuka refutes this observation of Lollata on eight grounds. First of all, Sankuka observes that if rasas were sthayibhāvas in an intensified form, sthayibhāvas would have been the subject and rasas, its predicate. If this were what Bharata had originally meant, then he would have explained sthāyibhāvas first and then later rasas. This is not the case in Nātyaśāstra. Bharata mentions rasas first and then sthāvibhāvās second. This means that Bharata does not consider rasa as sthayibhāvās intensified. Secondly, in Nātyaśāstra Bharata mentions the vibhāva, anubhāva and vyabhicāribhāvas of sthayibhāvas and rasas separately. If rasas were the intensified form of sthayibhāvās, Bharata would not have mentioned the vibhāva, anubhāva and vyabhicāribhāvas of sthayibhāvas and rasas separately. Thirdly, sthayibhāvas can get intensified at different degrees from dull to duller to dullest, or from the least intense to more intense and the most intense. In that case, there could be numerous rasas from the same *sthāyibhāva*. This is not the case in reality. Fourth: the proponents of this view can also argue that as opposed to Sankuka's claim, it could be argued that sthayibhāvas only at their highest point of intensity turn out to be rasas. This is also not correct. We have five varieties of *hāsya* rasa and only one corresponding sthayibhāva which is hāsa. How come we get six varieties of hāsya rasa from one sthāyibhāva. If Lollața's view is correct when hāsa reaches the highest point we will have only one rasa which is hasya. But in reality we have six variants of the same hāsya rasa. The fifth point is that if this view that all the sthāyibhāvas in their highest point of enhancement turn out to be rasas, then we should ideally have ten varieties of śrngāra rasa, since Bharata mentions ten varieties of the sthāyibhāva. This situation does not exist. So how can Lollata say rasa is the enhanced sthayibhava. Finally, according to Bhatta Lollata, emotions always progressively intensify to the highest level at which point it becomes rasa. But what happens in reality, said Sankuka, is the opposite. Grief, for example, is powerful at first, and then it gradually weakens, as opposed to getting strengthened. The intensity of emotions tends to decrease once it has reached the pinnacle; to say that rasa arises out of strengthened emotions then, is a fallacy.

Then we saw the four possible impediments that can arise in the minds of a spectator while watching an actor playing a role of a particular character in a drama. The actor is really that character he is playing out. The actor may or may not be the character he is representing. The actor is not the character he is presenting and finally, the actor is similar to the character. According to Śańkuka, all these four possibilities--the possibility of similitude, doubt, similarity and falsehood--do not arise in the process of aesthetic enjoyment. Finally, we saw Śańkuka's observation that it is imperative that the aesthetic elements such as the vibhavas are necessary for the production of rasa in a work. It is impossible to generate rasa, just by mentioning the name of that particular rasa. I hope you understood these lessons. Thank you!