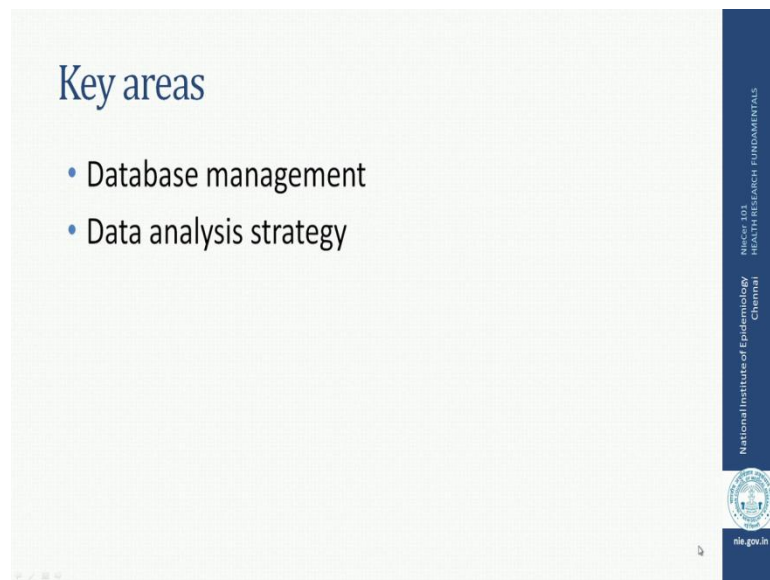


**Health Research Fundamentals**  
**Dr. Manickam Ponnaiah**  
**ICMR-National Institute of Epidemiology, Chennai**

**Lecture - 17**  
**Data management**

Hello friends. Welcome to this session, the course Health Research Fundamentals. We are in the last stages of our course. We have already covered important topics such as Importance of data collection, Importance of validity, Importance of measurements and now I think we are in a position to understand the Importance of the Principles of Data Management and Analysis.

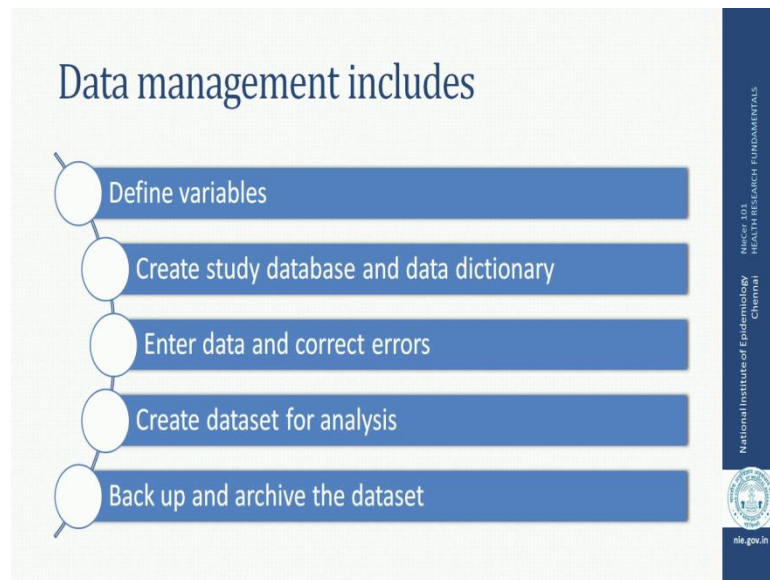
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The slide displays the title 'Key areas' in a blue serif font. Below the title, there is a bulleted list with two items: 'Database management' and 'Data analysis strategy', both in a black sans-serif font. The slide has a light green background with a subtle grid pattern. On the right side, there is a vertical blue bar containing the text 'National Institute of Epidemiology Chennai' and 'NIECR 103 HEALTH RESEARCH FUNDAMENTALS'. At the bottom right of the slide, there is a circular logo of the National Institute of Epidemiology and the website address 'nie.gov.in'.

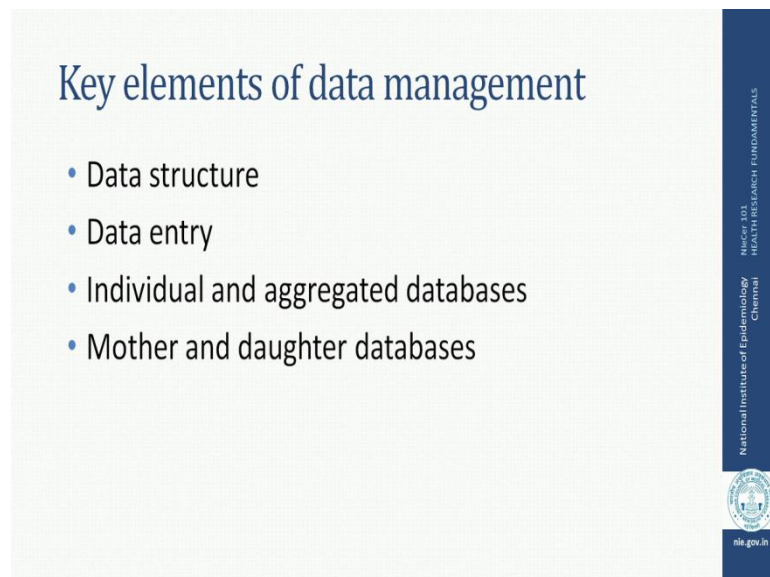
Today, we are going to cover 2 areas; one, database management; the other one, data analysis strategy.

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Data management includes the following; Defining variables, creating a study database and data dictionary about which I am going to expand, entering the data and correct the errors, create a data set for data analysis, backing up the data and archiving the data set.

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Today, we are going to cover the key elements of data management, including Data structure, Data entry, Individual and aggregated databases, Mother and daughter databases.

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## Basic structure of a database

- Lines represent records
- Columns represent variables

	Identifier	Variable 1	Variable 2	Variable 3	Variable 4	Etc...
Record 1						
Record 2						
Record 3						
Etc...						

Structure

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What is data structure? For some of you, who may be new to the word database. this is an example of a database, each of these lines, these horizontal lines represent records, to one particular individual, each of these columns represent a variables, the information that is collected on certain variables based on the study **question** (Refer Time: 01:51).

(Refer Slide Time: 01:53)

## Data documentation

- Structure
  - Name, number of records etc
- Variables
  - Name, values, coding
- History
  - Creation, modification
- Storage information
  - Media, location, back up
- Additional information

Structure

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We need to initially formulate the entire plan of how the data is going to be managed. That can come in the form of what is called data documentation. It can talk about the structure, meaning the name, number of records and other relevant information about the

structure. The variables in terms of the name, what values that are assigned to the coding, etcetera and the history of this database in terms of when it was created? When it was modified? The storage related information, in which media it is going to be stored? Where and how it is going to be backed up? And any other relevant additional information is recorded in terms of the structure.

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Identifier in the database

- Unique
- Maintained by a computerized index
- Secured by quality assurance procedures

Structure

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Let us look at the first of the important elements in database, this is called Identifier. This identifier has to be unique, that is why it is called unique identifier. It is maintained by a computerized index and this particular unique identifier has to be secured by a quality assurance procedure that guarantees that each of this data has its own internal validity.

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## Using codes within the unique identifier

- Unique identifier may contain all information about that particular ID
- Each digit or set of digits refer to specific information
  - Example:
    - First and second digit: village
    - Third and fourth digit: Street
    - Fifth digit: House
    - Sixth and seventh digit: Person

Structure

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The code can comprise information that will talk about that particular individual. For example, it can have 7 digits; each of this digit or set of digits can refer to a specific identifier information about that particular individual, about which, about whom the data was collected, for example, in this example the first and the second digit can denote the village or area, the next set of 2 digits the third and fourth may denote street, the digit number 5 may indicate the house or you know flat or residence, door number, the last 2 digits can denote the persons sequential number. Therefore, the 7 digit may represent about that particular individual and by parts it can give information.

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## Structure of the variables in the database

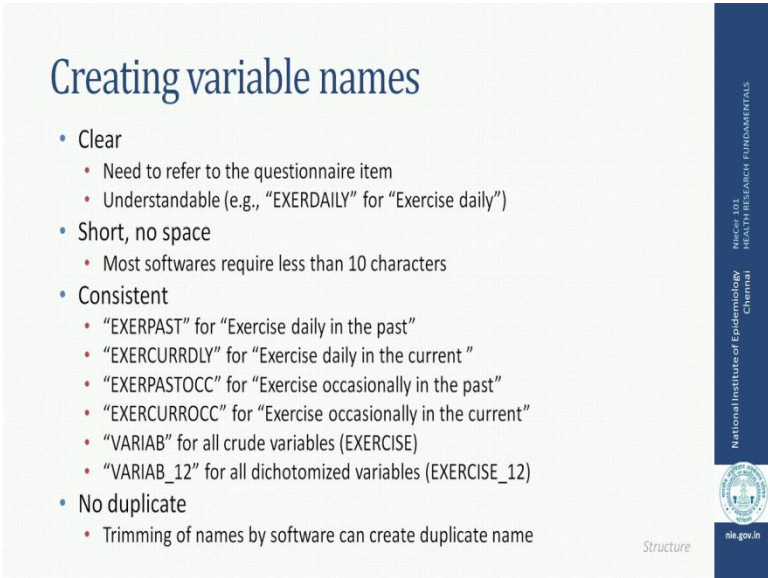
- Integer
  - Specify the number of digits
- Numeric
  - Specify the number of decimals
- Alpha-numeric
  - Specify length
  - Turn all letters to capitals
- Dates (specific format)

Structure

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You need to specify certain things about variables. The variable as you might have seen in the lecture on measurement, there are different types of variables that do exist and therefore, it requires your attention in the beginning itself. You need to specify whether the variable will be entered as digits or if it is a numeric, whether the number of decimals are important, the variables can be entered as length, in which case you need to specify the length and it is preferable that when you are entering as both text and number, you turn all the letters into capitals to avoid errors, which can cause a lot of problem in data analysis. And finally, you can have dates in specific format; when I say specific format you need to specify whether it is entered as the Indian format; date, month and year in 4 digits or month, month, date and then year; this has to be specified in the structure of the variable.

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**Creating variable names**

- Clear
  - Need to refer to the questionnaire item
  - Understandable (e.g., "EXERDAILY" for "Exercise daily")
- Short, no space
  - Most softwares require less than 10 characters
- Consistent
  - "EXERPAST" for "Exercise daily in the past"
  - "EXERCURRDLY" for "Exercise daily in the current"
  - "EXERPASTOCC" for "Exercise occasionally in the past"
  - "EXERCURROCC" for "Exercise occasionally in the current"
  - "VARIAB" for all crude variables (EXERCISE)
  - "VARIAB\_12" for all dichotomized variables (EXERCISE\_12)
- No duplicate
  - Trimming of names by software can create duplicate name

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While creating the variable names, which pertain to your data collection instruments about which you will have a clear idea later part of the course; you need to be very clear. The name, variable name should refer to an item in your data collection instrument. It has to be understandable format for example, if the questionnaire item is about exercising whether the individual exercises daily or not. The variable name could be EXERDAILY; exercise daily that clearly denotes what questionnaire item it refers to. The second important criteria is in terms of keeping it short, leaving no space between the letters of the variable name. Most softwares may require less than 10 characters therefore, you have to be very choosy at the same time it is self explanatory.



The third important aspect is, Be consistent for example, for different types of response to a question on how frequently somebody exercises, exercising daily in the past can be denoted by **EXERPAST**, exercise past that clearly know self explanatory about the particular questionnaire item. If it is currently daily then it is coded accordingly, if it is past occasionally those words are given in the variable names so that by looking at the variable name the investigator can easily identify; this is a variable, this is the questionnaire item it refers to.

And finally, you may have variables collected as such these are called crude variables for example, it may refer to number of times one exercises; it could be 3 times, 4 times, 5 times a day. And finally, you may decide to regroup them into 2 categories; exercised or not, in which case you can denote that variable as exercise in the crude variable. As such, when the data was collected you can change into EXERCISE underscore 12, which denotes it is dichotomized. It is dichotomized into exercised or not. So, you have to be **consistent** in the pattern by which you create variable names. And finally, it is very important that you assign a variable name, otherwise if the software is left to assign a variable name by itself, it can create lot of confusion including duplicates of similar items within the questionnaire.

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The slide features a title 'Design data entry-friendly data collection instrument' in blue text. Below the title is a bulleted list with five items: 'Outline', 'Identifiers', 'Demographics', 'Outcome (Health problem/disease)', and 'Exposures (variables, including third factors)'. The final item is 'Auto-coding function'. On the right side of the slide, there is a vertical blue bar with white text that reads 'NICER 101 HEALTH RESEARCH FUNDAMENTALS' and 'National Institute of Epidemiology Chennai'. At the bottom right, there is a small circular logo and the text 'Entry' and 'nik.gov.in'.

- Outline
  - Identifiers
  - Demographics
  - Outcome (Health problem/disease)
  - Exposures (variables, including third factors)
- Auto-coding function

When you are designing a data collection instrument, about which my colleague is going to expand in the later part of this course; it is important that the design itself you are very

clear about broad sections of the questionnaire, so that when it is converted into database you know that there are sections that you have to enter for example, there is a section called identifiers; there is a section called you know demographics, which means you know one talks about age, gender, community and family related issues; and then the third section called outcome. It is about the problem in the question and or disease if it is related to typically clinical related information.

And finally, another section called exposure in which you can talk about all the variable that you are going to measure including, what Dr. Tarun might have already talked to you about third factors including confounders. Finally, the instrument should allow an auto-coding, if you collect information on exercise daily; Yes - No; if it is written already written as 1 2, we need to enter into the database 1 or 2, we do not have to code it again. So, that is what is meant by auto-coding. So, the data collection instruments should be designed in a way that it facilitates a data entry design easy.

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**Coding**

- Prefer numerical coding
- Decide on
  - Missing values (.) or (9, 99, 999)
  - Not applicable (8, 98, 998)
- Avoid cumbersome codes
  - WALKING (1) and CYCLING (2)
  - Doing WALKING and CYCLING (12)
- Use as "1" or "0" ("1" or "2") as baseline for gradients (Yes/No or Present/Absent) as appropriate depending on software for analysis

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An important aspect of data entry is all about coding. It is always preferable to have numerical coding. Of course, you would have seen, if it is textual information in the form of qualitative there is a different way of dealing with it but with reference to this section we are talking about quantitative data analysis. So, it is preferable to have numerical coding. In particular, you need to decide on how you will code missing values; it could be in the form of a dot or a depending on the field, you may choose to enter as 999, triple



9, be careful you do not enter you know a missing value for age is 99; that can mean differently. And, if it is not applicable you enter with a **consistently** with the particularly coding in the data collection instrument. For beginners, with inadequate experience in handling databases it is advisable do not create cumbersome codes. It is equally advisable for senior researches.

For example, if you have a field do you walk everyday? Walking, as a variable. Do you cycle everyday? As another questionnaire; you have 2 variable names walking and cycling. Do you do both? And then there is a coding, and somebody very innovatively thought walking and cycling if somebody is engaged we will give a coding as 12, which is basically 1 and 2 combined, but that is not going to be helpful when you analyze information.

And last, but very important this is very critical because most of the times you may be dealing with dichotomized variables. So, you need to be very clear where you are going to give 1 for Yes, 0 for No or 1 for Yes, 2 for No or 1 for present and 2 for absent, as a base line for all the gradients. Some of the softwares have a different understanding of this 1 and 0. So, when it comes to analysis you need to be careful about your software related details also.


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## Constructing a data dictionary

- Contains, for each variable:
  - Variable name
  - Description of questionnaire item
  - Various values of variable (e.g., 1, 2, 3)
  - Meaning of each value (e.g., 1= Yes, 2=No)
- The catalogue is particularly useful:
  - When a database is shared with others
  - If the researcher has to get back to the database later

Question	Variable name	Type	Format	Values	Logical checks
1	EXERDAILY	Integer	Yes No	=1 =2	Skip pattern
2	EXERTYPE	Integer	Walking Cycling	=1 =2	
ETC...					

Some softwares create variable catalogue automatically, ideally investigator constructs the same

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Finally, when it comes to data entry you need to have what is called the catalogue. Before the data entry is made, you create what is called data dictionary or variable

catalogue in which you talk about each of these variables which questionnaire item it refers to? What are the values there will be assigned to this variable? What is the meaning of the each of these values in a particular format?

Some of the softwares generate on their own, this data dictionary as a variable catalogue, but then it is preferable that you develop your own data dictionary for your study, in which you refer first to the question item, the variable name that you have given, the type of variable, the format in which data is collected, the values that are assigned to and some logical checks, if any. This is written so that if this database is shared with others, the person can make use of the data dictionary and can do the analysis on his or her own. It is equally important for you, if you after some time as lapsed you go back to the database, it gives an idea what you have done and what is it all about for each of this variables and it helps you later when you want analyze your data again.

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**Check specifications before data entry**

- Minimum and maximum values
- Legal codes
  - Set of values that will be accepted  
e.g., 1, 0 and 9 for “Yes”, “No” and “Missing”
- Skip patterns
- Automatic coding
- Copying data from preceding record
- Calculations

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Before data entry, one makes sure that there are checks and balances. This is also very important from ensuring internal validity. You specify minimum and maximum values that can enter into a particular field for example, if your study is about children up to 5 years, the age column will not entertain anything more than 5 years at the time of data entry itself. So, that it minimizes the errors that can come in even at the time of data entry, so that these will be acceptable at the time of entry. You may specify skip patterns for example, if you ask a question do you exercise and that person says, no; then you can

skip a lot of questions about type of exercise, frequency, nature, intensity and things like that. So, skip patterns are very useful even at the time of data entry.

And then of course, we talked about automatic coding, when you enter that code it automatically denotes something that is referred to in the data collection instrument and that can be analyzed immediately. There may be certain times, need for copying data from the preceding record you know for example, lab results if they have to be carried forward to another section it can get copied by itself; this can be specified in the database. And finally, some calculations for example, you may collect height and weight data but you may not calculate body mass index by your own in the data collection instrument. You can ask the database to do it when you enter height and weight it automatically calculates BMI. So, these specifications are necessary before data entry is made.

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The slide features a light green background with a dark blue vertical sidebar on the right. The sidebar contains the text 'National Institute of Epidemiology Chennai' and 'MScC 101 HEALTH RESEARCH FUNDAMENTALS' along with a logo and the website 'nie.gov.in'. The main content area has the title 'Data entry' in blue, followed by a bulleted list of five points: 'Use as opportunity for partial data cleaning' (with sub-points 'Write comments' and 'Seek clarification'), 'Use checks', 'Mark each paper as data entry is completed', and 'Validate after data entry'. The word 'Entry' is written in small text at the bottom right of the slide.

## Data entry

- Use as opportunity for partial data cleaning
  - Write comments
  - Seek clarification
- Use checks
- Mark each paper as data entry is completed
- Validate after data entry

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While you enter the data, it is important that we see these as an opportunity for cleaning the database. For example, you enter a data and you find that there are some notes, you need to write, there are some clarifications that you need because you do not think that there is appropriate. So, it serves a purpose of cleaning, the data entry person refers this back to the investigator for additional inputs to clean up the data. You can use checks, while entering the data which we also discussed as an automated check within the database. You have to mark each paper as and when the data entry is completed so that

the duplicates are not entered and after the data is entered you may have to validate by different means. So therefore, data entry is one step in the data cleaning aspect.

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The slide is titled "Individual and aggregated databases". It contains a bulleted list:

- Individual databases
  - Each record is an observation
- Aggregated database
  - Records contain counts
  - Normalized database
    - Only one count by record
    - Facilitates further aggregation

The slide also features a vertical sidebar on the right with the following text: "National Institute of Epidemiology Chennai", "NICER-101 HEALTH RESEARCH FUNDAMENTALS", a logo, and "nii.gov.in". At the bottom right of the slide, the text "Individual and aggregated databases" is repeated.

We talked about individual and aggregated databases. We showed you a database that is an individual database, each record in the horizontal line is an observation. There could be instances in which you may have aggregated databases, where you may enter counts in each of the records. If you enter only one count by record that it is ideal, that is called normalize database because normalize database in which each of the **rows** contain only one count for that particular record. It facilitates aggregation by a (Refer Time: 16:20), I will show you what it is.

(Refer Slide Time: 16:23)

## Aggregating individual data

Individual data


ID	Place	Age	Sex	Onset
1	A	3	1	1 Jan 06
2	B	1	2	1 Jan 06
3	C	35	2	3 Jan 06
4	D	67	1	4 Jan 06
5	A	2	1	2 Jan 06
6	B	2	1	4 Jan 06
5	C	2	1	5 Jan 06
...	...	...	...	...

➔

Aggregated file

ID	Place	Count
1	A	5
2	B	3
3	C	37
4	D	67

Individual and aggregated databases

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For example, on the left hand side you see an example of individual data about people in whom place, age, gender and onset. So, each of these records indicate an individual and at the same time, we **can** have aggregated data for example, by place one can also get number of people affected, number of people having problem and things like that. So, this is an aggregated data by place, whereas the red color database shows the individual data.

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## Mother and daughter databases

- Information is available at various levels
  - Village
  - Household
  - Individual
  - Illness episode
- Store information at each level in separate databases
- Link databases together with identifiers

Mother and daughter databases

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There can be an instance in which you may have what is called, Mother and daughter

database. You may collect information at various levels; you may collect information at the village level, you may collect the information at the household level, you may collect information at the individual in the household, you may collect within an individual information about several episodes of illness or different problems in that individual using different questionnaire.

So, in essence you may have information about different levels, that does not mean you know you repeat the information in all the levels for that particular individual, for example, for that individual you will write information about the house; for that individual you write information about the village, not necessary you can keep them at their level. And then, at the time of data analysis you can link the database that comes from village with database that comes from household, you can link the database that comes from household to the individuals so that you can sensibly analyze, you do not have to worry about keeping everything together and get confused at the time of data analysis.

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### Mother and daughter databases

Household level data

HousID	Location	Community	HousIncome
1	A	3	1
2	B	1	2
3	C	35	2
4	D	67	1
5	E	2	1
6	F	2	1
5	G	2	1
...	...	...	...

Individual level data

HousID	PersonID	Diseased	Exposed
1	101	1	1
1	102	2	1
2	201	2	2
2	202	1	2

- Each database has its own unique identifier
- Link these relational databases using a common index identifier
- Merge files when needed

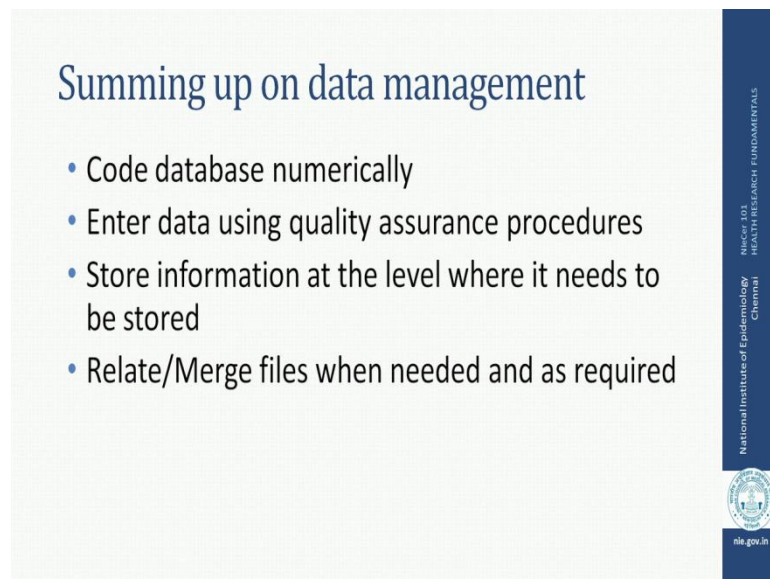
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For example, this is a household level data where you have information about the house ID, location, the house has such its community status and its income. The individual in the house may have information pertaining to whether they have a disease or not or they are exposed to particular factor or not. So, you can see here the house ID is repeated here, the person ID for that particular first household is indicated here and diseased or



not or exposed or not are here. These are 2 different databases entered differently; one is a household database, another is an individual house database. We can link them as and when necessary using this connection called house ID, which is common to both the databases. There is a procedure by which we can do these in softwares, you can even merge this files if needed.

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### Summing up on data management

- Code database numerically
- Enter data using quality assurance procedures
- Store information at the level where it needs to be stored
- Relate/Merge files when needed and as required

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Summing up on the data management, you need to code database numerically, you need to enter data using quality assurance procedure which I outlined, need to store information at the level, where it needs to be stored and we can relate or merge files when needed and as required.

Thank you very much.