

**Human Adjustment Processes**  
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**Module - 3**  
**Lecture - 1**  
**Adjustment – Range of Reactions**

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## **Adjustment- Range of Reactions**

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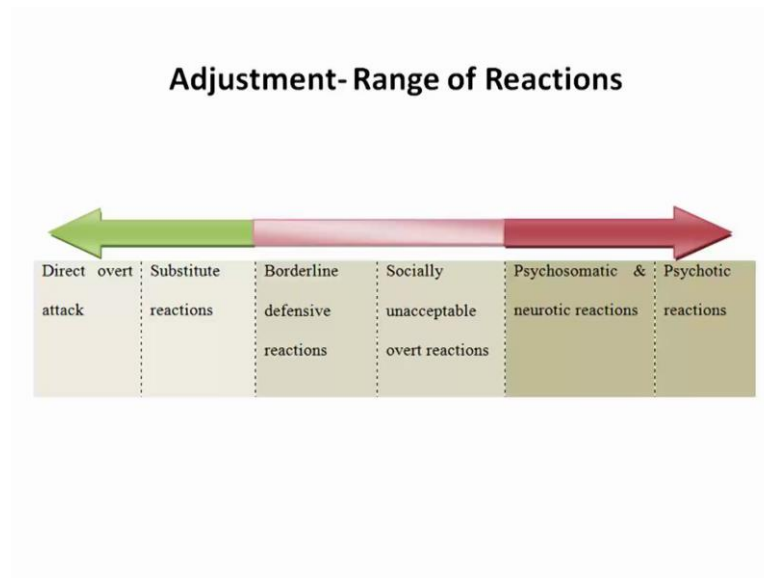
Today, we are going to begin our third module where we would be talking about the range of reactions that human beings are usually capable of displaying. What are basic attempt is to primarily understand that even if there is a only one type of a situation that demands you to respond there could be a possibility of coming forward with n number of responses. From psychological view point we are not interested in terms of computing what they this n could be.

But we are invested in is that, what are the basic nature of this set of human reactions. So, what we will do is that will see a particular situation, we will see what could be the possible responses and then we will try to know break them into chunks. These chunks will be defined broadly as certain type of behavioral many frustrations and then we will try to see that is this range of reaction a normal or it falls on the gray zone the subnormal or is it that it no goes towards the abnormalence ok.

Well here we will for each of the steps for each type of behavior that is possible, we will try to see whether it has a social acceptance, whether it has a legal acceptance and of course, whether it has a psychological acceptance or not ok.

So, this is know the way we will be a we will across it, just one day a short type of discussion on this to understand the range of human reactions. Till now, what we have been doing after we have defined know that there could be a possible way of interpreting normality. And hence with respective normality sub normality and abnormality can also be defined. We took the example of marriage the basic reason of taking marriage is an example was that a this is fact of the society that has know psychological social legal all types of know a burdens over it. It has certain influences of know all these three major segments of the society.

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Today we are going to move little ahead and instead of taking marriage is an example. You remember the national geography example that I coated here in the class that students of your age, once they have completed their fourth year they join the IT industry and then they were interviewed, you remembered that example ok.

So, having a house of once own was considered to be extremely important. The second

extremely important know requirement was that you should get marriage and as you know in our social fabric one important consideration after marriage is that you should also have a child. With respect to the possible know reactions in terms of know this type of a situation we have a you somebody we take an example of women, because primarily procreation in the society has been a know affiliated to womanhood and if a women is not able to bear a child, we consider have to be responsible instead of any other factor by enlarge.

So, we will take that as an example that you are a women, who is know little advanced in a age has got married for couple of years and has not been able to produce an upspring. There is a social know demand for it they family also says know at this is a time high time that you should have a baby ok.

What could be the possible reactions? The way we would look at it is, will now first begin with the extreme possibility on the direct overt attack. So, you have a problem at hand that you are women, who has not been able to conceive. So, what could be the direct overt attack for this very problem. Once we discuss that, we will come to the second set of reactions that is substitute reactions. Now, I know that I am not able to produce on upspring, what do I do now? Substitute reaction.

Then we come to borderline defensive reactions. Now, is remember there is a colour code on the top, the first two the simply means these are perfectly normal human reactions. Then the pink one is know the borderline case, so borderline defensive reactions. So, you adopt one or the other type of defensive mechanisms, which basically no helps you remain on the borderline of normality and abnormality ok.

Then the fourth set of reactions that are as socially unacceptable over reactions. You perform certain types of actions, which does not have social approval. And hence whether you are normal or not, because besides the critical interpretation of normality there is also a social way of looking at the behaviour. So, we will look at those behaviour and see whether it is legally acceptable, whether it is clinically acceptable, whether it is socially acceptable. Socially it is unacceptable that whole category of behavior is socially unacceptable, but we will try to see from the legal in the psychological acceptance point

of view.

And then we will come to know the another rest two sets of behavioral many frustrations the possibilities, which has the red tag over it, psychosomatic and neurotic reactions, which are of course, know psychotic disorders and neurotic disorders both are considered as one type of pathological disorder hence psychology.

And then the extreme form of response, which is psychotic disorder, which is know an acute set of problems, which helps the conditions classify you to be a sufferer of one or the other psychotics disorder. So, this is the full range that will cover. Example will remain the same, that say thirty five, forty year old women, who has been married for say last date of ten years, she has not been able to produce an upspring ok.

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### **Adjustment- Range of Reactions**

#### **Direct overt attack**

- Through medical examination
- Sterility test of the spouse
- Following ecommended surgical, medical, or behavioural procedures

The possibility of reactions, the first set of direct overt attacks, you decide that you go for a thorough medical examinations and diagnosis. Usually this is what is anticipated know that you have you know you are thinking of possible problem and therefore, you realize that the person who can very well know diagnose you can let you know were the problem lies can also suggest you, the alternatives is a physical practitioner.

And hence, you visit the medical practitioner, you undergo thorough examination, you go for certain set of diagnosis this is a perfectly ok, it has psychological acceptance, it has social acceptance, it has legal acceptance.

Now, once you have undergone a test and the doctor tells you that there is no problem with you then you ask your husband to undergo a test. And when you ask your husband to undergo a test, legally it is perfectly ok, psychological it is perfectly ok, socially you will find a variation ok.

In a small small know sections of the society, it is considered to be an offence to manhood. And you will come across know especially when you read the details of different types of a domestic violence. One of the prominent reasons of violence is also is that when the wife demands the husband for something, which challenges the manhood of that very individual ok.

But still you know by lord some of the men can also agree some and in certain societies will find there are little degree of unacceptance for this, but buy large will find at there is a great degree of acceptability. This is also a very direct over attack, that I know that there are two people involved in the process, the first one is undergone diagnosis is not been identifying with any problem, person has not been diagnose with the problem. So, possibly the problem dais with the second person and that person undergoes the diagnosis. Then after having the thorough medical examination, the medical practitioner tells you that you might have to undergo certain surgical intervention or behavioral know recommendations are given to you or some medical prescriptions are suggested ok.

Whether it is medical, whether it is surgical, whether it is behavioral, all you have to do is to simply comply to the suggestion that has been given to by the experts. You followed that and you overcome the problem ok. This also has know all three surgical, medical, behavioral interventions all three of them have a social, legal and psychological acceptance. All these three set of behavior, they constitute the segment what is being defined here as direct overt attack ok.

Direct overt attack is usually is that type of behavior, were you take the situation at hand

you decide to confront, you try to confront the situation face to face. So, I know this is the problem I bring the problem here try to know handle it face to face and I resolve it.

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### **Adjustment- Range of Reactions**

#### **Socially acceptable substitute reactions**

- Adopt child/ children
- Becoming professional dealing with children
- Adopting pets
- Establish a veterinary hospital

What if I do not go for direct overt attack? I am told by the medical practitioner that fine know any of the medical, surgical or behavioral intervention more work for you or the doctor says it we are tried and we are failed. So, there is two possibilities of you have wearing child. And then you decide of another set of responses, you may decide now, that fine let me adopt a child or let me adopt couple of children ok.

Now, the fact that, I cannot have a child my own, get substituted by the very fact that, I adopt another child. The process of adoption has social, legal, psychological acceptance there is no problem in it. In fact, I must tell you that the adoption rule has become a little stringed in our country in the recent past ok.

A earlier it was not, so but I am told spice somebody you has adopted a baby couple of years back that the laws a become stringed. And the parents where have adopted child along with know the original caretaker with home the child was and the child they all have to visit the code couple of times, and the code wants to know a curtained a there is no problem in terms of the adjustment with the child ok.

The other possibility could be that you accept the fact that find know I am not able to bear a child and this is the truth of my life, who have accept it, but then you a somehow develop this tendency to go to professions, which primarily deals with children. So, you become a perdition yourself, you become a doctor and you specialize in child care. So, you become a perdition, you become a nurse, so he is basically into care giving. And then you decide that know care giving to children is for more important or you decide to become a teacher of a know small children, were you are always know surrounded by small, small kids ok.

Becoming a doctor becoming a nurse becoming a teacher all three of them are good professions. And going for any one of this profession is perfectly ok, it has social, legal, psychological acceptance is no problem at all.

The third possibility could be that I do not do the first two; I do not go for the first two options rather I decide to have a pet or couple of pets in my house. So, dog, cat, or dogs and cats and usually know such type of size of adopting and know taking care of the pets what we wore when no more reflective when you see that these dogs and the cats are decorated. They are made to wear sweaters, jackets, trousers, you must have seen those images know, many people they have you know take pride in taking care of pets like human kids, but then taking care of pet is acceptable no in all formals.

You go for know little more generalized and much more intense type of reactions like you decide a instead of know adopting one pet; you decide to establish a veterinary hospital. A hospital will takes care of those animals, which otherwise will not get medical care anywhere ok.

You join anti brut section society in your area, you say that know these are atrocities to animals and we should certainly stop them ok. Are you know start working with organizations, which takes care of a cruelty against animals. So, it is primarily the desire psychologically speaking is primarily the desire for child, which gets substituted by another human baby in case you go for the first alternative of adopting a child or you try to further defuse it. So, you do not have a baby of your own, but you trend to be surrounded by babies and hence you no choose for professions, which insures at will we

surrounded by human babies. Or a third set of substitute were the original desire of having your own of spring is substituted by adopting animal. And this animal know is basically again substitute of the first example were you had the option of adopting a human child. And again instead of know becoming a nurse, perdition or a teacher, you go for a veterinary hospital, anti brut section movement, joining movements, which has to go with cruelty against children or quality against animal all these are considered as substitute reactions.

The original desire has been substituted by some other format, but then all these substitute reactions have great degree of social acceptance. So, if you are a doctor, doctors are celebrated like anything in our society. If you establish a hospital know it gives you name and fame for I do not know how many years, even after you die, people will remember you that you had done this thing for the society. So, all of this has social acceptance, all of this behaviour also has a legal acceptance ok.

As I told you, I here that only for the first case adopting a human child in the recent parts the law has become little stringent. And that is good for the babies know who are being adopted, because the code formed to sure that the child does not suffer any type of neglect after he or she ok.

Psychologically speaking a this is again perfectly ok, although you are substituting the original desire by something else, but because jells well with your know lifestyle it does not hamper your psychological functions at any level in any form therefore, psychologically also this is perfectible ok.

It is only know from a psychological view point that we consider it to be substitute reactions, that these actions are actually intendant to replace some original desire. And therefore, this word has been added otherwise it is perfectively ok. Both these sets direct overt attacks and socially acceptable substitute reactions are completely, completely, completely normal sets.



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## **Adjustment- Range of Reactions**

### **Borderline defensive reactions**

- Insisting blessings of childlessness (rationalization)
- Blaming parents for sterility (projection)
- Reverting to adolescent behaviour (regression)
- Resorting to daydreams such as a child in the neighborhood becomes her own (fantasy)
- Developing aversion to children (reaction formation)

We now come to the third set of human reactions. The first set of behaviour were you decided to confront the problem directly, second set behaviour were you decided to replace the original desire by a fulfilling it by some other form.

We are now coming to the third set of reactions, were you a know adopt one or the other mechanism, you remain childless you do not adopt a child; you are not going for a substitute reaction, but then you sure certain type of reactions in your behaviour. Possible reactions could be one when you talk to others you justify know how a know present it has been for you remaining childless, you could succeed in your life simply, because you are a no no child in you did not in waste or you did not waste your time taking care of a child ok.

You could do much, much greater things in life, because you are not supposed to invest on the bringing up an education of a child. So, you just basically what you do is that you start justifying the blessings of being childless. Psychologically this is a defense mechanism and this mechanism is called rationalization. Something in your life that you are trying to justify, as if what happened is no something that should have happened and it happened, because I did not had something else, other could not achieve my level, because they had kids and this is whole process of rationalization. See here you will find

couple of defense mechanism written here, as I told you that, I think in the last lecturer before that, that defensive mechanisms are usually those known forms of human reactions, which are used at unconscious level. So, you perceive a threat to your ego and in order to defend it all you do is that you put a defense a shield in front of you that will safeguard you from the external world. So, I being childless can be under scrutiny by deferent members of the society, hence I need to defend myself, the first set of defense is a rationalization. So, the moment I am known questioned about my childlessness, I just know rationalize it, justify it and I give the reason what is why is it known good to remain childless life.

Now, socially people might accept your arguments, because it seems sound to them, some of them. Some of them will say that oh you know she just trying to justify, but otherwise your acceptance in the society is not astringe, you remain at the way you are, legally there is no harm remaining childless, legally there is no harm a rationalizing the fact that you are childless.

Psychologically you know at this is one of the defensive reactions it is being used, but the very facts the defensive mechanisms are primarily made to defend your ego hence usage of one of them known to depend the situation is perfectly ok. The only difference here is that now, you are on the borderline zone. Second problem could be that you start blaming your parent that you know a doctor told me that everything is fine with me, but perhaps I think known my parents did not take care of me properly, I was in fared, I was in given medical care, I was deprived out of certain nutrition that made me come to a point where I am not able to be conceive.

Now, such types of things are considered as projection, why, because you try to project the blame for not having a child on somebody else. So, usually known human beings in most of the situations when you realize it you are really caught at wrong foot, many of you, many of us use this technique known. So, for example, if you get a bad grade you are not responsible, the instructor is responsible. So, that is projection, in a rationalization you try to fit with arguments that I had fevered at morning, the last night I could not sleep properly and hence I could not perform well in the exam, had this lights been given to me, had the question being disclose to me, had this happen then I would have got to

kids, projection is simplify this a man is known for giving badness. The third possibility could be little different, when you start recollecting your earlier days experiences and you try to revert back to one of the most pleasant earlier farcies of your life. So, you realized that say when I was eighteen, twenty, twenty one perfectly there was no such know needs posed on me and my life was as beautiful as one can think of. So, you regress back to that face of a life, regression is tendency of an individual to revert to one of the earlier farcies of life, which the individual considered to most pleasant. So, say the woman considered that as a twenty, twentieth year of her life was very pleasant. So, she now starts know behaving as she was pretty, you dress up like that, you talk that, means, the way you led your life at the when you are twenty you start when you are those things ok.

Now, here you have know legally fine there is no problem whether you know act little matured or you attend to be little in mature. Psychologically this is a defensive mechanism perfectly ok; socially people know might sometime start talking about. So, you could become a subject of gossip, have you seen? Nowadays she is doing like this. So, you could become know an object of scrutiny for certain people in society you could become a hot cake for some type of gossips, people always search for certain options like that. The other possibility could be that you start know in your imagination you think as if the child in your neighborhood is your baby, or a child that you see on the screen, the child that you have seen somewhere, you start visualizing that child that happens to be yours, that is fantasy. So, you are fantasizing and in your fantasy you have children and you drive such fashion of course, because it is know, an individuals prerogative to think the way were wants and because it does not involve any set of overt action therefore, if you fantasized that with there is no problem. This also has social, legal and psychological acceptance.

Then we come to another set of reactions, were you develop aversion for children and this is in psychology we call it reaction formation. Reaction formation is a defensive mechanism, were you show a behaviour exactly opposite of what you inwardly feel, little difficult to digest know. That inwardly for example, inwardly I have a deep sense of liking for you, outwardly I express extreme of literate for you. What the world sees you is the outer many frustration. That this person neglects me, this person does not like me,

he hates me like anything, but inwardly that person actually likes you to the maximum possible extent. So, if you have that type of diametrically opposite reaction overtly compare to what you internally feel that is called reaction formation ok.

Now, reaction formation in this type of case could be that inwardly you know passionately want a child, outwardly you show extreme rejection for a child. So, you have your apartment and in front of it know you put a notice there children not allowed ok, please leave your children when you visit me. So, when you do things like that you show extreme degree of aversion for children and that is an indicator of reaction formation.

Once again legally there is no point having aversion for children, psychologically also this is a defensive mechanism, socially people might start know thinking twice before visiting you, because you show aversion for their children. So, socially there could be little bit of incompatibility, but otherwise know by enlarge this format of reactions also. Because all of them are a defensive mechanisms, used in this type of a problem, situation therefore, they are called borderline defensive reactions, means; in case you are not able defend your need enhance your ego, using these defensive mechanisms ok.

Probably it could have led you to some other possibility, you are successful leading normal life, because the defensive mechanisms that you adopted a fest you the desired results. Hence these are classified as borderline cases know, that you are now in the gray zone.

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### **Adjustment- Range of Reactions**

#### **Socially unacceptable overt reactions (Compensatory Reactions)**

- Sexual promiscuity
- Multiple marriages
- Resorting to alcoholism or drug abuse

Then we come to the another set of reactions, socially unacceptable overt reactions. Now, these are you remember earlier we had discussed a direct overt attacks, where you had know analyze the problem and you decided to confront it head on, you face the challenge know and then you try to a know get rid of it or find a suitable solution for it.

Here also you have overt reactions, but then it no crosses the acceptance limit of the social protocol. And hence they are also considered as compensatory reactions, these reactions include indulging in sexual promiscuity, which has great degree of social unacceptance, legally also know you can be challenged if you are married man or woman you can be track to the court of law. And with the recent know wordings to of one of the high courts in India even if you are not married, but if you are in living in relationship the court has given different interpretation now. So, even if you can be held responsible if you are not married, but still you are in living in relationship, I hand has shown your indulgence in social promiscuity you can be drag to the court of law ok.

One way intellectual way of looking liked it and a more what you call psychologically balanced way of looking at it could be a let you say that it is an individual act to consulting adults are involved enhance I take a neutral view about it. If your action does not interfere with know the other element in the society and it does not break the stability

there of you needs like family, you needs like adolescents, you needs like society then you said that fines this is the prerogative of the individual to decide one way or the other. The other possibility could be that you go for know multiple marriages in your life, I do not know how many of you are aware of it, but if you look at the data of remarriages in India or if you talk to a sociologist to are into know society marriage and steps like this they do this type of work I will tell you that in our society also there are large number of marriages, were the women is held responsible for not know giving a baby to the family and hence the man is supposed to marry some other woman ok.

And in couple of situations not many, but couple of situations have heard several times were know, the wife herself has ask her husband to go for second marriage. So much is the know what is called, social burden or social influence a that a you allows know your husband to get remarried or you allow the wife to get married, usually this does not happen, usually it is the husbands soul married multiple times. And this again is driven by the whole idea that the primary responsibility of delivering a child lies with the women.

The third know compensatory reaction could be that you do not involve in the first two type of reactions, but you resord to drag against of yourself, or you start know abusing and covalent intake. So, you are just know, basically it is know usage of an external chemical agent that does not allow you to think of certain situations that you are experiencing in reality.

So, basically you are trying to blur your clarity about the immediate problem that you are facing using one or the chemicals. So, whether it could be alcohol intake or could be tricohols.

All these three sets of behaviour have social unacceptance that you should not do these things know. Legally you can be challenge in many forms and psychologically we said at these are all compensatory reactions, you are trying to compensate for a great loss that you or great vacuumed at you experienced that in your life.

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### **Adjustment- Range of Reactions**

#### **Socially & personally handicapping psychosomatic & neurotic adjustment patterns**

- Functional amenorrhea
- Morning sickness
- Pseudo-pregnancy

Now, this set of compensatory reactions and the defensive mechanisms they were the set of reactions that were in the gray zone. Now, we come to the other extreme end of it, where you have behaviour, which would be known, revisited and relooked at in the psychological clinics.

Here we come across the behaviour, which are socially and personally handicapping means; it does not allow you to socially perform what you should have actually performed or psychologically you does not allow you the possibility of the growth that you are otherwise entitled to you are capable of. So, somewhere you know these sets of behaviour makes you handicapped in terms of your social and personal indulgence and achievement.

Simultaneously you could also develop some psychosomatic problems, psychosomatic problems are basically those set of problems where the origin of the problem lies in your psyche and the symptom is reflected physically. Let me take one small example now, situation when you become tense, situation when you have certain degree of anxiety and that makes you do something, which actually is not needed, but you feel it has to be done. For example, I ask you that fine I have put down three different symptoms here, can you tell me another symptom? You say sir, me and you say yes you and you say

there was no choking in your throat, but you experience certain degree of performance exiting.

Now, you have to leave your seat everybody will turned and look at you, means; you are under scrutiny for this smaller frame of time, there is certain degree of performance anxiety. That I have to perform, so that I meet the minimum expectation level of my fellow classmates there, they would say ha good English, good answer, look wise good. So, over all you want your judgment to be at the higher end or within the acceptable limit, this perception know starts know in working this performance anxiety in you and that performances excite interned makes you clear your throat multiple times ok.

So, psychosomatic know reactions are like that where the origin lies in your psyche the many frustration is at the bodily level ok. We would not to go in to the details of it, even when the last unit when we come to a psychological disorders, but it these are interesting set of a know reactions and if you want to read about it, you can certainly read in any book of clinical psychology or psychopathology you will find the details about it. A very few hospitals in India had psychosomatic clinics nowadays ok. Were the doctors from the medicine and other departments will suggest you to visit the psychosomatic clinic ok.

And it is these psychosomatic clinics, which make you realize that fine the origin of your problem lies in your psyche enhance it needs to be address differently, you should not be completely dependent of medication ok.

The possible reactions here they could be that you develop functional amenorrhea. Now, this is basically a sim, an indicator of the fact that you have conceived. So, you just display the symptom and display of the symptom somewhere makes you very happy inside, why? Because you know that this is no one of the indicators of conception and I have developed it. So, it is fulfilling for you within. Two you develop another symptoms know, what is called morning sickness, again this is reported by woman, who have who are bearing child ok.

The very fact that you are aware of the symptom, you try to know experience with in and that makes you inwardly very happy that I also now, I am carrying a baby.



The third case of pseudo pregnancy, where you actually do not bear a child, but then you have all types of abdominal growth, which is again a very strong indicator of pregnancy. And usually we will find that the first two symptoms are still of a little what a call, not as great as what you usually say the pseudo pregnancy.

The interesting clinical case is very few very few, but the interesting clinical case, one case that I know was of pseudo pregnancy was this woman who got sleep and once she is asleep the abdomen will reach its normal range. So, you have the flat normal type of abdomen and the movement she wakes up suddenly this abdomen will have great bulging there. Now, suddenly this bulging of the stomach with movements she regains her consciousness and after she leaves her bed she finds herself the way she was when before she was coming to the bed. So, that is the extreme variation in terms of physical response of the individual.

Now, these set of responses needs to be examined, legally there is no harm because there is a particular situation in your life that you are experiencing. And therefore, a legally you will not be scrutinized, if you develop any of these problems, but then socially people might rethink about attending you. They might be concerned psychologically also this requires great degree of attention to the clinician's concern, because you are showing certain degree of psychosomatic problems or you develop certain type of neurotic problems.

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## **Adjustment- Range of Reactions**

### **Psychotic patterns of adjustment**

- Delusion of persecution
- Delusions of being raped
- Delusions of motherhood

And then we come to the last set of possible reactions and these know reactions are much more acute in nature. And therefore, they are classified as psychotic reactions, these psychotic reactions could be delusions ok. In psychology we talk about know three forms of such reactions, let me know again draw the range, all of you can see me right, I am available in your physical involvement and you look at me and you are able to see me, the very fact at you are able to identify a human being standing in front of you, talking to you something is know, dependent on some type of a electrochemical mechanism, the whole process of know light coming to me, falling on me, going back hitting your retina, impulses is going to brain if you separated that way.

But then finally, once you have sensed the presence of a human being you provide a meaning to what you have sensed ok. Now, if you considered that, oh this is my instructor of ks45151, you have successfully identify what you have sensed, you provided a appropriate meaning to what you have sensed, this is what a we call as perception in psychology ok.

Now, if you are able to successfully provide meaning to what you have sensed, this is perception, but you might come it errors, three types of errors to be think of. I say, I have seen this person, but I do not know, could be dsp, the civil in somewhere somewhere I

have seen him, the movement you misclassify me. In one or the other category or say the popular examples of having seen the shadow of rope and then feeling as this was a snake, these are the popular examples of illusion, where you failed to provide appropriate meaning to what you have sensed, these are illusions ok. Perception, illusions are perfectly ok, delusions and hallucinations are two things that we need to give more attention to with respect to that type of forced at we are delivered on.

There could be three types of delusions; one delusion of persecution, delusion of grandiose and delusion of reference. Say one of you whisper into the ears of the person sitting next to you and I looked at it and say what they must be talking about, definitely he is talking about me, I am not an object of your interest, you are talking something else, but whenever I see any two person talking, I think he must be talking about me, this is the delusion of reference. That the activities in my surrounding takes place with reference to me, which is not true, this is delusion of reference.

Delusion of grandiose, you know there is there has been many, many instructors in the world, but nobody as great as me. And you think that there have been students coming to your class, but there was no student like me, I can understand before the slide transaction takes place. So, disproportionately know that degree of greatness that you attribute to yourself, that is the delusion of grandiose.

And the third is delusion of persecution, I think that person at the back has covered his head looking at me, must be planning to kill me, this is the delusion of persecution. So, all three delusions know makes you pay a heavy price, because it does not allowed you to adjust well in you society ok.

And then comes the third set elution, delusion we have discuss them. And then come to the third set and that is hallucinations, you can see me in my absence also. So, when I ask you that do you see the instructor there and so he has very much. So, the visual presence of the stimulus, the visual presence of something or auditory presence of signal in the absence of the actual signal is hallucinations. So, you see you claim to see things that others cannot, you claim to hear things that others cannot, that is verbal or auditory hallucinations.

We are talking about delusion here. So, delusion of persecution conceding, seductive behaviour of men, somebody is trying to persecute you.

Delusion of being drugged and or raped or you having that intense belief in you, I think that why am I not able to conceive, why am I not delivering babies like all other women around me. Lord Krishna wants to take rebirth, he searching for a suitable mother and I, I am going to be adopting. So, that type of know belief you are in crossed way, or you have delusions of motherhood all these things have on the complete aborted end of the reaction the know reaction continued that we plotted in the beginning and these are classified as psychotic patterns.

Now, neurotic and psychotic patterns both this set requires the attention of clinicians. From the legal framework you should be suddenly given proper attention by the state machineries, society should certain pay attention to you society will be concerned when if you a show neurotic or psychosomatic or psychotic reaction in this type of situation. And clinically you deserve special attention, because you have been showing neurotic, psychosomatic or psychotic set of reactions ok. So, what we did here was that we took one situation and we try to stretch it to the maximum possible extent. This was all about the possible range of human reactions and how are adjustments is put at stick? When we meet next we would be taking up another module ok.